

1986 1987 1988  
1989 1991 1990  
1992 1993  
1994 1996

THE 2004 - 2006  
**BIENNIAL REPORT**  
OF THE CSUB 60+ CLUB

1997 1998  
2000 2001 2002  
2003 2004 2005  
2006 2005

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*The 2004-2006*  
*Biennial Report*  
*of the CSUB 60+ Club*

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# *60+ Club*

## *The 2004-2006*

### *Biennial Report*

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*Editor*  
*Jacqueline K. Hultquist*

*Design*  
*Micki Reichle, CSUB Reprographics Center*

## The Philosophy of the 60+ Club



The 60+ Club is a partnership between the University and the community of retired persons.

It is an activity of the California State University, Bakersfield Alumni Association and is in accord with the by-laws of that association.



The retired community is made up of persons from all walks of life who are concerned citizens, active, curious, and with the time to pursue life-long learning.

The 60+ Club is a **member-motivated** and **member-governed** organization.

Its purpose is to provide personal enrichment, educational opportunities, volunteer challenges and social activities in a campus environment utilizing the resources of the University and the experience of its members.



*al Meetings*



*General Meetings Gen*



*etings General*

## *60+ Club Officers, 2004-2005*

President ..... AN Chamberlin  
Vice-President, Programs ..... Bob Waite  
Vice President, Membership.. Wayne Chapman  
Secretary ..... Irene Heath  
Treasurer ..... Nancy Cook

### *Board of Directors*

Ann Otto; Joan Schorr (1 year)  
Marilyn Bell; Margaret Southwick (2 Years)

### *Ex Officio*

Coordinator, Action Network: Doris Dermody  
Coordinator, Interest Groups: Ann Otto  
Policy: Roger Clark  
Special Events/Fellowship, Evelyn Glines  
Parliamentarian: Perri Stinson  
Director of Alumni Relations: Jill Slaby





## *60+ Club Officers, 2005-2006*

President.....AN Chamberlin  
 Vice President, Programs.....Bob Waite  
 Vice President, Membership..Wayne Chapman  
 Secretary .....Irene Heath  
 Treasurer.....Nancy Cook

### *Board of Directors*

Doris Dermody; Jeanne Van Holten, 2 years  
 Marilyn Bell; Margaret Southwick, 1 year

### *Ex Officio*

Coordinator, Action Network: Doris Dermody  
 Coordinator, Interest Groups: Vacant  
 Policy, Roger Clark  
 Special Events/ Fellowship, Evelyn Glines  
 Parliamentarian: Perri Stinson  
 Director of Alumni Relations: Shannon Hill





## *President: AN Chamberlin*

When I was first elected President, I was told that it was the easiest job I would ever have! Since I had some ideas in mind, I really doubted that, but I certainly didn't anticipate the problems which would ensue. I started a Greeters Program to help get members acquainted with the officers and vice-versa. I also started having people meet the person sitting next to them at general meetings in an effort to help people get to know each other. Things were going along fine until it was suggested that 60+ become part of the OSHER Long Life Learning Institute. Now, OSHER is a wonderful program and would be an asset to CSUB, but it would mean losing 60+ as it is known today. I made the decision that the membership needed to vote on this issue, and much of the year was spent in turmoil. The final vote was to keep 60+ as a viable group that would support the OSHER program as an addition to CSUB's other programs. And so the year ended.

My second term started off slowly as the membership was down from the turmoil of the past year, but enthusiasm was great. Shannon Hill was aboard as Director of Alumni Relations and as liaison to the 60+ Club. New groups were started. Out and About and the Cracker Barrel both were well received and wonderful additions to our offerings. Several new members took on positions of leadership, and the year went well. We also have a new fight song thanks to Wendall Kinney. We had an excellent Retirement Seminar, due to the dedicated work of members of the committee. With a name like Positive Retirement, what would you expect? As always the Brockmeyers were able to pull together a wonderful Elder College for which we are most grateful.

One sad event in the year—our Vice President Bob Waite became ill and was unable to complete his duties as Program Chair, but as always members stepped in with suggestions, and we were able to complete the year with some wonderful speakers. To end on a positive note, the nominees for officers for next year are excellent, and I think we have another great year coming up. And...don't forget our Motto:

*If it aint fun, don't do it, but if you have to do it...make it fun!*



# *General Meeting Programs*

*First Vice President Bob Waite*

Our year begins in September with the annual Explore 60+ Possibilities Day when current and prospective members gather to learn of the many opportunities our club affords for personal growth, enjoyment and service to CSUB. Our speaker for both years of this biennial was Dr. Horace Mitchell, President of CSUB.

## **2004-2005**

September	Possibilities Day, September 9
October	Voting Smart! Jill England, Jerry Ludeke
November	CSUB Extended University, Mark Evans
December	Holiday Luncheon & Caroling
January	Going to Space: Kelvin Mickey, Scaled Composites of Mojave
February	American Red Cross Tsunami & Beyond, Director Sandy Dralle, & CEO Richard Temple
March	OSHER Lifelong Learning Institute: OLLI at CSUB
April	Miles Muzio Brings Us the Weather
June	Luncheon & Installation of Officers/Directors

## **2005-2006**

September	Possibilities Day, September 8
October	The League of Women Voters, Jill England
November	Considering the Election Results
December	Holiday Luncheon and Music
January	New Senior Medical Programs, Paul Anderson, WA Consulting
February	Radio Station FM 89, Kern, Mariam Stepanian
March	Chuck Wall, Creative Random Acts of Kindness
April	Audrey Cochran, RN, Health Matters
May	60+ Club 20th Anniversary Celebration
June	Luncheon & Installation of Officers/Directors

# *Membership*

## *Second Vice President Wayne Chapman*

We started out the year with 408 members—we'd achieved our goal of 400 members. However, in September after a very successful Possibilities Day with 96 members and 12 guests attending, our membership dropped in October to 316 members. After sending a letter to non-renewals, by December we had grown to 334 and with slow growth continued until April of 2005 to 353 members. Attendance at the monthly meetings averaged 80 members and participation in our several activities remained high. By September the 2005 scholastic year appeared to be off to a healthy start.

We had an interesting year in 2005. Early in the year we were asked to sponsor the OSHER Olli program. After much discussion and investigation, the board decided to let the members vote on the proposal. The membership voted to turn down the proposal as it did not fit our profile. We did agree to support the Lifelong Learning classes if CSUB decided to sponsor the program.

We had some very interesting meetings during 2005, such as information about the first space flight from Mojave. We also had a very successful Retirement Seminar in March. Chuck Wall's "do one act of random kindness each day" had much appeal, and a very interesting talk on elderly care and rights proved helpful. Our membership continued its slow growth to end with 356 members in June. Some new programs were added: Around the Cracker Barrel. Out and About was revived. Long-time Rose Garden caretakers, the Krauterts retired, with a new crew assuming the responsibility. The Lindsays moved north, and their Classic Movies was taken over by Mary Jane Weerts.

As we start a new era of continued growth with CSUB, we hope our membership will continue to grow, and new programs may be added by a very active group of seniors.

## *Finance*

### *Nancy Cook, Treasurer*

All funds are maintained by the California State University, Foundation and are audited annually. Reports of financial operations are submitted monthly to the University Advancement Offices. Shannon Hill, Director of Alumni Relations, and Marilee Roberts, Administrative Support Assistant are extremely helpful in maintaining the financial integrity of the 60+ Club. They collect money and bills which are submitted in categories to the Foundation. Shannon Hill also assists the Budget committees in preparing annual projected budgets. The treasurer accounts for funds received and disbursed, gives monthly reports to the Board of Directors. As chair of the Budget committee, the treasurer helps prepare annual projected budgets which are submitted to the Board of Directors for approval.

