

THE BULLETIN

OF THE 60+ CLUB

Volume 40, Number 4

December 2025 – January 2026

Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD

19AW, 9001 Stockdale Highway Bakersfield, CA 93311

www.csub.edu/60plus

President's Message

Carla Stanley

(428-1517, searos53@hotmail.com)

Our holiday luncheon is **Friday, December 12**. The registration form in this *Bulletin*. Registration ends **Tuesday, December 2**.

This is our December and January *Bulletin*. I bring this to your attention because the board has a decision to make at the December board meeting that will be announced in the email blasts. This year our general meetings have been held in the Dezember Leadership Development Center because the room rental price was lower. The board will make the decision at our December meeting to keep our general meeting there, or go back to the Stockdale Room where we met last year. If you have strong feelings about where our meeting is being held, please contact me and let me know by **December 3** so I can bring your opinions/concerns to the board members for discussion.

Thank you to all the interest and activity group leaders for making things happen in the 60+ Club. Read through the bulletin and get involved! Share your ideas and your energy!

It is wonderful that many people are bringing friends to 60+ Club activities, but remember we are a club and if they like attending so much they want to come again and again, that person should join as a member. This link will take you to our membership site: www.csub.edu/60plus/membership.

The recent deaths of long-time members Ted Murphy and Billy Burke have made me aware that the 60+ Club is really a community that relies on its members to share information. Please let me know if a 60+ Club member you know has died so we can recognize that person and pass on information to the membership. Thank you so much for caring for each other.

(continued next page)

Communications Committee

Vice President (Programs)

Jane Cuellar

(388-7154, jacuellar58@gmail.com)

General Meeting - Thursday, January 8 at 2 pm on the CSUB Campus – specific location to be determined. You will need your 60+ parking pass.

Our speaker is Berkeley Hanley, the Community Engagement Coordinator at Kern County Animal Services (KCAS) since 2021. Berkeley was born and raised in Bakersfield and have been passionate about working with animals since childhood. She initially interned with KCAS in 2006-7 through the Kern High School District ROC program then returned as volunteer in 2012 and was hired as an Animal Care Worker the same year. She spent much of the time with the medical staff and foster teams. Her main duties are overseeing volunteers and Community outreach. She is also the daughter of member David!



She will be speaking about the animal over-population crisis, the state of animal welfare and what we are doing to improve it.

Food Pantry: We will again be collecting items. Let's help CSUB's food pantry restock with non-perishable food items.

SAVE THE DATE: Fundraiser!!! Bingo at Temblor Brewing Company on **Monday, June 15 at 7 pm**. Come early for dinner.

The next board meeting is **Thursday, December 4 at 1:30 pm** at the CSUB University Advancement Conference Room. There will be no board meeting in January since the first Thursday is New Year's Day. Anyone is welcome to attend, but we have limited space. Any non-board members need to contact me at least a week ahead of time so we can make sure parking is reserved for them.

Editor's Note**Karen Polyniak****(246-8763, kpoly@earthlink.net)**

The next issue will be for the month of February **2026** and the deadline is **Thursday, January 15**. Please note that all deadlines are on the 15th of the month prior to the next *Bulletin*.

60+ Club Scholarship Donation

We have been giving a \$1500 scholarship to a CSUB nursing student or one pursuing a career in Education every year since 2019. Please help us continue this activity by donating to our scholarship fund.

Please make your check out to
"CSUB FOUNDATION"
Write "60+ Club Scholarship
in the memo section of your check

Mail to:
University Advancement
CSU Bakersfield Mail Stop 19AW
9001 Stockdale Hwy
Bakersfield, CA 93311-1022

In Memoriam

Lorna Rogers

Linda McMillan,
Sister of Members
Margaret Dolan & Judy Lawhead

Elder College & Out & About**Jeff Stoltz****(742-9557, jeffstoltz2016@aol.com)**

Thanks for those that signed up for "Elder College" and "Out & About" on Possibilities Day. If you did not get a chance to sign up, you can send me an e-mail or text with your name, phone number and e-mail address and I will add you to the list. For Elder College, we are narrowing in highlighting an Energy based theme, with a possible visit to the West Kern Oil Museum and speakers related to Oil or Wind or Solar generation. This will occur most likely in April 2026. For the Out & About first visit, I was hoping to schedule a factory visit to the Frito-Lay plant off the old Hwy 58 near I-5, but they are having some construction activities and are not allowing tours until sometime in 2026. The committee is working on several other venues and details will be forthcoming.

Action Network	Sheila Ross	(444-6839, sheiro6@aol.com)
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Fine Arts Theater	Judy Harris	(331-2229, ibejudyh@sbcglobal.net)
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The next theater production will be in March 2026.

