



CSU Bakersfield

Business and Administrative Services

Office of Safety and Risk Management

Mail Stop: 27 AW
9001 Stockdale Highway
Bakersfield, California 93311-1022

(661) 654-6320
(661) 654-6117 FAX
www.csub.edu/bas/srm

MEMORANDUM

Date: 05/01/2018

TO:

FROM: Tim Ridley, CSP, ARM-P
Director, Safety & Risk Management

SUBJECT: **Required Medical Monitoring**

As you may be aware, all employees with exposures to certain harmful agents shall receive medical monitoring examinations in accordance with California State University Executive Order 1039 (November 17, 2008), and California Occupational Safety & Health Administration (OSHA). Medical monitoring is a process whereby workers with similar exposures can be monitored over time so that our understanding of hazards is improved. The examinations are to detect adverse health effects which may be related to work place exposures so the exposures can be reduced or eliminated.

You, according to the job activities your position performs, are required to participate in periodic medical monitoring. Examination intervals vary from every year to every three years depending upon the identified exposures, regulations, and current medical practices. Your department pays for these examinations.

The Office of Safety & Risk Management administers this program. If you no longer perform potentially hazardous work, do not use a respirator, and do not anticipate doing so in the coming 12 months, you may request that your supervisor seek to waive your medical monitoring requirement. If SRM agrees with your supervisor, the requirement, or portions of the requirement, may be waived. Even in your requirement is waived, you will need to submit a completed California State University, Bakersfield Exposure Risk Form and the completed Occupational Medical Monitoring Declination Form to Safety & Risk Management.

To ensure confidentiality, a summary report of the examination (Status Report) is sent directly from the examining physician to the Office of Safety & Risk Management where employees Occupational Medical Files are retained. If, in the opinion of the physician, you have a medical condition that may be exacerbated by a work stressor to the extent that the condition may cause you to experience a medical emergency, or which may pose a risk of harm to others due to the nature of your work, the physician may restrict or limit your return to work until you provide evidence that the condition is resolved.

In the event you are found to have such a medical condition, the Status Report is sent directly to Human Resources. To protect confidentiality, Human Resources manages all employment issues.

In order to ensure that both the physician and Safety & Risk Management has sufficient information to adequately assess your exposure, we ask that you complete the following prior to the examination appointment:

- Confidentiality Statement and Authorization to Release Medical Information Form
- Medical History Questionnaires
 - Medical Questionnaire in Accordance with Cal-OSHA Respiratory Protection Standard Title 8, CCR 5208 (Asbestos) or Medical Questionnaire in Accordance with Cal-OSHA Respiratory Protection Standard Title 8, CCR 5144 (Non-Asbestos)
 - CSUB Exposure Table
 - Hearing Test Questionnaire
 - Medical Respirator Recommendation



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- Occupational Medical Monitoring Declination Form
- Hepatitis A and B Vaccination/Declination Forms

Please note the following:

- **The forms and questionnaires must be provided to the physician at the time of examination.**
- **A copy of the CSUB Exposure Table must be provided to Safety & Risk Management prior to the examination.**
- **You MUST avoid loud noises (above normal speech) for at least 14 hours prior to your examination.**

If you have any questions or require further assistance in this matter, I can be contacted at 661-654-2066 or by email at tridley1@csub.edu.