The annual membership dues are \$40.00 (individual) and \$80.00 (couple).

#### Fiscal Status 2004-2006

Beginning Balance, 6/30/04 .....	\$15,763.64
Elder College .....	\$ 9,521.67
Available Funds .....	\$ 6,514.97
Beginning Balance, 6/30/05 .....	\$11,033.71
Elder College .....	\$ 8,800.12
Available Funds .....	\$ 2,233.59
Beginning Balance, 4/30/06 .....	\$ 9,699.00
Elder College .....	\$ 7,944.67
Available Funds .....	\$ 1,755.00



*Nancy Cook ponders  
60+ budget.*

*Policy*  
*Roger Clark, Chair*  
*2004-2006*

Only one subject presented itself for consideration during the 2005-2006 year. There was some concern relative to those who were qualified to vote at the Board meetings. The present policy stated in the Management Handbook is: "Business of the Board of Directors of the 60+ Club may be conducted by a majority vote of the Board members in attendance at each meeting, provided that all members of the Board of Directors have been duly notified of the meeting."

"The Board of Directors shall consist of:

- The five elected officers: president, first vice-president, second vice-president, secretary, treasurer;
- four directors elected from the membership at large;
- the ex-officio chairs of the Special Events/Fellowship Committee;
- the chair of the Policy Committee;
- the chair of the Action Network;
- Coordinator of interest groups;
- the immediate past president;
- the director of Alumni Relations."

The matter of adding to those voted on those who would be functioning as Team Representatives of the Action Network and Chairs of the Interest Groups. A committee was appointed to evaluate this proposal, but no recommendation was made by this committee, and hence no Board action was taken.



## *Parliamentarian*

### *Perri Stinson*

The year of 2004-2005 was a nightmare for the Parliamentarian. The OLLIE problem (discussed in another section of this report) was the primary topic of conversation at most of the Board Meetings; therefore, parliamentary procedure was difficult to maintain. We stumbled through. The problem was primarily solved by the end of the academic year, and the 2005-2006 year returned to normalcy. Parliamentary law at Board Meetings, by and large, was adhered to during this year.

There were a few issues which came up that are related to both parliamentary law and policy. The issue of extending voting rights to include the chairs of the various action network and interest groups was discussed. Late in the academic year, the President, AN Chamberlin, appointed a committee to look into this matter and other changes to the Management Handbook. This committee met at least twice, but never reached any conclusions. The issue still is pending.

The Board voted to acquire a gavel and asked Perri Stinson to take care of the details. The gavel was obtained and engraved (The CSUB 60+ Club) and presented to the president. Subsequently it was passed on to the new president, Margaret Southwick.



*President AN*

*CSUB Director of Alumni Relations*  
*60+ Club Liaison*  
*Shannon Hill*

There have been a lot of changes for the 60+ Club over the past two years—not the least of which was the great loss of Jill Slaby as the director of alumni relations (August 2005). After nine years, she has left behind many friends and the highest standards—I hope to be able to fill her shoes! Luckily, I have been taking your pictures and volunteering for the alumni office, and know all of the great fun you have and the hard work you do.

Another change in the past two years was the arrival of Dr. Horace Mitchell as CSUB's new president, replacing Dr. Thomas Arciniega. In the summer of 2004, Dr. Mitchell brought a new vision for the campus, and showed his support of the 60+ Club by making Possibilities Day 2004 one of his first public appearances. He continues to attend programs and demonstrates how much the university values 60+.

The past year I have been with 60+ has been full of activity. In addition to your regular programs, 60+ has renewed the Out and About interest group, developed a working relationship with OLLI, and celebrated its 20th Anniversary! I enjoyed the 20th Anniversary Celebration especially because I learned so much about the rich history of the 60+ Club from the speakers.

Our campus faculty, staff and students have all benefited from the activities of the 60+ Club, and we are grateful for your support and devotion to serving the campus and community. Without you, there would be mounds of unorganized rocks; overgrown rose bushes; confused people at commencements, plays and the Jazz Festival; unwrapped silver; 'untimed' athletes, and countless added worries and costs to the university. As CSUB continues this new growth spurt of the past two years, we welcome 60+ members to come grow with us.

Here's to another 20 years together!

*60+ Club Committees  
& Special Role Players*

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## *Awards & Recognition*

### *Roger Clark, Chair*

The Awards and Recognition committee continued to record the many volunteer hours our members devoted to their projects. The use of blue, red, and gold stars on name tags to indicate the extent of time devoted to volunteering has worked well.

There was no honoree this biennium for the E. David Cooke award, however we approved two awards of appreciation. One was the presentation of a sundial on a pedestal and placed in the Stiern Rose Garden directed to Fred and Mary Krauter for their long and dedicated work in the development and maintenance of the Garden. The other was a lifetime membership in the 60+ Club for Beryl Stotts for her dedicated time and advice for the Club over many years.

Those attaining higher volunteer standing for this biennium:

### **2004-2005 Volunteer Hour Awards**

#### **100 Hours Club • New Member**

Adele Davis..... 120.00

#### **100 Hour Club • Repeating**

John Baker..... 180.50

Doris Dermody..... 137.50

June Ennis..... 111.50

Nella Warren..... 131.75

Francis Williams..... 193.25

#### **500 Hour Club • New Member**

Roger Clark..... 503.75

#### **1000 Hour Club • New Members**

June Ennis..... 1099.50

Nella Warren..... 1011.50

#### **2000 Hour Club • New Member**

Frances Williams ..... 2042.50

## *Awards & Recognition* (con't)

### **2005-2006 Volunteer Hour Awards**

#### **100 Hours • New: None**

#### **100 Hours • Repeating**

John Baker.....	153.75
Adele Davis .....	130.00
Doris Dermody .....	103.00
Frances Williams.....	176.00

#### **500 Hours • New Member**

Dorothy Chapman .....	502.00
Mary Goldman.....	536.75
Betty Taylor .....	504.00

#### **1000 Hours • None**

#### **2000 Hours • New Member**

John Baker.....	2144.25
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All CSUB 60+ Club Action Network volunteers were listed or will be listed in the October Bulletin for the appropriate year. Those listed for volunteer awards in 2004-2005 were honored at Possibilities Day in September, 2004. Those cited for awards in 2005-2006 will be honored at Possibilities Day in September, 2006.

**2004-2005:** 97 Volunteers provided 2527.25 hours

**2005-2006:** 130 Volunteers provided 2576.25 hours



## *Special Events and Fellowship*

### *Evelyn Glines, Chair, 2004-2006*

The Special Events and Fellowship Committee was established in 1994 to identify one person responsible for promoting the purposes inherent in the committee's title. Hosting and coordinating tasks for this chair have been the following: Possibilities Day in September, the annual Holiday Luncheon in December and the Installation Luncheon in June. The 20th Anniversary of CSUB 60+ was celebrated in May 2006 —and this Chair was part of that celebration.

Possibilities Day in September has continued each year to be a very successful day for the Club. The meeting is planned in the summer and the Publicity Chair provides information to the various media in the community. Committee members arrive early, fly banners at their tables, stand ready to explain the purpose of each activity, and encourage participation in each as well as volunteering service to CSUB activities. Visiting old friends and meeting new ones is a pleasure.

The annual December Holiday Luncheon is held in the Stockdale Room, which is decorated for the season in a festive air. This Chair meets previously with the Cafeteria Manager to plan a delicious traditional holiday meal. A special program is arranged by our Vice President. The event is a lovely beginning to the holiday season.

