



CSU  
Bakersfield



# 2020 Year in Review

## About CSUB FNP Program

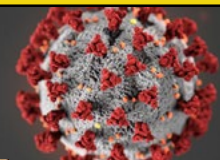
As the only MSN/FNP program in a 100-mile radius, CSUB Family Nurse Practitioner (FNP) program provides vital education and services to address the primary care provider shortage in the chronically medically underserved California Central Valley.

Since its reopening in 2014, the MSN/FNP program graduated 50 FNPs, of which over 90% remained in the community. In Fall 2019, the program doubled its enrollment, transitioning from biannual admission to annual admission, to further address the shortage of primary care providers in our community.

CSUB FNP Program was named among the “Best in the Nation” for 2019-2020 in the west region by GraduateNursingEDU, because of our excellent first-time national certification exam passing rate and our experience and commitment in supporting our students in their career paths. We strive to increase our impact and be the health and educational leader in the California Central Valley.

## What's New?

### Coronavirus (COVID-19)



COVID-19 had a disastrous effect on everyone the past year. There were PPE shortages, shutdowns, stay-at-home orders, record infection rates, and unnecessary loss. We all had to learn to adapt to the new norm that this pandemic brought.

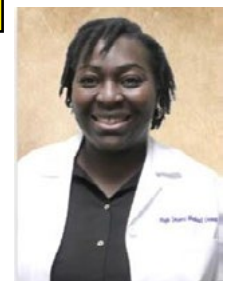
CSUB's FNP Program, and its students were not immune to these changes, most of whom are front line healthcare workers. The program and its students made a commitment to move forward, even as obstacles were thrown their way.

This brings us to the theme of the past year - thrive. Students were able to complete all required clinical requirements. Faculty implemented telehealth training as well as conducted virtual simulations. Lastly, the FNP program

graduated the entire 18-20 class and admitted the incoming 20-22 class without restrictions.

## Alumni Honors

-2018 Grad Peggy Leugue, FNP-C, won Practitioner of the Year at High Desert Medical Group



## Class of 2020

- Entire class graduated on time.
- With support from our clinical partners, all students were able to complete their direct patient care hours.
- Virtual simulation offered additional clinical experiences during the COVID-19 crisis.
- First CSUB FNP graduating class to have a virtual Graduation Celebration.
- 100% of our 2020 FNP graduates have already passed their national certification examination (AANP).



First CSUB virtual Graduation Celebration for the FNP - Program. Class of 2020.

## Class of 2021

- On track to graduate 2021, the second year FNP students are ready to start their last semester of the program.
- Congratulations to the FNP class of 2019-2021 whose research projects have been accepted to present at the 2021 Western Institute of Nursing Conference:

• **Satisfaction of Health Information Acquisition Online vs. In-person Health** by Maria Kathleen Cruz, RN, Christopher Enriquez, RN, Jae Kim, RN, Emily Lin, RN, and Annie Huynh, Assistant Professor, DNP, FNP-C.

## Class of 2022

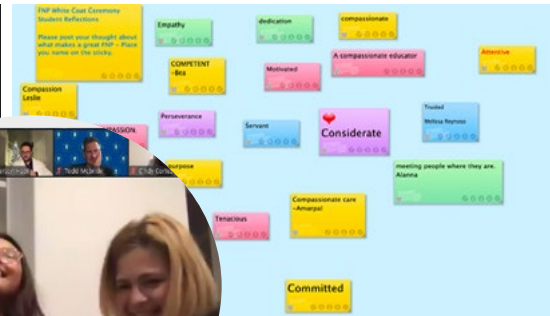
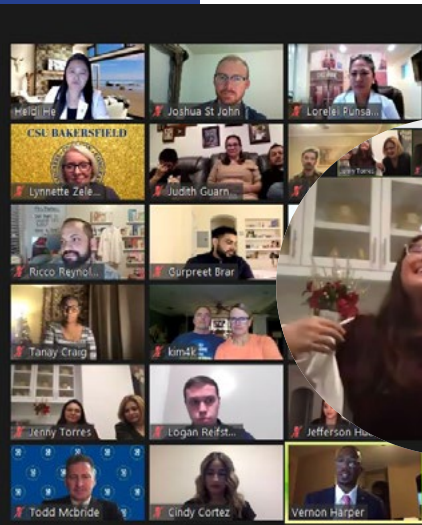
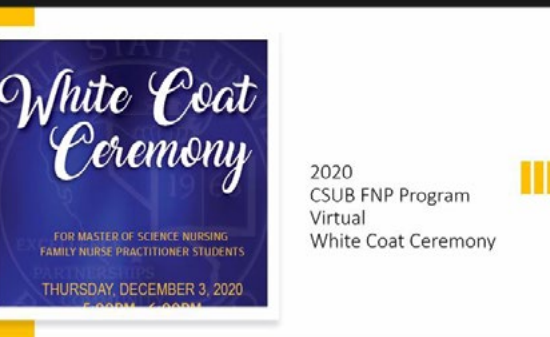
- The new cohort of 18 FNP students started their first semester of the NP Program in August 2020.

