

THE BULLETIN

Volume 28, Number 7
April 2014
CSUB, 53AW, 9001 Stockdale Highway
Bakersfield, CA 93311

OF THE 60+ CLUB
CALIFORNIA STATE UNIVERSITY
BAKERSFIELD

www.csub.edu/60plus

Karen Polyniak, Editor

President's Message

Ted Murphy

(325-0307, tmurphy@csub.edu)

Spring is really springing. If you went by the Stiern Memorial Rose garden this week you saw lots of new rich red leaves and hundreds of new buds. There will be a lot of beautiful flowers in the coming weeks, although the soil looked like it needed water.

But everything needs water. Very few wildflowers, very little food for the bees, a shortage of food for wildlife, and lower production of agricultural crops. I have heard that the price of grains, fruits, vegetables, dairy products, eggs, and meats will increase because of the drought. I don't know about you, but when I go to the grocery store I find the prices have already gone up! I know the usual word is that we retirees live on "fixed incomes" - we really live on decreasing buying power because living costs increase faster than our pensions!

Dorothy Meyer invited another great speaker, Bryan Burrow, CEO of the Bakersfield Symphony Orchestra to our last meeting. Not only did he bring us up-to-date on BSO activities, he also gave us two concert tickets for our door prize. Thanks, Bryan. Will our next speaker, a Chief Deputy Sheriff of Kern County, also bring us tickets?

Election Notice: Pages 8 & 9 contain the ballot & information on the nominees for next year's officers. Please take the time to review and vote by either mailing in prior to our next General Meeting or by bringing your ballot to the General Meeting.

I regularly see members who have been coming to meetings for a long time - I joined 60+ in 1999 - so I checked the current membership against rosters from past years, back to 2008, and found that 84 of us have been here since 2008; 59 are new this year. I hope we do a better job of retaining long timers and getting new members! There are a lot of interesting activities and people in 60+. If you don't find something you would like to have, let's get it started.

(continued next page)

Next Board Meeting: Thursday, April 3 at 1:30 pm at the Student Health Conference Room.

Communications Committee

Vice President (Programs)

Dorothy Meyer

(808-1284, dotlawyer@gmail.com)

Thursday, April 10, 2 pm at the Icardo Room of the Icardo Center

Chief Deputy Shelly Castaneda from Kern County Sheriff's Office will be our speaker. She will talk about the role of the public service department of the sheriff's office of which she is the chief officer and she will address the status of the elder abuse unit.

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President's Message, *continued*

This month I attended the Diners Club and the Dinner Club and had great times and great meals. On both occasions I was the only male in the group; a man walking by stopped and asked me if I was the "token." I don't mind being the only guy at a table with a dozen lovely women; he probably was jealous – he had only one female companion.

It is rewarding to go to an event and see 60+ members helping with various chores, especially when they are wearing the gold 60+ button. If you have a volunteer assignment, wear the button so folks know what 60+ Club is doing. (If you don't have a button, I will get one for you.)

Have a great spring and I hope to see you soon.

Sunshine Chair **Inge Kaplan** *(835-1924, ingemari123@earthlink.net)*

Don't forget to let me know if anyone needs a phone call or card or both to lighten up their day...I'm ready willing and able....Thank you every one.....Inge Kaplan

Editor's Note **Karen Polyniak** *(246-8763, kpoly@earthlink.net)*

The next issue will be for both **May & June** and that deadline will be **Tuesday, April 15.**

Welcome Committee

Acting Vice President (Membership) Charlene Edwards *(397-8850, cedwards8@bak.rr.com)*

The March meeting was enjoyed by over 60 persons, including 5 guests and one new member! Welcome Marge Samilson to our membership. I hope next month is equally successful. Thanks to Peggy Bryson and Louise Bush for taking care of the name tags, t-shirts, cups, and lists.

Also, membership dues for the remainder of our year (7/2013 to 6/2014) are still half-price. See the membership form on the last page.