The Installation Luncheon in June has been held in the Stockdale Room also. A planning meeting is set with the Cafeteria Manager to plan the menu for this luncheon, always a delicious buffet. The round table with pastel table cloths and napkins creat a lovely setting with roses from the CSUB rose garden. Following lunch, installation of the new officers occurs.

The 60+ Club's 20th Anniversary celebration May 11 called for assistance from this Chair for arrangements and refreshments. The cake was beautiful with a large reproduction of our 60+ logo in the center with appropriate blue and yellow icing on a white background.

This has been a busy and rewarding period!

## *Historian*

*Patricia Cox*

Our collection continues to grow. According to the 2002-2004 Biennial Report, we had five albums of pictures and news clippings, and fifteen binders of other printed material. We now have six full albums of pictures and news clippings and seventeen binders.

Old and new pictures and news clippings arrive each month from CSUB 60+ Club members and/or The Alumni Office staff. I regret to say that I have not caught up with inserting all of the old pictures into the six albums we now have filled. This project usually requires taking the albums apart and inserting more pages which I hope to tackle this summer. This summer I also will put our 2004-2006 pictures into a seventh scrapbook after they have been used in our CSUB 60+ Club Biennial Report.

In the monthly *Historian* report for the Bulletins I have reminded our members of our need for pictures more times than they want to hear, I am sure. I also usually try to include a "History Bit" which is a short summary of some past occurrence.

One or two of our photo albums usually are on display at our general meetings, and I continue to invite you to stop by the table and look. If you would like to help with identification of any member that is not already labeled, your help will be greatly appreciated.

The highlight of these past two years had to have been our 20th Anniversary. Didn't Art Johnson do a magnificent job as master of ceremonies? Jacqueline Hultquist did a wonderful job as committee chair for the event. I'm not going to mention any other names, as I'd be sure to leave someone off that list.

I wish to thank any one who has contributed to our collection in any way. This historic collection is possible only with your contributions of pictures, news clippings, past 60+ Club records and memories.



## *Publicity*

### *Camille Gavin, 2005-2006*

We were fortunate this year to have numerous articles and calendar listings published in several local newspapers. This coverage was generated by personal contact and by press releases to nine newspapers in Bakersfield and the surrounding area, including Taft, Shafter, Delano, and Ridgecrest. Public service announcements were sent to all TV stations and several radio stations in Bakersfield, as well as KVPR, the Public Broadcasting station based in Fresno.

Two different columnists for *The Bakersfield Californian* provided excellent coverage in their columns. Judy Clausen (Vintage Years columnist) wrote about “Possibilities Day,” the “Retirement Seminar,” and Audrey Cochran’s appearance as guest speaker at our April general meeting. Joan Swenson, gardening columnist, wrote about the annual pruning of the Walter Stern Memorial Rose Garden in two successive columns. I am grateful to Jacqueline Hultquist who wrote a fine article about our 20th anniversary party, which *The Californian* published with her byline.

Also, Wendall Kinney and his “Sing-A-Long” group, were featured on Vivian Tucker’s “Tales of the Golden Empire,” a segment of the KGET-TV Channel 17 News at 5 p.m.

Getting publicity continues to be challenging, but I feel it is worth the effort. Even the tiniest mention, such as a calendar listing, helps to put the 60+ Club in the public eye.

In carrying out my duties as publicity chair, I have contributed this year (from August 2005 through June 2006) a total of 31 hours.



## *The Bulletin of the 60+ Club*

### *Jacqueline Hultquist, Editor*

The major means for communicating with all 60+ Club members is a newsletter, **The Bulletin**. This monthly publication provides a guide as to what has transpired and what is scheduled for the Club. Eight issues are published from September through June, December/January and May/June being combined. Programs for the General Meetings and planned activities of Action Network Teams and Interest Groups comprise the major content of the issues.

Timely material is sent to the Editor who formats The Bulletin at home and presents it for review by the Alumni Office staff which sends it to the CSUB Reprographics Office for printing. Once the Bulletin is printed, Short Term Project members prepare it in the Alumni Office for mailing.

## *Sunshine Committee*

### *Myrtle Bestvater, Chair*

This committee was formed in 2001-02. Since we are a senior group—and one that has more health problems, there obviously is a need to recognize occasional personal problems which could use some sunshine shown upon them. The cooperation of our members is necessary to alert this committee chair when there's need to send a message to lift another's spirit.

Now with a membership of almost 400, it is impossible for all to be aware of serious health problems or the death of a member. To the best of my knowledge, this 2004-2006 biennial has brought the loss of 17 members as shown by the "In Memoriam" portion of this report. Unfortunately as the CSUB 60+ Club ages, so do the ages of its members...and consequently so will the number of members to be memorialized.

# *In Memoriam*

2004-2005

*Beverly Dukes*

*Fred Dukes*

*Mila N. de Laveaga*

*Helen Marshall*

*Betty Jo Perdue*

*Millie Vanderweg*

2005-2006

*George Tom Akers*

*Homer Campbell Chaney*

*Mary Florence Krauter*

*Merle Cross Milford*

*Ann Otto*

*Lydia H. Rhea*

*Edwin Humes Stinemeyer*

*Ida Mae Linsley*

*Lorraine Louise West*

*Barbara A. Carrol Wetteroth*

*Alyce Dorothy Willis*



# *Elder College*

*A week of learning, fellowship, and enjoyment*

*Harvey & Laura Brockmeyer, Directors*

The Elder College Committee was comprised of the same committee for both years, 2004 and 2005: Harvey & Laura Brockmeyer, Directors; Tom & Anita Albright, Ed Carpenter, AN Chamberlin, Lois Chaney, Milt & Rosemary Clift, Nancy Cook, June Ennis, Art Johnson, and Perri Stinson.

Continuing a yearly practice of structured learning, **Elder College 2004** met October 18-22, 2004 offering these courses:

**“New Promise or False Hope Biomedical Technologies Today and Tomorrow”**

Dr. Jacqueline Kegley, Professor of Philosophy, CSUB

**“What So Proudly We Hail—a Panorama of American Music”**

Dr. Jerome Kleinsasser, Professor of Music, CSUB

**“Livable Communities—Progress or Stagnation”** Presented by Pauline Larwood, Executive Director, and members of the Smart Growth Coalition of Kern County.

The field trip was associated with this course.

The 12th **Elder College** was held October 24-28, 2005 and was another success with 45 participants who pursued these courses:

**“The World We Are Making: Technology & Human Values”**

Dr. Jacqueline Kegley, Professor of Philosophy, CSUB

**“Democracy: The Disparity Between Theory and Practice”**

Dr. Michael Ault, Associate Professor, Political Science Department, CSUB

**“More Than You Can See: Looking at Art”**

Lois Chaney, retired Advance Placement Art History Teacher

Jeanette Richardson, Executive

Director, Arts Council of Kern

The field trip visited several local galleries with docent guides.

*Harvey & Laura Brockmeyer,  
Elder College Directors*



# *Retirement Management Seminar*

*Perri Stinson*

The 2005-2006 year seminar was one of the best Retirement Management Seminars that our CSUB 60+ Club has sponsored. The committee members were: Ken Ishida, Roger Clark, Marilyn Bell, Pat Cox, Perri Stinson, George Manolakas, and AN Chamberlin, Chair.

The Seminar was held on Saturday, March 11, 2006 from 8:00-1:00 in the Classroom Office Building, Room 153, in the Business Development Center. It was well attended, and the audience was very responsive. This theme the year was "Positive Retirement."

