

# Department of Kinesiology

## Minor Advising Form

Name: \_\_\_\_\_ ID: \_\_\_\_\_

The minimum requirement for the minor in Kinesiology is 12 units. Nine units must be upper division. Only courses applicable to the major will be accepted for the minor. The minor curriculum plan is based upon the student's educational and professional goals. Students must meet with the Department Chair to develop the minor curriculum plan prior to beginning coursework. **Required prerequisites DO NOT count toward the required units.**

### Lower Division (maximum 3 units allowed)

Prerequisites:

KINE 2000 (3) Introduction to Kinesiology		
KINE 2100 (3) - Sports Medicine I: Care and Prevention of Athletic Injuries		BIOL 2210/250 Anatomy

### Upper Division courses (minimum 9 units required)

Prerequisites:

KINE 3000 (3) - Motor Growth and Development Across the Lifespan		GE A4 or B4, KINE 2000
KINE 3010 (3) - Measurement and Evaluation in Kinesiology		GE A4 or B4, KINE 2000 or PEAK 200
KINE 3020 (3) - Psychology of Sport and Physical Activity		
KINE 3030 (4) - Applied Kinesiology		BIOL 2210/250 Anatomy
KINE 3040 (4) - Exercise Physiology		BIOL 2220 or 255/256, GE A4 or GE B4
KINE 3100 (3) - Sports Medicine II: Therapeutic Modalities and Rehabilitation		KINE 2100
KINE 3118 (3) - Epidemiology and Wellness		Junior standing, GE A and D
KINE 3120 (3) - Nutrition for Sport and Human Performance		BIOL 2220 or 255/256
KINE 3130 (3) - Leadership and Teaching of Group Fitness		
KINE 3300 (3) - Sociology of Sport and Physical Activity		
KINE 3310 (3) - Legal and Ethical Issues in Physical Activity Settings		
KINE 3320 (3) - Motor Learning		Completion of GE A4 or B4
KINE 3330 (3) - Psychology of Coaching		
KINE 3338 (3) - Women, Sport and Physical Activity		
KINE 3340 (3) - Child and Adolescent Physical Activity and Health		
KINE 4110 (3) - Exercise Prescription for Health and Performance		KINE 3040 or PEAK 404
KINE 4120 (3) - Principles of Strength and Conditioning		KINE 3040 or PEAK 404
KINE 4130 (4) - Biomechanics of Exercise and Sport		KINE 3040 or PEAK 404
KINE 4140 (4) - Advanced Exercise Physiology		KINE 3040 or PEAK 404
KINE 4150 (3) - Clinical Exercise Physiology		KINE 3040 or PEAK 404
KINE 4160 (3) - Exercise and Aging		KINE 3040 or PEAK 404
KINE 4170 (3) - Worksite Health Promotion		
KINE 4210 (3) - Administration and Management of Physical Activity		
KINE 4220 (3) - Behavioral Aspects of Physical Activity		
KINE 4230 (3) - Physical Activity for Special Populations		
KINE 4240 (3) - Techniques of Teaching Lifelong Physical Activity		
KINE 4250 (3) - Physical Activity for Diverse Lifespan Populations		KINE 3010 or PEAK 310

**Completed courses:**

Course	Units	Term Completed		Grade

Comments: \_\_\_\_\_  
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\_\_\_\_\_

Department Chair: \_\_\_\_\_

Date: \_\_\_\_\_