Other 60+ Committees & Officers

Secretary/Legacy Committee Chair Kay LeFebvre *(703-7791, kleftraveler@gmail.com)*

Historian: Gladys Stilwill *(589-2348, gstilwill@bak.rr.com)*

Treasurer: Sharon Goldsmith *(587-4455, goldsmith.sharon@gmail.com)*

Directors-At-Large:

2012-2014: Mike Polyniak (246-8761) Billie Swanson (587-2544)

2013-2015 Colleen Mathis (664-8803) Joe Vicente (832-2426)

Special Events & Fellowship **Evelyn Glines** *(399-3658, elglines@att.net)*

I hope that you have all saved the date of June 12. That is the date of our Installation Luncheon. It will again be held at Hodel's Restaurant on Knudsen Avenue. We will have a special meal and much more. There will be a sign up form in the next Bulletin, so save the date and reserve early. You will not want to miss this final meeting of our year.

A huge Thank You to all the 60+ basketball volunteers. The regular season is over and the men's team went to Las Vegas for the WAC tournament, March 12-15 and the women's team went to the WNIT. You volunteers are awesome. Thank you again.

If you did not sign-up to volunteer for Baseball, and you want to, just email me or call me.

Also, let me know if you are interested in volunteering for the Spring Bar-B-Que. The bar-b-que is scheduled for **Thursday, May 8**. I will need 2 shifts of 8 volunteers. I don't have all of the details, but if it is the same as the past years, the shifts will be from **5 pm – 7 pm and 7 pm - 9 pm**.

The volunteers will be able to purchase a discount steak or chicken dinner ticket. In the past, the food has been great. The early shift can eat after their shift and the later shift can eat before. Please let me know if you will be available.

Thanks for all you help. **Go Runners!**

<u>CSUB Home Game Schedule for April</u>		
Baseball at Hardt Field:	Friday, April 11, 6 pm	Saturday, April 12, 6 pm
Sunday, April 13, 6 pm	Tuesday, April 15, 6 pm	Friday, April 25, 6 pm
Saturday, April 26, 6 pm	Sunday, April 27, 1 pm	Tuesday, April 29, 6 pm
Softball at Softball Complex:	Friday, April 4, 2 pm	
Saturday, April 5, 1 pm & 3 pm	Wednesday, April 9, 1 pm and 3 pm	
Friday, April 18, 2 pm	Saturday, April 19, 1 pm and 3 pm	
Volleyball at Sand Volleyball Courts:	Friday, April 4 TBA	
Saturday, April 5, 10 am	Saturday, April 5, 2 pm	
Womens Water Polo at Hillman:	Saturday, April 5, 1 pm (Alumni game to follow)	
Saturday, April 5, 1 pm	Friday, April 18, 3 pm	

The Repository contains an historical collection of geological core samples from more than 4,000 gas and oil wells drilled all over California from as far back as 1930. Our volunteers are responsible for carefully organizing and indexing the samples, well reports, and well logs. You can join the fun (detective/crossword type work) on each **Wednesday** of the month (from **9 am to noon**) at CWSR, which is located by the south entrance on Roadrunner Drive, across from the CSUB athletic track and field. Parking is available in front of the building. We note that volunteer work space is limited so if you are new to volunteering, please contact the Curator Charles James at 654-2324. Most of the time, we go to lunch together after work. Hope to see you there.

April 2, 9, 16, 23 & 30

FACT **Janet Skibinski** (664-6983, jjskibinski@att.net)

Facility for Animal Care and Treatment (FACT) holds an Open House the **first Saturday** of the month in February, March, April, May, October, November, and December.

The Open House is held from **1-4 pm**. There is always something new to see. We have lots of lovely items to purchase, too. Come out on **Saturday, April 5** and see all that FACT has to offer.

Fine Arts Theater **Billie Swanson** (587-2544)

I want to thank all of you who helped usher and take tickets at the CSUB presentations of "Theatre of New Voices" and "Dust Bowl Dreams". No theater events are scheduled for April.

