

UNIVERSITY REQUIREMENTS	PREREQUISITES	COURSE	GRADES	TERM	UNITS	INSTITUTION
CSUB 1029: First Year Seminar						
Lower Division Area A1 (C- or higher required)						
Lower Division Area A2 (C- or higher required)						
Lower Division Area A3 (C- or higher required)	A2					
Lower Division Area B1 waived						
Lower Division Area B2 waived						
Lower Division Area B3 waived						
Lower Division Area B4 (C- or higher required)						
Lower Division Area C1						
Lower Division Area C2						
Lower Division Area D						
Lower Division Area D						
Student Enrichment and Lifelong Fulfillment		KINE 1018				
American Institutions: Government	A3					
American Institutions: History	A2					
Junior Year Diversity Requirement	45 units + LD GE					
Upper Division Area B	60 units & JYDR					
Upper Division Area C	60 units & JYDR					
Graduate Writing Assessment Requirement (C- or highe req.	60 units + A2					
Capstone	90 units+UDB & UDC	Requirement is fulfilled upon completion of KINE 4868				
REQUIRED CORE COURSES (C- or higher required)	PREREQUISITES	COURSE	GRADES	TERM	UNITS	INSTITUTION
KINE 1018: Lifetime Fitness	coreq. Kine 1500-1597					
KINE 1500-1597 Movement activity w/KINE 1018	coreq Kine 1018					
KINE 1020: CPR, 1st Aid and AED						
KINE 1500-1597: Movement Activity						
KINE 1500-1597: Movement Activity						
KINE 1500-1597: Movement Activity						
KINE 2000: Introduction to Kinesiology	A2 + Kine major + sophomore					
KINE 3000: Motor Growth & Development	Kine 2000 + B4					
KINE 3010: Measurement & Evaluation	Kine 2000 + B4					
KINE 3020: Psyc of Sport & Physical Activity	Kine 2000					
KINE 3030: Applied Kinesiology	Kine 2000 + Biol 2210 + B4					
KINE 3040: Exercise Physiology	Kine 2000 + Biol 2220 + B4					
KINE 4868: Internship/Capstone	90 units + JYDR + Kine major					
REQUIRED MAJOR COURSES (C- or higher required)	PREREQUISITES	COURSE	GRADES	TERM	UNITS	INSTITUTION
KINE 2100: Care and Prevention of Athletic Injuries						
KINES 4110: Exercise Prescription for Health & Performance	Kine 3040					
KINES 4120: Principles of Strength & Conditioning	Kine 3040					
KINE 4130: Biomechanics of Exercise & Sport	Kine 3030					
KINE 4140: Advanced Exercise Physiology	Kine 3040					
KINE 4150: Clinical Exercise Physiology	Kine 3040					
MAJOR ELECTIVES (minimum 6 units): (C- or higher required)	PREREQUISITES	COURSE	GRADES	TERM	UNITS	INSTITUTION
<u>Six units</u> chosen from Kinesiology Department's designated list (listed below): KINE 3100, KINE 3118, KINE 3120, KINE 3130, KINE 3300, KINE 3310, KINE 3320, KINE 3330, KINE 4160, KINE 4170, KINE 4210, KINE 4220, KINE 4230, KINE 4240, KINE 4250	In consultation with faculty advisor.					
REQUIRED COGNATE COURSES (C- or higher required)	PREREQUISITES	COURSE	GRADES	TERM	UNITS	INSTITUTION
BIO 2210: Human Anatomy						
BIO 2220: Human Physiology	Biol 2210					
BIO 2240: Principles of Nutrition						
One of the following chemistry courses: CHEM 1010: Preparation for College Chemistry <b>OR</b> CHEM 1003: Foundations of Chemistry for Healthcare	no prerequisite C or higher in math					
ELECTIVE UNITS (Community College)						
ELECTIVE UNITS (University/AP/CLEP/BYU/Military)						
<b>TOTAL UNITS</b>					0	120 required for graduation

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**Unit Requirements:** A minimum of 120 semester units is required, a maximum of 70 Community College units can be applied to the 120 units required for graduation. In the case of a BS degree, a minimum of 40 upper division units is required. Upper division units at CSUB are courses at the 3000- or 4000- level.

**Residency Requirements:** Students must complete a minimum of 30 semester units in residency study at CSUB. At least 24 of those 30 units shall be earned in upper division courses, and at least 12 of those upper division units shall be in the major.

**NOTES**

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