

COUNSELING PSYCHOLOGY

Graduate Courses

CPSY 6110 Human Communication (3)

Interpersonal processes fundamental to the development of psychotherapeutic counseling strategies, with an emphasis on processes underlying verbal and nonverbal communication and the use of clinical skills applicable to interviewing, assessment, and intervention. Practice in simulated laboratory situations. Offered on a credit, no-credit basis only. Prerequisite: Classified standing in the MS in Counseling Psychology.

CPSY 6120 Psychopathology and Diagnostic Interviewing (3)

Examination of major types of psychopathology. Techniques of intake interviewing and determining mental status to formulate a differential diagnosis based upon the Diagnostic and Statistical Manual of Mental Disorders. Prerequisite: Classified standing in the MS in Counseling Psychology.

CPSY 6130 Adult and Family Development (3)

Exploration of the biological, psychological, and social developmental tasks and life events of the adult years from an individual, family, couple, and vocational perspective. Focus on sociocultural, gender and family issues salient to relationships, separation, nontraditional and blended families, and geropsychology. Issues of aging and long-term care are included. Prerequisite: Classified standing in the MS in Counseling Psychology.

CPSY 6140 Clinical Ethics and Law (3)

This course focuses on contemporary professional law and ethics related to counseling practice. Professional codes of ethics (ACA, AAMFT/ CAMFT, and APA) will be reviewed. California law that is relevant to the practice of counseling will be examined including goals and objectives of professional organizations, standards of training, licensure, and the rights and responsibilities of professional counselors. Case examples will be discussed. Prerequisite: Classified standing in the MS in Counseling Psychology.

CPSY 6210 Research Methods in Counseling Psychology (3)

Methods and issues associated with the conduct and use of research concerning phenomena relevant to counseling psychology. Overview of hypothesis generation, research design, data collection and interpretation, and utilization of research findings in clinical practice. Prerequisite: Classified standing in the MS in Counseling Psychology.

CPSY 6220 Psychological Testing (3)

Survey of assessment procedures applicable to MFT/PCC practice and their theoretical and applied characteristics. Consideration of the role of various kinds of assessment in typical clinical situations, as well as the impact of cultural

orientation, age, and other client characteristics in ethically selecting and using assessment procedures. Prerequisite: Classified standing in the MS in Counseling Psychology.

CPSY 6240 Cultural Intersectionality in Counseling (3)

Focus on the intersection and convergence of culture, race, ethnicity, gender, sexuality, disability, socioeconomic status, religion, acculturation, and chronological age. Attention also is given to issues of privilege, marginality, and oppression, including sexism, racism, classism, ableism, ageism, and heterosexism. Theoretical perspectives on multicultural counseling will be examined as well as strategies for intervention, advocacy, and promotion of social justice. Fulfills instruction in the areas of study specified in Business and Professions Code for LMFT and LPCC, Sections 4980.36 and 4999.33. Prerequisite: Classified standing in the MS in Counseling Psychology.

CPSY 6250 Psychopharmacology (3)

Fulfills the California Board of Behavioral Sciences requirement for surveying the use of pharmacological agents in patient care. Mechanisms of action, indications for referral and monitoring, common interactions and iatrogenics will be introduced. Prerequisites: Classified Standing in the MS in Counseling Psychology.

CPSY 6260 Addictions Counseling (3)

Fulfills the California Board of Behavioral Sciences requirement for surveying the treatment of substance-related and addiction disorders. This course focuses on understanding clinical issues related to addictions counseling and will address etiology, diagnosis, and treatment of addictions. Additional focus will be placed on developing understanding of Recovery Oriented Care, Co-occurring mental health issues, social and psychological implications of socioeconomic position, and cultural awareness and competencies. Prerequisites: Classified Standing in the MS in Counseling Psychology.

CPSY 6270 Career Development Counseling (3)

Focuses on the process of career development through the life span, including an emphasis on theory, resources and application, the interface between the individual and the work world, and the interactions of work and family. Special attention to adjustment to disability, and the role of contextual variables including gender, ethnicity, social class, sexual orientation and identity. Prerequisite: Classified standing in the MS in Counseling Psychology.

CPSY 6280 Couple and Sexuality Counseling (3)

Focus on the couple relationship from intrapsychic, interpersonal, and systems perspectives. Emphasis on the dynamics of couple interaction through the adult lifespan, including such issues as gender, ethnicity, health discordance, desire discrepancy, monogamy, and fantasies. Special attention given to the relationship between issues of sexuality and

intimate interpersonal relationships, as well as therapist dynamics in the therapeutic triad. Prerequisite: CPSY 6130, 6410 and Graduate Candidacy standing in the MS in Counseling Psychology.

CPSY 6310 Theories of Individual Counseling (3)

Examination of several contemporary individual intervention approaches based on specific behavioral, cognitive, humanistic/experiential, and psychodynamic frameworks. Consideration of how each approach is used in clinical, school, and marriage and family counseling applications. Prerequisite: Classified standing in the MS in Counseling Psychology.

