STUDENT RECREATION CENTER FACILITY POLICIES

ALL INDIVIDUALS MUST SIGN AND SUBMIT A WAIVER OF LIABILITY PRIOR TO PARTICIPATION

In order to provide a safe and reduced risk environment:

- A current valid CSUB Student Recreation Center Membership is required to participate and enter any SRC facility.
- All participants must complete the CSUB Covid-19 Screening App prior to coming to campus and show they are “Clear to Proceed” for the day of their reservation.
- All participants will be required to wear a face covering that covers both nose and mouth when entering, leaving, moving through the facility, any time they are interacting with SRC staff, and while exercising.
  - Noncompliant participants will be asked to leave the facility immediately.
- Participants should practice physical distancing and maintain a minimum of six-feet from other participants.
- Participants should wash their hands frequently or utilize the provided hand sanitizer stations located throughout the facility.
- Participants should follow the recommended traffic pattern throughout the facility.
- Any attempt to gain, or provide, unauthorized entry into SRC facilities may result in suspension of privileges.

In order to maintain clean and hygienic facilities and equipment:

- Participants are strongly encouraged to come dressed to participate and wear workout clothing to the SRC.
- Participants are strongly encouraged to bring their own water bottle and towel for their workout.
  - Only shower towels will be available to check out.
  - Water fountains are only activated by motion sensor (bottle fillers).
- Equipment used by participants should be wiped down before and after use utilizing provided gym wipes.
- Some fitness equipment will be unavailable to allow for proper physical distancing. Equipment will be rotated periodically to provide for variety.
- No spotting will be allowed.
- No “station” or “transition” type workouts will be allowed. Use only one piece of equipment at a time.
- Free weights are not to be used for anything other than their intended purpose.

In order to provide an inclusive welcoming environment:

- Headphones/earbuds are required for audio devices.
- Refrain from the use of profanity and other language that may be considered disrespectful.
- The SRC has a zero-tolerance policy for physical and/or verbal altercations.
- Photography, including camera phone use, must be approved in advance by the SRC staff.
- Individuals under the influence and/or visibly impaired from drugs or alcohol will not be permitted in SRC facilities.
- Pets are not allowed except for guide or service animals.
- All weights must be returned to proper storage after each use. Re-rack your weights!
- Weight clamps must be used at all times.
- Injuries should be reported to an SRC staff member immediately.
- SRC staff will respond to all facility situations and initiate appropriate responses to all participant injury situations. SRC staff members are certified in CPR/AED/First Aid. Injury response is coordinated in conjunction with University Police and Student Health Services.
The SRC staff has authority in all decisions related to participant safety, potential facility or equipment damages, or noncompliance with facility guidelines or staff requests. This includes the authority to immediately modify, limit, or discontinue any activity.

The Student Recreation Center staff reserves the right to refuse service to any participant who violates any policy or engages in verbal or physical abuse.