

THE BULLETIN

OF THE 60+ CLUB

Volume 39, Number 4

December 2024 – January 2025

Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD

Mail Stop 19AW, 9001 Stockdale Highway, Bakersfield, CA 93311

www.csub.edu/60plus

President's Message

Carla Stanley

(428-1517, searosas53@hotmail.com)

Thank you to Katherine Winters from White Wolf Wellness Foundation for her presentation at our November general meeting.

The Holiday Luncheon at Stockdale Country Club is on **Thursday, December 12**. The reservation form is on page 3. Hope you can make it, reservations are due December 6.

Thanks to the 60+ Club members who helped as "patients" for the freshman nursing student to practice their assessments skills. It is a small service we are performing that has great rewards in the education of future nurses.

Visit the Walter Stiern Rose Garden. It is overflowing with fall roses. Come January, we will prune them all down so they will have time to regenerate their beautiful March blooms.

The next board meeting is **Thursday, December 6 at 1:30 pm** at the CSUB University Advancement Conference Room. Anyone is welcome to attend, but we have limited space. Any non-board member needs to contact me ahead of time. There will not be a January board meeting.

Communications Committee

Co-Vice Presidents (Programs)

Jane Cuellar

(388-7154, jacuellar58@gmail.com)

Carole Guillory

(665-2148, bcguillory@sbcglobal.net)

General Meeting - Thursday, January 9 at 2 pm in the Stockdale Room which is located at the Runner Café. Parking will be in Lot M. Don't forget to place your parking permit on your dashboard.

We welcome Susan Pinza, Director of the Levan Institute for Lifelong Learning since 2018 and professor of Education at Bakersfield College. She will present information about the Levan Institute for Lifelong Learning which offers classes aimed at the interests of those aged 55+ in our community (any adult may take the classes). It was formed by generous donations by late, local dermatologist Dr. Norman Levan. The first classes began in fall 2008. Susan Pinza loves creating opportunities for adults to enrich themselves through classes that teach them something new. She is particularly pleased with the quality of the instructors that the Institute has--from BC and CSUB professors to professionals to retired employees of various disciplines--all enjoy sharing their passion for their topic.

Pantry Needs: Now that the weather has turned a little cooler maybe soups and crackers as well as other comfort foods would be nice to bring to the pantry. As usual any and all items are so appreciated.

Editor's Note

Karen Polyniak

(246-8763, kpoly@earthlink.net)

The next issue will be for the **February 2025** and that deadline is **Wednesday, January 15**. Please note that all deadlines are on the 15th of the month prior to the next *Bulletin*.

Welcome Committee

Vice President (Membership)

Lois Hess (663-0198, dmhess88@lightspeed.net)

We have 115 members as of November 20 including 29 new members.

Splinters from the Board

Carla Stanley

(428-1517, searosas53@hotmail.com)

There is an email going around that appears to be from me (Carla Stanley). I would not be asking anyone for money or gift cards for any reason. IT IS A SCAM. DELETE!!!!

Elder College

Carol Black-Calderwood

(747-9563, cblack0000@aol.com)

The Elder College Committee (Sheila Ross, Jane Cuellar, Jeff Stoltz, Karen Polyniak and myself) have been hard at work making arrangements for next spring. This year's Elder College will be held **Wednesday & Thursday, April 16 & 17, 2025**. Day one will be a bus trip to Tejon Ranch. We will have a guided tour and a picnic lunch. Day two will be at Hodel's for a half day (morning) lecture series and lunch. More info to follow.

60+ Club Scholarship Donation

We have been giving a \$1,500 scholarship to a CSUB nursing student or one pursuing a career in Education every year since 2019. Please help us continue this activity by donating to our scholarship fund. \$15 from 100 members would take care of the scholarship for the year.

Please make your check out to
"CSUB FOUNDATION"
Write "60+ Club Scholarship
in the memo section of your check

Mail to:
University Advancement
CSU Bakersfield Mail Stop 19AW
9001 Stockdale Hwy
Bakersfield, CA 93311-1022

Action Network

Sheila Ross

(444-6839, sheiro6@aol.com)

Fine Arts Music

Jane Decker

(477-4149, janedecker@att.net)

Volunteers are needed for the following events in December. Please email me if you are available.