Fine Arts Music **Peggy Bryson** (399-7811)
Judy Beggs (393-3389)

CSUB Guitar Series Presents: ROVSHAN MAMEDKULIEV

This will be held **April 3 at 7:30 pm** at the Doré Theatre

Cost: \$15 General/\$10 Seniors/\$5 Students

Doors open 6:45 pm and CD's will be for sale

Jazz Events **Adele Davis** (834-0115, adldavis@lightspeed.net)


The new calendar for Spring Quarter has not yet arrived. I have no jazz event dates to report for April. Finals week is followed by one week of break and then the new quarter begins. If there happens to be a jazz event in April, I will call about one week prior for volunteers. If there are none, the Jazz Festival will be the big event in May. I will begin calling in April to staff the event which is **May 9 & 10** (Mother's Day Weekend, Friday and Saturday). If you wish to work at the Jazz Festival, please call/email me if you are not a regular volunteer for Jazz events. I will return your call when I begin staffing the festival.

Short Term Project **Judy Harris** (831-7613, ibejudyh@sbcglobal.net)

HEADS UP!! There will only be one utensil wrap at CSUB for the CSUB BBQ. The date will be **Monday, May 5, 7:30 am - 9:30 am**. I will need at least 25 people. It is a good way to meet other members, while helping CSUB. There will be snacks, coffee, tea and juice available. Please RSVP, even if you have "wrapped" in the past, no later than April 18, to Judy Harris as shown above. Thanks in advance.

The Fred & Beverly Dukes Memorial Concert Series
Season Eight (2013-2014)—First Congregational Church/UCC

April 6—The Bakersfield Winds
April 27 —Jim Scully & Friends: Contemporary Chamber Music



All concerts start at 4 p.m. Free admission. 5 Real Rd., Bakersfield, Calif. 93309
Co-sponsored by Valley Public Radio, KVPR/KPRX— FM 89.1

Interest Groups	Lewis Jones & Cheryl Martin	(665-2668)
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Around the Cracker Barrel	Milt Clift	(831-5548)
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At our March meeting, we defined several problems facing the American people. As we look at history, we see that these problems have destroyed nations and cultures! Where do we find the qualified leadership that can lead the American people away from disaster? What does qualified mean? Cracker Barrel will meet on **Tuesday, April 1 at 1:30 pm** at the Student Health Center Conference Room.

Classics Revisited	Jean Nilssen	(599-3341, nilss15@aol.com)
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We will meet on **Monday, April 28 1:30 pm** in the Student Health Center. We will have our Poetry Sections. Utilize parking lot to the west when taking Camino Media entrance for easiest access. We encourage and welcome new members, so feel free to join us for the discussion and fellowship. The May book title is *The Scarlet Letter*.

Coffee With The Professor	Barbara Fleming	(872-2747, barbara.fleming@gmail.com)
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The next presentation is scheduled for **Monday, April 21 at 2:00 pm** in Dezerber 402. The speaker will be Dr. Andy Troup, Professor and Chair of the English Department. Dr. Troup's specialties are: Medieval Literature and Language; Linguistics. Thanks to Irene Randolph for bringing the delicious Irish brownies to the last meeting. Dr. Alicia Rodriguez did a great talk on the US-Mexican War of 1846-48.

Creative Writing	Camille Gavin Nancy Edwards	(396-0954, cgavin5720@aol.com) (831-1067, jmitchell3@bak.rr.com)
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April is National Poetry Month Meeting and Nancy Edwards will show us how to express our feelings in poetry. Come prepared to write! And bring one of your own poems to read to the group, if you like. The meeting is **1:30 pm, Friday, April 11**, in the conference room of the CSUB Student Health Center.