Fine Arts Music	Toni Smith	(301.7188, rayandtonis65@yahoo.com)
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Thanks to all that volunteered for the November events. There are still events this year but the schedule has not been determined for 2026: Here are upcoming music programs:

New Music Concert at Music Room 127 featuring guest composer & students

Tuesday, December 2 at 7:30 pm, free concert

Holiday Concert at the Doré Theatre

Sunday, December 7 at 3 pm, \$12 general admission, \$7 Seniors, Free for students

Tuba Christmas - A concert featuring CSUB students & community members at the Doré Theatre

Sunday, December 21 at 3 pm, free concert

Walter Stiern Memorial Rose Garden	Carla Stanley	(428-1517, searosas53@hotmail.com)
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I invite anyone interested to come out to the rose garden (by the Dore Theatre and the Madigan Art Gallery) and learn how to deadhead, and prune, and weed. Bring your pruning shears, gloves, and a bucket or bag, and a weeding tool if you would like to help with that part of it. Water is always important - stay hydrated! We will meet on these **Saturdays - December 13 and January 10 at 8:30 am.**

Well Sample Repository	Kim Jones	(619-985-5127, kimithjones@gmail.com)
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Our December “working” meeting will be the **4th Monday of the month (December 22) starting at 9 am.** Besides working that day, we will be able to decide with Rochelle what days — Mondays or Wednesdays — and what dates — we can schedule working meetings for 2026. Hope to see all the volunteers there.

Interest Groups	Sheila Ross	(444-6839, sheiro6@aol.com)
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Around the Cracker Barrel	David Hess	(333-2314, dmhess88@yahoo.com)
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We hope to continue this group on a regular basis, but the date, time, location and subject for the next meeting have not yet been determined. If you have any suggestions or comments, please reach out to Dave Hess.

Conversations with the Professor	James Mitchell	(703-6804, jm6495777@gmail.com)
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We will not be meeting in December. Our next meeting will be on **Monday, January 26 at 2 pm**, with a speaker to be determined. The location is the Dezember Leadership Center, Room 402D, the same location as our recent General Meetings. Please remember to put your parking pass on your dashboard and park in the reserved spaces in Parking Lot G adjacent to the building which is located near the President’s Office, east of the Tennis Courts.

Crafty Paper Arts	Karen Polyniak	(246-8763, kpoly@earthlink.net)
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Due to December scheduling changes, we will be meeting on the 1st Tuesday that month. We meet at the Southwest Branch of the Library located at 8301 Ming Avenue. The dates are: **Tuesday December 2 and on 2nd Tuesday, January 13 at 1:30 pm.** In December, we will make paper stars that hold candy and in January, we’ll make paper horses.



Dinner Club	Linda Cohen	(599-0799, lcohen362@gmail.com)
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Happy Holidays! Please note my new email address, lcohen362@gmail.com to RSVP.

Dinner Club will meet on **Tuesday, December 16 at 5:30 pm** at Frugatti's, 8109 Brimhall Road. Please RSVP by Monday, December 15.

In January we will meet on **Tuesday, January 20 at 5:30 pm** at Blue Elephant, 8200 Stockdale Highway. Please RSVP by Monday, January 19.

Fiber Arts	Carla Stanley	(428-1517, searosas53@hotmail.com)
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Our meetings are on **Wednesday mornings at 10 am** at Panera Bread at 4108 California Ave. We will be meeting December 24 and December 31. We work on individual projects and items for donation. While we do a lot of knitting and crocheting, we also welcome members who like to cross-stitch, needlepoint, embroider, or do any portable handcrafting. For those who would like to learn to knit and crochet, we can help with the basics. We also welcome anyone just to have a cup of coffee and visit. Please feel free to give me a call (or text or email) if you want to confirm we will be meeting.

Fun & Games	Carole & Bob Guillory	(665-2148, bcguillory@sbcglobal.net)
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Wednesdays, December 3 & January 7 will be our next Fun and Game Days. We will meet at the Round Table Pizza in the small party room. The address is 4200 Gosford Road. Our no-host lunch will be at **noon** with the fun and games beginning at **1 pm**. Don't forget we are always interested in learning new games so, bring your favorite one or join in on our Mexican Train, Mah Jongg and Phase 10 games.

Lunch Bunch	Nancy Hine	(619-7539, smilenhine@hotmail.com)
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On **December 10, the second Wednesday at 11 am**, Lunch Bunch will meet at RUBEN'S MEXICAN RESTAURANT, 2701 Calloway Dr, 93312. in the NW plaza at Rosedale Hwy & Calloway. Ruben's is only three doors north of Rosedale Hwy in the western-most set of buildings. (Between Ryan Chiropractic and Rosedale Dental Studio.) They do set up with salsa and chips, but the best freebie is their home-made bean dip. I could eat that like soup! Reserve your spot with Nancy by December 9.

