

SOCIAL

EMOTIONAL

ENVIRONMENTAL

SPIRITUAL

FINANCIAL

PHYSICAL

INTELLECTUAL

OCCUPATIONAL

**WELLNESS
WHEEL**

Social Resource

Emotional Resource

Environmental Resource

Spiritual Resource

Financial Resource

Physical Resource

Intellectual Resource

Occupational Resource

100%

50%

50%

100%

40

39

38

37

36

35

34

33

32

31

30

29

28

27

26

25

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