The speakers and their topics of discussion were:

George Manolakas: "When Death and Wealth Collide:  
Living Trusts, Wills, Estate Planning...and more"

Judy Fritch: "Exercise for Daily Living"

Bruce Jones: "Making End of Life Choices"

Steve Bacon: "The Poser of Positive Psychology"

Gigi Nordquist: "Sex after Sixty: Love and Romance for  
Sexygenarians"

Each attendee filled out an evaluation sheet. Each speaker and his presentation was rated very highly (4,5,3 on a scale of 1-5). The seminar was deemed a huge success!

(The 2004-2005 Retirement Seminar was cancelled due to lack of time and resources.)



# *ALIROW*

## *Bob Waite 2004-2006*

The Association of Learning in Retirement Organizations in the West (ALIROW) is the umbrella association of active Learning in Retirement affiliates on campuses of sponsoring universities and colleges in the Western States. ALIROW was organized in 1984 and was the first umbrella organization to support university level self-directed learning programs. All officers serves as volunteers, and there is no paid staff. There currently are 37 member affiliates divided into 5 regions scattered throughout California, Oregon, Washington, Nevada, Arizona, and British Columbia in Canada. Sixty Plus is a member because it gives an opportunity to share what 60+ is doing and to learn from the activities and programs of the other affiliates.

In the spring of 2004, Bob Waite and Doris Dermody attended the Regional Worksop in Stockton, CA. Regional Workshop Roundtable discussion topic examples were: Trips and Excursions, Finding Presenters, Leadership Development, and sample programs such as Senior Fitness, Downsizing and Antiques, Genealogy, and Toastmaster.

Each January there is an ALIROW Council meeting with representatives from each affiliate attending—one held in the southern part of the state and the other, north. As Vice President, Bob Waite in 2005 again served as our representative to the association. ALIROW recently celebrated 20 years of existence. Over that period of time, the CSUB 60+ Club has had two members who have served as president of ALIROW: E. David Cooke and Laura Brockmeyer. She served two terms.

# The 60+ Club *Celebrates* 20 Years

May 11, 2006

Art Johnson, Presiding

## *Mayor's Proclamation*

presented by

W. Michael Chertok

Vice President, University Advancement

## *Voices from CSUB*

Dr. Horace Mitchell, President

Dr. Fred Dorer, Vice President Emeritus

Dr. Ken Ishida, CSUB Faculty Liaison

Shannon Hill, Alumni Relations Director

## *A Voice in the Beginning*

Sunny Scofield

## *1986 Founding Members / Organizing Committee*

Judy Clausen

Charles Jones

Dr. E David Cooke

Tara Hagen

Dr. Roy Dull

Ralph Nowlen

Liela Findley

Sunny Scofield

Tom Jarvis

Lorraine West

## *Charter Members Present*

(Please rise for recognition)

## *60+ Club Presidents*

Charles Jones (1986-1987)\*

Florence Gholz (1996-1998)

David Cooke (1987-1989)\*

Mary Jo Kasselmann (1998-2000)

Tom Jarvis (1989-1990)\*

Tom Albright (2000-2002)

Laura Brockmeyer (1990-1992)

Perri Stinson (2002-2004)

Fred Dukes (1992-1994)\*

AN Chamberlin (2004-2006)

Roger Clark (1994-1996)

\*deceased

## *Singing of the 60+ Club Fight Song*

Wendell Kinney, Musician

## *60+ is Twenty !*

The march of years has moved on to May 11, 2006, and paused to observe a celebration of the California State University, Bakersfield's 60+ Club's 20th anniversary. Gathering in the Stockdale room on the CSUB campus, 60+ Club members (new and old) shared memories and forged new ones as well as enjoying the Anniversary Cake and punch. Tables decorated with roses from the Stiern Rose Garden reminded members of the loving care expended through the years by member-volunteers who were motivated to tend the garden by Mary and Fred Krauter.

Providing personably over the celebration was long-time member Art Johnson. A Voice from the Bakersfield Community came via Mayor Harvey Hall's Proclamation of May 11 as 60+ Club Day in the city. Voices from CSUB were heard from University President Howard Mitchell and from Vice President for University Advancement W. Michael Cherok. Dr. Fred Dorer, Vice President Emeritus, reflected upon the initial period of the 60+ Club and his involvement. Shannon Hill, CSUB Director of Alumni Relations, noted the relationship of the 60+ Club to the Alumni Association. She also presented written remarks sent by Jill Slaby, former Director of Alumni Relations and our liaison with the Association for nine years.

A Voice from the Past and the beginning of the Club came in the form of a written message from Sunny Scofield, the lone remaining member of the Founding Group. Medical reasons prevented her from being present. The 1986 Founding Members were Judy Clausen, Dr. E. David Cooke, Dr. Roy Dull, Lela Findley, Tom Jarvis, Charles Jones, Tara Hagen, Ralph Nowlen, Sunny Scofield, and Lorraine West. Charter members of the Club were requested to stand for recognition. A goodly number were present.

Presidents from the last ten years were presented to reflect briefly upon her/his term of office. Those present were Laura Brockmeyer (1990-92), Roger Clark (1994-1996), Mary Jo Kasselmann (1998-2000), Tom Albright (2000-2002), Perri Stinson (2002-2004), and

## *60+ is Twenty* (con't)

AN Chamberlin (2004-2006). Florence Gholz (1996-1998) could not be present, but sent a written message. Charles Jones (1986-87), David Cooke (1987-89), and Fred Dukes (1992-94) are deceased.

The program concluded with singing of the Club's "Fight Song" composed by and accompanied by Wendall Kinney.

And now...

We stand on the edge of the Third Decade of the CSUB 60+ Club!

(20th anniversary Committee: Marilyn Bell, AN Chamberlin, Pat Cox, Camille Gavin, Evelyn Glines, Shannon Hill, Judy Miller, and Jacqueline Hultquist, Chair.)



*Anniversary Committee*

## *Highlights of Two Decades*

- 1986-1987** Beginning with 185 charter members
- 1988-1989** Thirty 60+ Club 'students' in CSUB computer classes over three quarters  
The infamous Nuts & Bolts Alumni campaign mailing!
- 1989-1990** Nearly 300 members  
New curator at Well Sample Repository (Russ Robinson)  
Exploring Kern County trips to Rankin Ranch and Red Rock Canyon  
60+ Club hosts Elderhostel session  
ITV Committee is developed and debuts programs
- 1990-1991** Second Elderhostel held, drawing from as far as New Hampshire  
Camp Shakespeare at Cedar City, Utah with 22 members attending  
First gathering of Brunch/Lunch Bunch (now the Diners Club)
- 1991-1992** Held a 'Senior Prom' reminiscent of our high school proms  
New high for volunteer hours on campus – 4,000+ hours  
Christo's "The Umbrellas Joint Project for Japan and USA" drew much involvement of 60+ Club Madigan Gallery volunteers  
Received Beautiful Bakersfield Award in the senior category  
60+ Club founding member David Cooke became president of ALIROW
- 1992-1993** Stiern Memorial Rose Garden activity initiated  
First Retirement Seminar held  
Coffee with the Professor added to Interest Groups
- 1993-1994** 60+ Club selected as showcase university-based program in nationwide study of Learning in Retirement organizations  
Presentation of 60+ Club program by June Stiern, Lorraine West, and Tara Hagen at University of North Carolina national conference of Learning in Retirement organizations  
Membership at all-time high of 339  
Alumni Director Tara Hagen departed CSUB – *not a highlight!*  
The Stiern Project began to develop a profile of Senator Walter W. Stiern  
New Interest Groups started: Exploring Health for Life; Laffs R Us, 60+; Come Along Side Friends; Exploring Our Environment  
The E. David Cooke Award for high personal integrity, extraordinary service and leadership to the organization, dedication to learning, and good humor and civility was presented to Laura Brockmeyer and to Charles Jones
- 1994-1995** First Elder College sponsored by the 60+ Club held on CSUB campus  
New Alumni Relations Director, Delani McMillin named and became 60+ Club liaison to CSUB
- 1994-1995** ITV Committee ceased midyear because of CSUB budget problems  
The E. David Cooke Award was presented to Lorraine West
- 1994-1995** Laura Brockmeyer elected president of ALIROW at its biennial conference at the University of Nevada, Las Vegas