• **Assessment of Current Knowledge of Nursing Students on E-cigarettes and their Willingness To Educate Patients** by Karanpreet Dosaanjh, RN, Rajpreet Kahlon, RN, Summer Sheffield, RN, Jessica Sanchez, RN, Gurpreet Jawanda, RN, and Annie Huynh, Assistant Professor, DNP, FNP-C.

• **Examining the Relationship Between Exercise and Stress Among Emergency Department Nurses** by Angela Villatoro, RN, Frances Rabanal, RN, Dwight Bascom, RN, Crysten Grubb, RN, and Annie Huynh, Assistant Professor, DNP, FNP-C.

• **Benefits of Napping Among Night Shift Workers** by Johnny Agustin, RN, Monalisha Bajracharya, RN, Jaspinderjit Kaur, RN, Monica Rodriguez, RN, Nalinporn Wright, RN, and Annie Huynh, Assistant Professor, DNP, FNP-C.

- Successfully completed their first semester and are ready to start their clinical training in the community in Spring 2021.



During the White Coat Ceremony, students were asked to reflect on "What makes a good Nurse Practitioner?" and to remember the white coat as a symbol of the promise they have made to become that "good" nurse practitioner.

Students were celebrated by their families, Department of Nursing Faculty and Staff. As well as NSME Dean Dr. McBride, Provost and Vice President for Academic Affairs Dr. Harper and CSUB President Dr. Zelezney.

## Grants

- In its second year of the project, the Transforming Workforce from Education to Service (TWES), a HRSA funded 4 year project, established a Standardized Patient Program; funded the acquisition of simulation capturing system, telemedicine equipment and software for the Nursing Sim-Lab; and awarded another ten scholarships of \$22,000 each to the FNP students who are committed to provide primary care in the under-served communities after their graduation.
- The FNP Program's application to the 2020 OSHPD grant received the #1 ranking out of the 26 applications submitted. Please click the link to NSME's own Kelly Ardis' article for more information regarding this grant [here](#).



Standardized patient with FNP Student

## New Faculty and Staff

### Lorelei Punsalan



Dr. Lorelei Punsalan has joined the team as an assistant professor in the MSN FNP program. Dr. Punsalan earned her DNP from Brandman University in 2017. She has been in the nursing profession for 14 years, 7 years of which as a practicing NP. She was part-time lecturer in the FNP program for almost 3 years before becoming full time this Fall.

### Logan Reifsteck



Recently hired on as our Standardized Patient Coordinator in March of this past year. Logan graduated from Illinois State University with a Bachelor of Arts in Communication and relocated to Bakersfield this past year. In his current role, he oversees the recruitment and training of individuals that will become standardized patients for our program.

### Joshua St John



CSUB has been a second home for me since Fall of 2014. Since then, I completed my B.A. in Psychology in 2017 and my M.S. in Counseling-Student Affairs in 2020. In that time, I also had the honor to work at CSUB with some great teams, within both Enrollment Management and Student Affairs. I'm excited to join the Department of Nursing this year and look forward to supporting our student's success to the best of my abilities.

### Elaine Jennings



I'm a recent CSUB alumna. I graduated in May 2020 with my Bachelor's in Business Administration. Before the Nursing department I worked in the Alumni Engagement Office, and in the library. I want to continue my education and eventually earn a Master's in Public Administration.