CSUB Opera Theatre – Opera & musical theatre scenes, fully staged and costumed at the Doré Theatre
Thursday, December 5 at 7:30 pm.

Cost: \$12 General, \$7 Seniors (60+) & Students CSUB Students with ID: Free. Parking is free.

Volunteers should arrive at 6:45 pm for this event.

Holiday Concert - CSUB Music Program for their annual holiday performance at the Doré Theatre
Sunday, December 8 at 3 pm

Cost: \$12 General, \$7 for Seniors (60+) and Students, CSUB Students free with ID. Parking is free.

Volunteers should arrive at 2:15 pm for this event.

Fine Arts Theater

Judy Harris

(331-2229, ibejudyh@sbcglobal.net)

Thank you to all that helped with the last play *Life in the Trees*. The next performance will be in March 2025.

We will be meeting at the Rose Garden on **Saturday, December 14 at 8:30 am** to prune and weed and spread mulch. Bring your pruning shears and gloves and a bucket to drop the clippings in. Long sleeves are good both for the cooler weather and to protect yourself from the thorns. Contact me if you have any questions.

In January, we will meet the **3rd Saturday - January 18 at 8:30 am**. We will be trimming out the small interior branches and cutting them down to three feet. It may take more than one day so feel free to come out on your own in January if you have time.

Currently 60+ Club is waiting for an update from the Well Core Repository. The Curator has requested student workers for this school year but does not yet have two trained workers. More information will be passed along as it becomes available.



Thursday, December 12 -- Social at 11:30pm -- Meal at 12 noon -- Stockdale Country Club
- 7001 Stockdale Highway

On the Reservation form below are the choices for our luncheon.

All selections include: Iced tea - Lemonade - Coffee - Rolls and Butter - Apple Tart w/Vanilla Ice Cream

Entertainment provided by Bakersfield High School A Cappella Choir

\$35 per entrée Price is inclusive of tax and gratuity

*Deadline for reservations is **Friday December 6***

Don't forget items for the Campus Food Pantry

RESERVATION FORM

Name (s) – Please Print _____

Phone _____

Amount Enclosed _____ (\$35 per entrée)

Please indicate your choice of meals. How Many

- Eggplant Parmesan _____
- Beef Stroganoff _____
- Chicken Crepes and vegetables _____

Please make check payable to “**JANIS VARNER**” and mail with this form to:

11901 Payton Manor Drive. Bakersfield, CA 93312

Interest Groups	Sheila Ross	(444-6839, sheiro6@aol.com)
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Conversations with the Professor	Ted Murphy	(325-0307, tmurphy@bak.rr.com)
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We will resume “CWP” in January. Information will be provided via email or you can always contact me. The date is the **4th Monday, January 27**. We meet at the Dezember Leadership Center Room 402D. Remember to use your parking pass at the reserved spaces adjacent to the building which is located near the President’s Office, east of the Tennis Courts.

Crafty Paper Arts	Karen Polyniak	(246-8763, kpoly@earthlink.net)
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We will be meeting again at the small party room at Round Table Pizza, 4200 Gosford Rd.



The dates are the **2nd Tuesdays, December 10 & January 14 at 1 pm**. We’ll be creating decorated balls from flat paper strips in December and a pop-up snake in January as it will be the year of snake starting January 29! Please bring your own scissors. You can also bring coloring pens/pencils if you want to personalize your items. All other materials are provided.



Dinner Club	Linda Cohen	(599-0799, linmar@bak.rr.com)
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Dinner Club will meet on **Tuesday, December 17 at 5:30 pm** at 19th Hole Bar & Grill, 3333 Buena Vista Road (corner of White Lane and Buena Vista). Please reserve your spot by December 16.

Happy New Year! Our first Dinner Club of 2025 will be on **Tuesday, January 21 at 5:30 pm** at Heart of India, 5123 Ming Avenue (in Colonial Square). Please reserve by January 20.

Fiber Arts	Judy Lawhead	(364-3525, Judy.Lawhead@sbcglobal.net)
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We meet weekly **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave, except for Christmas Day. I will inform the regulars if we are not going to meet.

We work on individual projects and items for donation. While we do a lot of knitting and crocheting we also welcome members who like to loom, cross stitch, needlepoint, embroider and do tatting. We have teachers and supplies for those who would like to learn to knit and crochet. And we would welcome anyone that would like to just have a cup of coffee and visit.