- 1995-1996** The 60+ Club observed its Tenth Anniversary  
Presentation to CSUB for the Stiern Rose Garden – a bench and shelter and two plaques (one in honor of CSUB's 25<sup>th</sup> Anniversary and one observing the Club's 10<sup>th</sup> Anniversary)
- 1996-1998** Recognition from the CSUB Student Body Campus Choice Award for "Outstanding Campus Support"  
Preparation of job descriptions to identify further Board assignments and responsibilities  
Construction of an events calendar for Board use throughout the year
- 1998-2000** Growth in membership to about 386  
The 60+ Bulletin, edited by Jacqueline Hultquist, serves as an important part of the web that holds the group together and is a vital part of membership retention  
Bus trips to Picasso and Van Gogh exhibits, wine tasting in Central California, and Whiskey Flat Days in Eastern Kern County  
Attendance at annual Retirement Seminar, spearheaded by Perri Stinson, reached nearly 100 at the last two seminars  
Elder College has been a sellout since Harvey and Laura Brockmeyer started it in 1996  
March 3, 2000, saw the culmination of five years of study and research by Art Johnson with the Walter W. Stiern Papers Collection presented to the CSUB Stiern Library
- 2000-2002** Membership increase to almost 400 members  
The creation of two new positions (Historian and Sunshine Chairman)  
The creation of three new Interest Groups (One-Day Bus Trips, Reading Shakespeare Aloud, and Mah Jongg)  
A monetary agreement was negotiated with the Bakersfield Community House to use their facilities for some of our Interest Groups  
The E. David Cooke Award was presented to Art Johnson in 2000  
The E. David Cook Award was presented to Jacqueline Hultquist in 2001
- 2002-2004** Our yearly "Elder College" which is spearheaded by Laura and Harvey Brockmeyer  
The addition of new interest activities; The Seniors Philosophers Circle chaired by Phyllis Simms, Writing for Pleasure under the leadership of Adele Rylands, the continuation of the Historian's (Pat Cox) project Association with the Alumni Board
- 2004-2006** Start of Greeters' Program and Meet the Person Sitting Next to You at general meetings  
Membership voted to keep 60+ as a viable group that would support the OSHER program as an addition to CSUB's other programs  
Alumni Director and CSUB Liaison Jill Slaby left CSUB after eight years and is replaced by Shannon Hill  
Two new Interest Groups were added (Out and About and Around the Cracker Barrel)  
Wendall Kinney's writing of "The 60+ Fight Song"  
Elder College and The Retirement Seminar were both successful

Sources prior to 1995: Previous 60+ Club Annual Reports

Sources after 1995: Previous 60+ Club Biennial Reports and 1998-2006 Presidents' input

## *An Anniversary Greeting from Former Alumni Director, Jill Slaby*

May 11, 2006

Dear 60+ Club Members:

Congratulations on your milestone accomplishment! It is with great pleasure that I wish you Happy 20th Anniversary! One of the many highlights of my career at CSUB was working with each and every one of you. I have great respect and admiration for the programs and activities of your organization. The social and learning network created by the 60+ Club is unique, and I know brings joy to many seniors in Bakersfield.

I miss the monthly meetings and the opportunities to talk and learn about the individuals who compose the 60+ Club. You have made an impact on my life, and I will be forever grateful for that. I am not sure I miss the struggles over getting the treasurer's report right, but I do miss solving those struggles with Nancy Cook and AN Chamberlin before her!

The great thing about working with the 60+ Club is that we were always able to come to a consensus with solutions that worked. The last two years I was at CSUB, the 60+ Club faced its biggest challenge yet...but you were able to walk away with a renewed commitment to each other and your organization.

I am very proud to have been a part of your group for almost nine years and am sad to be missing this important celebration. I even tried to change jobs in time to attend, but the timing simply didn't work. Please know I am thinking of you and hoping for another fantastic 20 years!

Regards.....Jill Slaby

A decorative graphic of a musical staff with several notes, some of which are integrated into the title text.

# *The* **60+** *Fight Song*

Words: Wendall Kinney

Tune: The Sheik

CSU...We're Here...For You;  
To Help...With What...You Do.  
Doré...The Gym...The Rose;  
The Birds...The Crowds...Who Knows?

Having Fun...We Learn...We Shine;  
We Sing...We Laugh...We Dine.  
Despite the Freeze...The Fry;  
We're Young...Until...We Die.

(2<sup>nd</sup> Half Music, Gilbert & Sullivan style)

We're Not Idle Conversation;  
Nor Afraid of Perspiration;  
Education, Recreation, In This Section of the Nation.  
Sixty Plus'll Cut the Mustard;  
And We're Never, Ever Flustered.  
We're Young...Until...We Die!!

*60+ Club*  
*Action Network*

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# *ACTION NETWORK*

*Doris Dermody, Coordinator*

## What is Action Network?

ACTION = 60+ Member Volunteers who offer assistance at CSUB activities

NETWORK = Volunteers recruited from the general membership of 60+ and join the team(s) of their choice. Each team has a team leader who coordinates the help requested by various campus departments.

And that is what makes ACTION Network.

This special group of Action Network volunteers contributes twice each time its members appear on campus: first, team members provide the hands-on assistance requested; second, the hours contributed help validate the all-important element of community support the University is required to demonstrate when applying for grant support and in seeking funding for capital projects. We have become an integral entity on campus. It has been expressed that our volunteer services are invaluable.

Action Network serves the objectives of the 60+ Club by providing personal enrichment through lifelong learning, social activities, and volunteerism. Its activities are dedicated to serving the needs of the University and the Action Network team members.

During the 2004-2005 year, Action Network consisted of the following teams: Athletics-Team Leader June Ennis; F.A.C.T.-Team Leader, Joan Schorr; Fine Arts, Madigan Gallery-Team Leader, Virginia Cheney; Fine Arts, Performing-Team Coordinator, Mary Goldman with assistants Doris Dermody for Theatre and Adele Davis for Jazz; Short Term Projects—Team Leader, Jacqueline Hultquist; Walter Stiern Memorial Rose Garden-Team Leader, Doris Dermody; Well Sample Repository-Team Leader, Frances Williams. Action Network also provides assistance annually to five CSUB Commencements.



## What is Action Network (con't)

The teams continued to serve the University during the 2005-2006 year with some Team Leader changes. Joan Burgin and Elizabeth Johnstone were Co-Team Leaders for Athletics with Joan leading the Swimming and Wrestling volunteers and Elizabeth leading the Basketball and Volleyball volunteers; Tiese Quinn was Team Leader for F.A.C.T., and Luella Elliot served a portion of the year for the Rose Garden.

### Action Network Volunteers Hours

#### 2004-2005

97 members = 2527.25 hours

This year June Ennis and Nella Warren joined the nine members of the 1000 Hour Club, and Roger Clark entered the 500 Hour Club which then totaled 20 members (5 deceased). One new member, Adele Davis, qualified for the 100 Hour Club. Repeating 100 or more hours of individual service during this year were John Baker, Doris Dermody, June Ennis, Nella Warren, and Frances Williams. These special volunteers were recognized at the 60+ Club Possibilities Day Meeting in September, 2005. Recognition of each of the 97 volunteers who provided service to CSUB was published in the October Bulletin. This year marked a milestone for 60+ Action Network when CSUB President Horace Mitchell presented the first **2000 Hour Award** to Frances Williams (2042.50) on Possibilities Day 2005.