Dinner Club	Judy Harris Karen Carey	(831-7613, ibejudyh@sbcglobal.net) (588-5602, kcarey3742@sbcglobal.net)
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The dinner club will meet **Wednesday, April 23, at 5:30 pm**. For a good time and food, join us at B.J. Brewery, 10750 Stockdale Hwy, on April 16, 2014 at 5:30. Please RSVP by Monday, April 14, to Judy Harris or Karen Carey

Knit One, Crochet Too	Charlene Edwards Adele Davis	(397-8850, cedwards8@bak.rr.com) (834-0115, adldavis@lightspeed.net)
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Knit One, Crochet Too meets most **Thursdays at 1:30 pm** at the Carriage House Estates Retirement Community, 8200 Westwold Drive in the activity room on the first floor. All skill levels are welcome. Bring a project to work on and come whenever you can. Meeting dates: **April 3, 17 & 24**

The Lunch Bunch	Charlene Edwards Beth Curtis	(397-8850, cedwards8@bak.rr.com) (323-5230)
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On **Monday, April 14, at 11:30 am**, we will have lunch at Kan Pai, 9500 Brimhall Road, Suite 501, (it is off Calloway North of Brimhall in the old Thai Orchid restaurant). We will be having the teppan lunch. The prices for the teppan bar run from \$12 to \$22 depending on what you choose. If you would like to see a menu, their web site is www.kanpaibakersfield.com. Please let Charlene or Beth know if you plan to attend by April 10.

Out & About**Micki Burcher****(871-5436, micki2800@yahoo.com)**

Would you like a bit of “HARMONY” in your life? You can sign up for the amazing new musical by that name if you leave on **Saturday, April 5 at 10:30 am**. A Bus will depart for the Ahmanson Theater from the Orange Belt yard, 3640 N. Sillect Ave. You will arrive at the Music Center in time for lunch on the patio before taking your reserved seat for the 2 pm performance. SIX FRIENDS with Barry Manilow as a collaborator have created this spectacular musical. Cost: \$150. Call: 661-327-1144.

PAGEANT OF OUR LORD will be presented by Rolling Hills Covenant Church in Rolling Hills Estates, CA. Board the Bus at **9 am, Saturday, April 12** at Orange Belt. This is a unique presentation of the life of Christ through living reproductions of famous works of art, and a 60-voice choir. No host dinner and shopping at Farmer’s Market and The Grove after the production. Your return is at 9p.m. \$75 per person. Call 661-327-1144 to sign up.

YOSEMITE NATIONAL PARK is not just a great Valley in the springtime, but a shrine to human foresight, strength of granite, power of glaciers, and tranquility of the High Sierra. On **Wednesday, April 16**, leave Bakersfield by Bus and arrive to see waterfalls, grand meadows, ancient sequoias and lunch at the Ahwahnee Hotel in the grand dining room. \$150 gets you the trip and a two-hour Ranger narrated tour of the Valley floor where you will see and hear about Yosemite Falls, Half Dome, El Capitan, Tunnel View, Bridalveil Falls and lots of colorful flowers and birds. SO DON’T FORGET YOUR CAMERA. 9p.m. is the return time. Call 661-327-1144 for a reservation.

THE 50TH PASADENA SHOWCASE HOUSE OF DESIGN trip will be **Saturday, April 26**. The cost is \$85 per person. Bus departs Bakersfield at **9a.m.** and return at 7p.m. This showcase house is the country’s oldest, largest and most successful home and garden tour. It is of architectural significance. There are shops on the grounds as well as a restaurant where one can enjoy a gourmet meal or dessert or drink. Call 661-327-1144 to get on board with the latest design products and concepts.

GERSHWIN’S “PORGY AND BESS” blows into the Ahmanson Theater in LA on **May 3, Saturday**. \$155 per person and a reservation will get you lots of glorious Gershwin music with a magnificent 23-piece orchestra. Bus leaves Bakersfield at **10:30 am**. You can dine on the patio with the lunch you bring or buy. There are lots of choices at the Spotlight Café. There will be a dinner stop on the way home at Valencia Town Center. Call 661-327-1144 and let them know you want to go.