[Reverse side of Holiday Lunch Form]

Fun & Games	Carole & Bob Guillory	(665-2148, bcguillory@sbcglobal.net)
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In December we will meet on **Wednesday, December 4** at the round Table Pizza on 4200 Gosford Rd. No host lunch at **noon** with games beginning at **1 pm**. We added a new game called Dabble at our last game day. So, we now have Mexican Train, Phase 10, Mah Jongg and Dabble. Remember . . . we are always interested in new games, so come join us and bring something new to play.

In January we will meet on **Friday, January 3** since the first Wednesday is on New Year's Day. Time and location are the same as usual. Please note the change of date!

Lunch Bunch	Nancy Hine	(619-7539, smilenhine@hotmail.com)
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In December, Lunch Bunch can gather as a smaller group without choral entertainment (unless we imbibe too much chianti) on the **2nd Wednesday, December 11, at 11 am** at SORELLA'S ITALIAN RISTORANTE, 7900 McNair Lane. See the menu at www.sorellarestaurant.com. Italian will contrast to our Christmas Luncheon the next day. 60+ always has lots to enjoy. Make a reservation to save you a spot by contacting Nancy.

The first lunch of 2025 will be the **2nd Wednesday, January 8**. The restaurant has not yet been confirmed so please contact Nancy as time get near.

Readers Group	Kathy Wagner	(805-8767, Jonwag49@earthlink.net)
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The Readers' Group will meet on **Wednesday, December 18 at 2 pm** at 9503 Bloomsbury Ct. to discuss *Nicked* by MT Anderson. The phone number is 428-1517.

The Readers' Group will meet on **Wednesday, January 15, 2025 at 2 pm** at 13803 Meritage Ct. to discuss *The Edge* by David Baldacci. The phone number is 205-7802.

For further information, please call Kathy.

Share & Care	Jane Decker David Hess	(477-4149, janedecker@att.net) (663-0198, dmhess88@yahoo.com)
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The next share and care group will be scheduled on **Tuesday, January 21 at 1 pm** at Ivy Park at Seven Oaks, 4301 Buena Vista Bl. This group is an ongoing process of sharing and addressing those issues that are of importance to the members of the 60+ Club. One of our goals is to begin to accumulate that information and put it into a resource that will be helpful to older adults.

Fred & Beverly Dukes Memorial Concert Series (https://fccbakersfield-ucc.org/dukes-concert).
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The Dukes were members of the 60+ Club and had endowed these concerts.

First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd).

December 15:	Goldenaires - Singing Group (Christmas Variety)
January 12, 2025:	Uptown Swing with Steve Eisen - Jazz
February 16, 2025:	Tim Stonelake's Band - Blues (Honoring Black History Month)
March 9, 2025:	Musica Viva - Violin, Cello, Piano (Classical)

DECEMBER 2024						
S	M	T	W	T	F	S
1	2	3	4 Fiber Arts 10a Fun & Games 1p	5 Board Meeting 1:30p CSUB Music 7:30p	6 Holiday Lunch Reservations Due	7
8 CSUB Music 2p	9	10 Crafty Paper Arts 1p	11 Fiber Arts 10a Lunch Bunch 11a	12 Holiday Lunch 11:30 a	13 CSUB Music 7:30p	14 Rose Garden 8:30a
15 Duke's Concert 4p	16	17 Dinner Club 5:30p	18 Fiber Arts 10a Readers 2p	19	20	21
22	23	24 Christmas Eve	25 Christmas Hanukkah Begins	26 Kwanzaa begins	27	28
29	30	31 New Year's Eve				

JANUARY 2025						
S	M	T	W	T	F	S
			1 New Year's Day	2	3 Fun & Games 1p	4
5	6	7	8 Fiber Arts 10a Lunch Bunch 11a	9 General Meeting 2p	10	11
12 Duke's Concert 4p	13	14 Crafty Paper Arts 1p	15 Bulletin Deadline Fiber Arts 10a Readers 2p	16	17	18 Rose Garden 8:30a
19	20 Martin L. King Jr (campus closed)	21 Share & Care 1p Dinner Club 5:30p	22 Fiber Arts 10a	23	24	25
26	27 Convo w/ Prof 2p	28	29 Fiber Arts 10a	30	31	