#### 2005-2006

130 members = 2576.25 hours

No one was added to the 11 who have qualified for the 1000+ Hour Club. John Baker (2144.25) joined the 2000+ Hour Club. Joining the fifteen active members of the 500-Hour Club were Dorothy Chapman, Mary Goldman and Betty Taylor. None entered the 100 Hour Club by volunteering that many hours for the year for the first time. Repeating with 100 hours of service in 2005-2006 were John Baker, Adele Davis, Doris Dermody, and Frances Williams. All volunteers are recognized in the October Bulletin.

60+ Club now has the grand total since 1988 of  
**46,138.00** Volunteer Hours of service to CSUB.



## *Athletics*

*June Ennis, chair, 2004-2005*

*Joan Burgin, Elizabeth Johnstone: co-chairs, 2005-2006*

Thirty one 60+ Club volunteers donated 296 hours to the CSUB Athletic Department in 2004-2005. They assisted at 25 sports events held on campus during that year. The Athletic Department appreciates this activity and has invited us to the All-Sports Award Dinner held at the end of the year. The team leader also appreciated the volunteers' quick and positive response to all the calls for help that year.

In 2005-2006 nineteen 60+ Club volunteers 190 hours divided among the four sports on campus. Joan Burgin chair arranged for volunteers for Swimming and Wrestling. Elizabeth Johnstone provided the same type of assistance for Volleyball and Basketball events. Once again all 60+ volunteers who provided assistance to these sports were invited to the yearly CSUB Athletic Department's All-Sports Award dinner and were appropriately acknowledged for their assistance.

## *Facility for Animal Care and Treatment*

*Joan Shorr/Nancy Cook, Team Representatives, 2004-2005*

*Tiese and Bob Quinn, Team Representatives, 2005-2006*

The Facility for Animal Care and Treatment (FACT) is located on a 20-acre environmental study area with 20 acres of surrounding vacant land. The Desert Tortoise Preserve is now sharing part of the adjacent land, and a Cactus Garden has joined the facility. Dr. Ted Murphy, Professor of Biology, started this center. He retired in 2000 and Dr. David Germano, Professor of Biology, became Director of FACT. Marlene Benton, Coordinator, works with Dr. Germano to direct and carry out activities related to education and conservation as well as the treatment and rehabilitation of birds of prey. Birds that cannot survive on their own in the wild after treatment are maintained as permanent residents and participants in the educational programs and are cared for by Dr. Germano, Marlene Benton, students, staff, and volunteers. Cal State Biology Majors have the opportunity to earn coursed credits working with injured animals.

## *Facility for Animal Care and Treatment* (con't)

Volunteers from the 60+ Club host an Open House for visitors of all ages from 1:00-4:00 p.m. the first Saturday of every month beginning in October and continuing through May, with the exception of January, when FACT is closed to the public. The October Open House is a major fundraiser for the facility. A barbeque is held with the facility providing food, and the 60+ volunteers supplying desserts. (Many 60+ members are well known for their desserts and can always be counted on to do their best baking to help FACT attain its funding for the coming year.)

During all Open Houses the volunteers greet visitors and point them in the right direction to start the tour of the facility. Students docents provide tours of the permanent residents in display cages, give visitors a chance to actually touch an owl or other birds, and give information on how birds are rescued and released or maintained. The 60+ volunteers maintain a store selling FACT t-shirts, educational materials, and souvenirs. They also provide scavenger hunt materials to children so they can look for items on their tour. When the children return after the tour, they are given a prize for participating.

During the 2004-2005 year 296 volunteer hours were generated by 41 members of the 60+ Club. There were 32 members of the 60+ Club volunteering at FACT in 2005-2006. Although FACT benefits from help given by the volunteers, it is the volunteers themselves who receive the greatest benefit. Volunteering at FACT is an opportunity to help with an important service, a chance to socialize with others, and an educational experience greatly enjoyed by all.



*Fine Arts:*  
*The Madigan Gallery*  
*Virginia Cheney, Team Representative, 1999-2006*

The volunteers of the Madigan Gallery Committee function as hosts and maintain security at the gallery Saturday afternoons whenever there are exhibitions. Volunteers also assist with the artist receptions and tend the gallery for special events when requested. During 2004-2005 Rebecca Weller and Sarah Vanderlip were the interim directors, and in the fall of 2006, Michael Johnson became full-time Director of the gallery.

Total number of hours volunteered during 2004-2005 was 91. This number is lower than in previous years for the reason that fewer exhibits were presented. For 2005-2006 the number of hours was 127.

**2004-2005**

October	Faculty exhibit, "The Painting has a Dream" Mike Heivly, Sarah Vanderlip, Ted Kerzie, Margaret Nowling, Rebecca Weller
November	A Taste of The Arts—Art, Drama, and Music Departments
January	"About Face" Works of Vito Acconci, Pipilotti Rist, Lorna Simpson and others.
April	"Transitions" Mara Schramm, CSUB Master's Candidate
May	Senior Art Show II

**2005-2006**

October	"Interaction of Color" Josef Albers
November	A Taste of the Arts—Art, Drama, and Music Departments
January	Regional Exchange Show—LA Artcore artists Scott Katano, Suguru Hiraide, Kristan Marvell, Suthat Pinruethai, Taraneh Mozafarian, Ehja Kang, August Highland, Jon Nguyen

## *Fine Arts: The Madigan Gallery* (con't)

February	Winter Seniors Show
April	"Back Brain Chimeras," Maya Deren and Stan Brakhage
May	Senior Art Show II—Mario Andrighetto, J. Gail Avery, Diana Doane, Keri Francisco, Jaye Lyn Martin, Estella Melenudo, Tabia Owens, Sophie Rasmussen, Clare Reed, Victoria Sexton, Jaime Silva, Christine Tuthill, Shayanne Weston

## *Fine Arts: The Performing Arts*

Mary Goldman, Chair

Doris Dermody, Theatre Arts

Adele Davis, Jazz Events

2005-2006

On Possibilities Day Doris Dermody and Mary Goldman developed lists of 60+ Club volunteers who wished to be ushers, ticket takers, and sometimes ticket sellers for Performing Arts activities. About 30 60+ Club volunteers served each year at Concert Band, Chamber Music, piano concerts at St. Paul's, choruses at First Presbyterian and the Music Building, and several opera and theatre performances. Each opera and theatre event required 4 volunteers per performance. These programs usually ran for two weekends with 6-7 performances, so 24 or 28 ushers helped at the Doré Theatre. Volunteers may then join the audiences.

One feature of this season is that the Spring Theatrefest this year was Shakespeare's *Twelfth Night*. Mistaken identity, unreciprocated love, unexpected love...it's all about love. An unusual aspect of this production was that it was directed by Anita DuPratt, who is retiring after 25 years at CSUB and many outstanding theatrical performances.

The 60+ members became enriched by the fine accomplishments of the students and professors in the CSUB Performing Arts Department.

## *Jazz Events*

### Adele Davis, Coordinator

Jazz is one arm of the CSUB music program. The 60+ volunteers interested in the jazz program support these jazz events during the school year by volunteering time and service in the following areas:

Coffee Houses held in the student union: during the time frame of September, 2004-June, 2006, we staffed 18 of these events. Our duties include set-up (decorating the tables in the room and setting up the table with jazz merchandise that would be sold during the event), putting popcorn on the tables, selling and taking tickets, stamping hands, and light clean-up at the end of the evening, as well as putting away the table decorations. The music is provided by various small groups performing as part of their student performance experience.