Readers Group 1**Sydney Perry****(589-6315, Ssperry@aol.com)**

Reader's Group 1 will discuss *Zealot* by Dr. Reza Aslan on **Tuesday, April 15 at 1:30 pm** at 4015 Scenic River Lane in the Villas clubhouse. Future books to be shared are *The Invention of Wings* by Sue Monk Kidd on May 20 and *The Girls of Atomic City: The untold story of the women who helped win WWII* by Denise Kiernanon on September 16.

Readers Group 2**Jody Miller
Bertie Warren****(831-0387, altaymar@gmail.com)
(832-9242, nanab5@bak.rr.com)**

We will meet at **2 pm on Wednesday, April 16** at 6501 Chewacan Drive. We will be discussing *The Valley of Amazement* by Amy Tan. Call 477-2058 if you can’t attend. Our book for May is *The Supreme Macaroni* by Adriana Trigiani.

Bein' is how I have a life-threatening birthday on April 26 (like 96 years), why don't you, as a courtesy, come to Sing-A-Long on April "tooth" (that's the usual 1st **Wednesday, April 2 at 1 pm** at Rosewood.

We will meet in the CSUB Student Health Center Conference Room on **Tuesday, April 29, from 10-11:30 am**. The topic is "Buddhism." The speaker is Gary S. Enns, a Zen practitioner and primary assistant of the Zen Fellowship of Bakersfield. Gary has also taken lay (bodhisattva) ordination.

APRIL 2014

S	M	T	W	T	F	S
		1 Cracker Barrel 1:30p	2 SingALong 1p WellSample 9a	3 Board Meeting 1:30p Knit1Crochet Too 1:30p CSUB Music 7:30 p	4	5 FACT Open House 1:30p Out & About Harmony
6	7	8	9 WellSample 9a	10 General Meeting 2p	11 Creative Writing 1:30 p	12 Out & About Pageant of Our Lord
13	14 The Lunch Bunch 11:30a	15 Bulletin Deadline Readers1 1:30p	16 WellSample 9a Readers2 2p Out & About Yosemite	17 Knit1Crochet Too 1:30p	18	19
20	21 Coffee w/ Professor 2p	22	23 WellSample 9a DinnerClub 5:30p	24 Knit1Crochet Too 1:30p	25	26 Out & About Pasadena
27	28 Classics 1:30p	29 World Religions 10a	30 WellSample 9a	MAY 2014		
				1 General Meeting 2p	2	3 FACT Open House 1:30p Out & About Porgy & Bess
4	5 Utensil Wrap 7:30a	6 Cracker Barrel 1:30p	7 SingALong 1p WellSample 9a	8 Knit1Crochet Too 1:30p CSUB BBQ 4:30p	9 Jazz Fest	10 Jazz Fest

The Nominations/Elections Committee is pleased to announce the slate of candidates for office. We are grateful for those who have agreed to serve. Elections will be held at the April General Meeting. Nominations may be made from the floor provided nominees have previously agreed to run. Members of the Nominations Committee are: Lewis Jones, Cheryl Martin, Mike Polyniak, Billie Swanson, Sue Wallace, and Kathleen Wagner.

Meet Your Candidates

President: Ted Murphy, incumbent, is a retired CSUB Biology Professor Emeritus. He was Vice-president-Programs 2008-2012, and assumed the office of president upon the resignation of Bob Laramee in 2013. He started FACT (Facility for Animal Care and Treatment) in 1975 and directed the program until 2001. He hosted Coffee with the Professor 2002-2008. Ted and his wife Peggy were elected life members in 60+ Club in 2001.

1st Vice President (Programs): Dorothy Meyer, incumbent, was appointed to the position after Ted Murphy assumed the presidency. Dorothy is a retired attorney, registered nurse, ardent knitter, and clarinetist in the CSUB Concert Band. Dorothy's husband Tom is a retired CSUB professor who has provided a number of programs to 60+.