CPSY 6360 Techniques of Individual Counseling (2)

Exploration of techniques based on cognitive-behavioral and psychodynamic perspectives. Involvement in experiential activities designed to relate the observation, demonstration and practice to research-based explanations. Prerequisite: CPSY 6310 and Classified standing in the MS in Counseling Psychology.

CPSY 6410 Theories of Family Counseling (3)

Focus on major systemic and nonsystemic orientations in relationship, couples, and family counseling. Attention to the psychodynamics of relationships and transcultural family systems, communications theory, and the role of family of origin in individual and family functioning. Students will relate their own family dynamics to the literature. Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology.

CPSY 6420 Theory and Practice of Group Counseling (3)

Focus on the major approaches to group counseling and group therapy. Importance is given to developmental process and dynamics, leadership responsibilities and skills, and ethical and cultural considerations. Emphasis on small and large group processes and involvement in experiential activities designed to relate the clinical process to theoretical explanations. Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology.

CPSY 6430 Theories and Techniques of Developmental Counseling with Children and Adolescents (3)

Focus on the major approaches to therapeutic interventions with children and adolescents. Attention to developmental issues and tasks necessary for competent counseling with children and adolescents, including biological, psychosocial, social and cultural processes that influence or disrupt normal development. Focus on the development of clinical skills necessary for effective preventive, therapeutic and consultative interventions with and related to children and adolescents. Laboratory experiences will be provided through observation, demonstration, and/or practice. Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology.

CPSY 6460 Techniques of Group and Family Counseling (3)

Focus on the development of clinical skills necessary for effective group, family, and relationship counseling. Importance is given to process dynamics, leadership responsibilities and expertise, and ethical and cultural considerations. Involvement in experiential activities designed to relate observation, demonstration and practice to theoretical explanations. Prerequisites: CPSY 6410, CPSY 6420, and Graduate Candidacy standing in the MS in Counseling Psychology.

CPSY 6810 Practicum I (2)

A supervised clinical practicum within the scope and practice of a Marriage and Family Therapist or Professional Clinical Counselor. Application of counseling procedures, with a focus on assessment, diagnosis, prognosis, and treatment of familial and relationship dysfunctions. Also covered will be issues of development, adjustment, and maladjustment, and health and wellness promotion. Counts toward the MFT/PCC practicum requirement (Business and Professions Code, Chapter 1054, Section 4980.43, a-d; and 4999.33-36). Limited to 8 students per section. Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology, background check, and professional liability insurance.

CPSY 6820 Practicum II (2)

A continuation of CPSY 6810. A supervised clinical practicum within the scope and practice of a Marriage and Family Therapist or Professional Clinical Counselor. Application of counseling procedures, with a focus on assessment, diagnosis, prognosis, and treatment of familial and relationship dysfunctions. Also covered will be issues of development, adjustment, and maladjustment, and health and wellness promotion. Counts toward the MFT/PCC practicum requirement (Business and Professions Code, Chapter 1054, Section 4980.43, a-d; and 4999.33-36). Limited to 8 students per section. Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology, CPSY 6810, background check, and professional liability insurance.

CPSY 6910 Traineeship I (3)

A supervised clinical practicum in settings designed to facilitate the professional goals of the trainee within the scope and practice of a Marriage and Family Therapist or a Professional Clinical Counselor. Advanced experience in assessment, professional writing, application of theory, use of community resources, and treatment, including trauma and prevention. [Business and Professions Code, Chapter 1054, Section 4980.36 (d-e); and 4999.33 (d.6)]. Counts towards the MFT/PCC practicum requirement (Business and Professions Code, Chapter 1054, Section 4980.03 (h), 4980.36 and 4980.43, a-d; and 4999.33-36). Offered in a credit, no-credit basis only. Prerequisites: Graduate Candidacy standing in the MS in Counseling Psychology, CPSY 6820, professional liability insurance, and placement in an approved setting.

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CPSY 6920 Traineeship II (3)

A continuation of CPSY 6910. Counts towards the MFT/PCC practicum requirement. A focus on systems and aspects of care for the severely mentally ill and collaborative treatment [Business and Professions Code, Chapter 1054, Section 4980.36 (d-e); and 4999.33 (d,6)]. Counts towards the MFT/PCC practicum requirement (Business and Professions Code, Chapter 1054, Section 4980.03 (h), 4980.36 and 4980.43, a-d; and 4999.33-36). Offered on a credit, no- credit basis only. Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology, CPSY 6910, professional liability insurance, and placement in an approved setting.

CPSY 6980 Clinical Extension (3)

Additional supervised clinical experience for students requiring more than two semesters to complete the required hours for Practica or for Traineeships. May be repeated for credit. Does not count toward requirements for the MS in Counseling Psychology. Offered on a credit, no-credit basis only. Requires approval by the sponsoring faculty member and the CPSY Program Coordinator.

CPSY 6990 Independent Graduate Study (1-3)

Individual supervision of counseling or investigation of an approved project leading to a written report. Offered on a credit, no-credit basis only. Requires a petition for individual study approved by the sponsoring faculty member and the CPSY Program Coordinator.