Jazz Ensemble concerts: Concerts are held in the Doré theatre by the CSUB Big Band. During the time frame mentioned above, 60+ staffed 9 of these events by taking tickets, handing out programs, ushering when necessary, and manning the beverage table.

Legends of Jazz Concert Series: this program brings world recognized jazz performers with their band or to perform as soloists with the CSUB Big Band at the Doré Theatre. We had 6 of these events between September, 2004 and June, 2006. Our duties during these concerts are much the same as those for the jazz Ensemble with the exception of selling the performers' CDs, if they want us to.

Bakersfield Jazz Festival: This event raises money for student scholarships in many disciplines for CSUB. 60+ volunteers have helped in this two-day event by volunteering in two hour shifts to do any number of jobs such as manning gates, taking tickets, office work, selling beverages, etc. We had three festivals in the time frame, one each year.

Jazz Singers Concerts: These concerts are rarely scheduled separately from either the Coffee Houses or Jazz Ensemble concerts. Occasionally, however, the Jazz Singers give a concert with singers from another

## *Jazz Events (con't)*

college or university. This year there was one such concert. Our duties were to man the doors of the Doré Theatre to make sure no drinks or food was taken into the theatre.

The 60+ volunteers supported 40 jazz events plus the 3 Bakersfield Jazz Festivals for a total of 43 jazz events. The total number of hours given by 60+ volunteers during these events amounts to 600+ hours. This is not including my hours calling volunteers for the events, setting up drink tables at some events, or the massive number of hours given freely calling 250+ volunteers for the Bakersfield Jazz Festival.

## *Short Term Projects*

*Jacqueline Hultquist, Team Representative*

### *Annual Report, 2004-2005*

The Short Term Projects (STP) Team as usual continues to focus providing CSUB on-campus assistance for tasks of short duration. This flexible-time operation allows a volunteer to provide a few hours for a given task ranging from 2-5 hours on occasion. The STP Team contributed 291 hours in 2004-05 compared to 182 hours in 2003-2004.

There were 15 projects with 22 volunteers assisting: 8 Bulletin mailings, 1 Alumni Relations mailing, 2 ballots' preparation, 2 Athletic Department wrapping of BBQ utensils, 3 CSUB Commencement assistance with program dispersal. The projects generating most volunteer hours were the Athletic Department's Fall (56.25) & Spring (64.25) wrappings of BBQ utensils. Overall team crews ranged in size from 4-16 volunteers.

Campus needs related to the inauguration of President Mitchell and CSUB's 30th year observance were met by many members and reported in the total volunteer efforts by 60+ Club's volunteers but not identified specifically as STP hours.

## *Short Term Projects (con't)*

### *Annual Report, 2005-2006*

As usual, the Short Term Projects (STP) Team continues to provide CSUB on-campus assistance for tasks of short duration. This allows a volunteer flexible time to volunteer a few hours for a given task ranging from 2-5 hours at times.

The STP Team contributed 389.5 hours in 2005-2006 compared to 291 hours in 2004-2005. There were 14 projects with 26 volunteers assisting: 8 Bulletin mailings, 1 Alumni Relations mailing, 2 ballots' preparation, 2 Athletic Department wrapping of BBQ utensils, one Nursing Department mailing, one new graduate mailing for the Alumni Relations office, 4 CSUB Commencements assistance with program dispersal. The projects generating most volunteer hours were the Nursing Department mailing and the Fall wrapping of utensils for the Athletic BBQ.

A new CSUB project requested some assistance—Leadership Bakersfield/CSUB. The idea of BIG (Bakersfield Intergenerational Games) is to bring together seniors, college students and elementary students to have a day that promotes literacy/education, nutrition, and physical fitness for healthy life cycles. On April 7 we provided three volunteers to meet and interact with the students in a reading-discussion session.

Total hours generated by the Short Term Projects team for 2005-2006 increased (389.5) compared to 291 in 2004-2005 Campus requests.

Research for the 20th Anniversary of the Club revealed that campus wide (1988-2005) 43,561 60+ Club volunteer hours have been provided for CSUB. Adding the hours volunteered in 2005-2006, the grand total since starting to count volunteer hours is **46,138.00**. STP has been a basic contributor to this total over those 20 years.

## *Walter Stiern Memorial Rose Garden*

### *Doris Dermody, Acting Team Leader*

During the 2004-2005 year, a small team of volunteers kept the bushes deadheaded from April through October. Deadheading the spent blooms encourages additional blossoms. The garden was divided into sections so each member looked after her/his own area. Jean Childers, Mary Goldman, Fred Krauter, Ann Otto, Joan Schorr, Betty Taylor, Virginia Thurman, and Sam Trivitt made up this team which can be applauded for their dedication. The Rose Society of Kern County annually has been demonstrating pruning in January. We are most grateful for their assistance with this. Also, we again had to remove some dead bushes.

The highlight of this year was the dedication of the sundial on a pedestal upon which a bronze plaque was placed honoring Fred and Mary Krauter for their many years of loving care of the garden. The event was described this way: "Although nature provided an overcast climate, the human ambience was warm and gracious at the February 10 dedication. An appreciative group of 60+ Club members, Rose Society members, and CSUB staff were there to honor the Krauters. Many thanks to all who attended, and very special thanks to the crew who have cleaned up the garden on occasions."

For part of the 2005-2006 year, Luella Elliot lead a large team of volunteers who signed on to help at Possibilities Day in September. Many hands make light work for each one. When Luella resigned, Doris Dermody finished out her year.

There has been the perennial problem with regular fertilizing, spraying for insects, weed control, and lack of uniform irrigation. This has been brought to the attention of the CSUB authorities. With the expert assistance of one of our members who also is a Rosarian, a list of missing roses which need to be replaced has been furnished to them. We look forward to an improved Rose Garden.



## *The California Well Sample Repository*

*Frances Williams, Team Representative*

The California Well Sample Repository is in two large metal storage buildings near the southeastern exit of CSUB's campus. These buildings contain a collection of California's oil well's core samples and all of the records relating to each well.

Under the direction of the Repository's curator, Frank Charron, 60+ Club volunteers have helped to clean up and curate these materials and prepare them for storage on the shelves of this "library of rocks." From July, 2004 through June of 2006, our crew has contributed over 1200 working hours, curating over 800 boxes of core, equaling at least 400 wells to be added to the Repository's collection of over 5000 wells.

Over 3000 crates of well core samples from the Superior Collection are still waiting in railroad cars outside the Repository buildings to be processed for storage. It's an on-going challenge that still awaits us.

Our repository is the only public facility of its type in California. It is therefore open to anyone who is interested in the study of its materials. These materials are often requested for schools, seminars and professional meetings, as well as for geologic research. Also, with its "Earth Science" status, the Repository still has the honor of having a Seismic recorder buried beneath the ground to the west of Building #20. It daily sends earthquake data to the appropriate office hoping to be able to warn of an approaching "Big One."

Our 60+ Crew is small, averaging 4-6 workers each week, but working all year around. It has become a labor of love for us. The camaraderie is great; and we truly enjoy doing what we know is important historical work.

This year we were saddened by the sudden death of Barbara Wetteroth who was a new 60+er and an enthusiastic, faithful co-worker. We all admired her upbeat, positive attitude and miss her very much.

*60 + Club*  
*Interest Groups*

## *Interest Groups*

*Ann Otto, Coordinator, 2004-2005*

*Vacant, 2005-2006*

In 2004-2005 there was some stirring amongst the Interest Groups. Spanish for Fun was offered, but struggled to attract participants, and Scrapbooking faced the same problem. Both were later dissolved. Attendance at the established groups continued strong.