On **January 14, the second Wednesday at 11 am**, Lunch Bunch will meet at OCHA THAI RESTAURANT, 2501 White Lane, in the SW corner plaza of Hughes & White Lane. From the outside, it looks like a small dive, but it's much nicer inside. The food choices are fantastic. Menu can be seen at www.ochathairestaurantca.com. I am looking forward to their Shrimp Pad Thai. Reserve your spot with Nancy by Tuesday, January 13.

Readers Group	Kathy Wagner	(805-8767, Jonwag49@earthlink.net)
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The Readers' Group will meet on **Wednesday, December 17 at 2 pm** at 9503 Bloomsbury Ct., to discuss *Buckeye* by Patrick Ryan. The phone number is 428-1517. For further information about this Group, please call Kathy Wagner. Beginning in 2026, the Readers' Group will meet on **Wednesday, January 21 at 2 pm** at 8209 Hastings St., to discuss *Slow Horses* by Mick Herron. The phone number is 529-8504.

Share & Care	Jane Decker David Hess	(477-4149, janedecker@att.net) (663-0198, dmhess88@yahoo.com)
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There will be no "Share and Care" for the month of December. The next meeting will be on **Tuesday, January 20 at 1 pm**. Location: Ivy Park at Seven Oaks, 4301 Buena Vista Blvd. As you enter, please check in at the front desk. Take the elevator to the 2nd floor, make 2 right turns to the games room.

DECEMBER 2025						
S	M	T	W	T	F	S
	1	2 Holiday Lunch Reservations Due Crafty Paper Arts 1:30p CSUB Music 7:30p	3 Fiber Arts 10a Fun & Games 1p	4 Board Meeting 1:30p	5	6
7 CSUB Music 3p	8	9	10 Fiber Arts 10a Lunch Bunch 11a	11	12 Holiday Lunch 11:30a	13 Rose Garden 8:30a
14 Hanukkah Begins Duke's Concert 4p	15	16 Dinner Club 5:30p	17 Fiber Arts 10 Readers 2p	18	19	20
21 CSUB Music 3p	22 Well Repository 9a	23	24 Christmas Eve Fiber Arts 10a	25 Christmas	26 Kwanzaa begins	27
28	29	30	31 New Year's Eve Fiber Arts 10a			
JANUARY 2026						
				1 New Year's Day	2	3
4	5	6	7 Fiber Arts 10a Fun & Games 1p	8 General Meeting 2p	9	10 Rose Garden 8:30a
11	12	13 Crafty Paper Arts 1:30p	14 Fiber Arts 10 Lunch Bunch 11a	15 Bulletin Deadline	16	17
18	19 Martin L. King Jr (campus closed)	20 Share & Care 1p Dinner Club 5:30p	21 Fiber Arts 10a Readers 2p	22	23	24
25 Duke's Concert 4p	26 Convo w/ Prof 2p	27	28 Fiber Arts 10a	29	31	31

Fred & Beverly Dukes Memorial Concert Series at 1st Congregational Church on **Sundays at 4 pm.**
5 Real Rd. (<https://fccbakersfield-ucc.org/dukes-concert>)

- **December 14** – Tony Rinaldi & Joe White -Christmas Favorites & Sing-Along
- **January 25** – Herb Mallory & Friends - Soul – Rhythm & Blues



60+ CLUB
CSU BAKERSFIELD

HOLIDAY LUNCHEON

FRIDAY, DECEMBER 12, 2025
STOCKDALE COUNTRY CLUB, 7001 STOCKDALE HWY
SOCIAL GATHERING: 11:30 AM
LUNCH: 12:00 PM



Join us to share your holiday spirit with friends.
Please bring your **non-perishable food and hygiene items** to stock
the **CSUB Food Pantry**.

MAKE RESERVATIONS WITH JANE DECKER BY TUESDAY, DEC 2nd BY EMAIL, TEXT, OR PHONE
(janedecker@att.net; Phone: 661-477-4149)

- Checks payable to **CSUB Foundation**; in MEMO line: **60+ Holiday Luncheon**.
- Mail your check and food selection within **2 days** of notifying Jane Decker to:

**60+ Club: CSUB University Advancement: Mail Stop 19AW. 9001 Stockdale Hwy, Bakersfield
CA 93311**

There will be no refunds!

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Name(s) _____

Phone _____

Entrées include iced tea – lemonade – coffee – rolls and butter – dessert.
Each entrée is \$40.

Please indicate your entrée, quantity, and payment total.

Chicken Piccata _____

Short Ribs _____

Vegetarian – Mushroom Ravioli Primavera _____

Payment Total _____