2nd Vice President (Membership): Charlene Edwards has been active in many 60+ groups, including the Diners' groups, Knit One/Crochet Too, Coffee with the Professor, and Elder College, and recently served as a Director-at-Large. She retired from the Kern County CAO after 42 years of service.

Secretary: Kay LeFebvre, incumbent, was elected Secretary in 2013. She is a former teacher and retired vice-president of Scaled Composites in Mojave. She moved to Bakersfield in 2011 to be near her daughter Nikki, a Cal State biology graduate

Treasurer: Mike Polyniak served as Director-at-Large in 2012-2014. Mike is a retired Environmental Coordinator who worked for Texaco, Shell, and Chevron and worked as an Environmental Engineering Consultant after retirement. He is a Vietnam Veteran and has a degree in Mechanical engineering.

Choose Two Candidates for Two-Year Positions, 2012- 2014

Eloise Higgins: Attended Ohio Wesleyan College and graduated USC with BS in Occupational Therapy; Occupational therapist with Kern County Health Department, preschool teacher, Bakersfield College professor, wine buyer for Fike's Finer Foods, and sales person for a wine distributor. 60+ activities: Coffee with the Professor, Classic Movies, Great Books, Exploring Health; volunteer: Elder College Committee, Rose Garden, Short Term Projects, organized and led two Paso Robles wine area trips.

Marilynn Perry: Active in 60+ programs. Another major interest is fostering feral kittens.

***** Ballot for 60+ Club Officers and Board of Directors *****

The Nominations and Elections Committee presents the following nominees for 2014 – 2015. Should you prefer another candidate, provision is made to vote for a write-in candidate. Please mark your preference for each position with an X.

If there are two 60+ members in your household, one may also mark an X in the square provided for a possible write-in candidate and also write that nominee's name on the blank line provided below.

			Write-in Candidate
President	<input type="checkbox"/>	Ted Murphy	<input type="checkbox"/> _____
1 st Vice President	<input type="checkbox"/>	Dorothy Meyer	<input type="checkbox"/> _____
2 nd Vice President	<input type="checkbox"/>	Charlene Edwards	<input type="checkbox"/> _____
Secretary	<input type="checkbox"/>	Kay LeFebvre	<input type="checkbox"/> _____
Treasurer	<input type="checkbox"/>	Mike Polyniak	<input type="checkbox"/> _____

Director Candidates for two-year terms, 2014-2016 (Two positions to be filled)
Vote for no more than two for two-year terms.

			Write-in Candidate
<input type="checkbox"/>	Eloise Higgins	<input type="checkbox"/>	_____
<input type="checkbox"/>	Marilynn Perry	<input type="checkbox"/>	_____

Please return this Ballot by April 10 to:

60+ Club, Alumni Relations Office 53 AW
California State University, Bakersfield
9001 Stockdale Highway
Bakersfield, CA 93311-1022

**Write BALLOT on
Outside of Envelope**

OR

Bring the Ballot to the 60+ General Meeting on April 10.

If you're concerned about the secrecy of your ballot,
just black out your name/address label on the reverse of this ballot.

Please Note:
 For Current Year Memberships (7/13 – 6/14) purchased after January 1, 2014:
 Dues are Half-price: Single Member - \$20 Couple - \$40

For further information concerning 60+ Club programs and activities, call the 60+ Club Office
 between 8 a.m. and 5 p.m. weekdays. The number is 661/654-3211.

60+ Club MEMBERSHIP FORM

Name(s) _____

Address _____ Zip _____

Telephone Number _____ eMail Address _____

How did you learn about the 60+ Club? _____

Memberships are from July 1 to June 30.

Dues Single Member \$40

Couple \$80

Amount Paid \$ _____

New Member

Renewing Member

My additional contribution in support of 60+ Club \$ _____

Please send me information about estate planning.

For office use only
Received
Card Mailed
Data Entry
Expires

Please make checks payable to CSUB 60+ Club. THANK YOU!

THE BULLETIN
 The 60+ Club 53AW
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