The passing of Ann Otto by 2005-2006 left the Coordinator position vacant. Despite that, two new groups surfaced. Around the Cracker Barrel (chaired by Milt Clift and Mel Rubin) found itself with many who chose to seriously discuss current topics of interest. Out and About re-established meeting a need that had been waiting for attention. Chaired by Ginny Nordahl with Ann Smith and Ruth Richardson, this group led six groups on various experiences. Many rave reviews! Writing for Pleasure continued with a different leader.

## *Around the Cracker Barrel*

*Milt Clift & Mel Rubin*

*2005-2006*

To determine how successful the group has been, we must re-state our purpose: "The Cracker Barrel will invite open dialog concerning a variety of local, national and international issues. In so doing to activate the symbiotic relationship between discourse and reasoning, both being fundamental to the reinforcement or modification of previously-held views."

We discussed many issues:

1. Leadership
2. First Amendment Rights
3. Taxes, debt, budgets
4. Future earning and purchasing power of American labor

## *Around the Cracker Barrel* (con't)

6. Armed conflict and the war on terror
7. Rule of Law
8. Who should be held accountable for failures of government?
9. Proper role of government—do we expect too much?
10. Walter Stiern—the model of the ideal public servant?

On an average, we had 8-12 members present at the meetings. Mel and I will encourage a greater amount of participation in 2006-2007. We want to see more individuals speaking out and making themselves heard. It is the First Amendment right of all of us!

### *Bridge*

*Bob Ruelle, 2004-2005*

*Virginia Douglas, 2005-2006*

Although the chairs changed over the two years, the procedures remain the same: meeting every Wednesday from 9:00-11:30 a.m. at the Bakersfield Community House (21st and R Street). Leader Virginia Douglas would like to see more members join the group...and assures that the time is a non-threatening situation.

### *Classic Movies*

*Don Lindsay, 2004-2005*

*Mary Jane Weerts, 2005-2006*

After many years of 'producing' entertaining movies for the Club, Don's last season featured these movies: *The Man Who Came to Dinner, The Private Life of Henry VIII, A Night at the Opera, Little Lord Fauntleroy, Shanghai Express, If I Had a Million, All This—and Heaven Too, City Lights, and Adam's Rib.*

We wish him well in his re-location to a northerly scenic locale!

## *Classic Movies (con't)*

### *2005-2006*

The Classic Movies enjoyed another season of monthly (October-May) showing of classic films. They included *The Music Man*, *High Noon*, *His Girl Friday*, *Dark Victory*, *Ninotchka*, *Notorious*, *Dawn Patrol*, and *Silk Stockings*.

Attendance has varied between 10-15 persons monthly. We have a number of devotees with several newcomers at each session. Each person who attends receives a handout of information for the film to be shown that day, and the facilitator makes a few comments before and after the film is shown.

Due to my extensive travels, I must thank Vic King and AN Chamberlin for their invaluable assistance in my absence.

## *Coffee wih the Professor* *Ted Murphy, Chair*

### *2004-2005*

October: Dr. Robert Yohe, Professor, Department of Sociology/Anthropology. "The Roman Mummies of Tel Hibeh"

November: Ted Kerzie, Professor and Chair of the Art Department. "Eclipse—A Sculpture at Cal State"

December: Dr. Charles McCall, Professor Emeritus of Political Science. "Chasing Birch, Master Magician"

January: Dr. Maynard Moe, Professor of Biology.

"Flowering Rocks and Other Strange Plants of the Cape Floral Kingdom, South Africa"

February: Dr. Joanne Schmidt, Professor of French, Spanish, and Women's Studies. "Joanne Schmidt, Ph.D., AKA Teresita Bosch: My Life and My Career in French, Uncensored"

March: Dr. Robert Fong, Professor of Criminal Justice. "Gangs"

## *Coffee with the Professor (con't)*

April: Dr. Cliona Murphy, Professor of History.

“From County Cork to Kern County: The Pull of the Stars and Stripes”

May: Dr. Liora Gubkin, Department of Philosophy/Religious Studies

“Justice, justice shall you pursue—Jewish responses to domestic violence”

### 2005-2006

October: Anita DuPratt, Professor and Chair of Theatre.

“From Page to Stage”

November: Ted Weinheimer, Professor of Biology.

“Old Time Radio”

December: Jorge Talamantes, Department of Physics and Geology.

“Valley Fever and Weather: Is there a demonstrable connection?”

January: Ken Gobalet, Department of Computer Science.

“Fish Bones and Pre-Historic California”

February: Maynard Moe, Professor of Biology.

“The Wildflowers of Kern County”

March: Jim Moloney, Department of Computer Science.

“A Boy from the Bronx Goes Home to Ireland”

April: Joyce Kohl, Professor of Art.

“AAA:AIDS, Art & Africa”

May: John Maynard, Professor of History.

“Colonel Baker and Baker’s Field”



## *The Diners Club*

### *Marilyn Bell, Chair*

During the 2004-2005 and 2005-2006, the Diners Club continued to enjoy sharing meals and fellowship with its members. Some of the restaurants were 'new' offering an opportunity to try some place not eaten at before. Some were old favorites that have been enjoyed in the past. Because some of the members prefer lunch or dinner and others will do either, the Munch-Bunch group met for lunch or dinner depending on when the clock changed for Daylight Saving Time.

The year 2004-2005 began with Italian food at the Olive Garden Restaurant and German food at Bit of Germany in October. With the time change we enjoyed lunch in November at the Hungry Hunter Steak House. The Petroleum Club, with its lovely view of the Bakersfield area from the 12th floor, was our selection for December. The New Year was welcomed in with lunch at Mimi's. The Chinese New Year saw us at the Grand Asian Restaurant. We returned to the Bell Tower for February. April saw a change of the clocks and the return to dinner. Woody's was our choice. Returning to 'foreign Foods' we celebrated the Cinco de Mayo in May at Amigo's and Mediterranean food at Cafe Med in June. We did not meet in July or August.

We began 2005-2006 with dinner at Mimi's. In October Rosa's was the choice for dinner. With the switch to luncheons, we began to investigate the various restaurants 'Downtown.' In November we enjoyed lunch at the Stars Theater Restaurant. We watched the 'Old Year' out with Guild House (an Old house). We greeted the 'New Year' at Xanders (a New restaurant). We finished our adventures downtown with lunch for the Chinese New Year at the Rice Bowl. Our last lunch before the clock change saw us at the Hungry Hunter. Our April dinner was held at Marie Callendar's Restaurant. We finished the year in May at the Red Pepper and didn't meet in June.

Attendance has been positive during the past two years, fluctuating from month to month: regular members, new members, guests. We continue trying new places and returning to old favorites.

*Exploring Health for Live*  
*Mary Jo Kasselmann, R.N. Ph.D.,*  
*Professor Emeritus of Nursing*

This Interest Group meets at 1:30 p.m. on the third Thursday of October and November, January through May. We meet at Glenwood Gardens, 300 Calloway in Bakersfield. We meet in the Crafts Room of the Independent Living building. All 60+ members and residents of Glenwood Gardens may attend without charge.

**2004-2005**

September: Sign up new/returning 60+ members to indicate interest.

October: Audrey Cochran, R.N., M.S.M. "Sleep Hygiene"

November: Dr. Larry Borgsdorf, Pharm.D. And two guest pharmacists conducted a "Brown Bag Assessment" of all prescriptions, non-prescriptions and over-the-counter medications. There were approximately 40 60+ members and Glenwood Gardens residents present, and all were individually counseled.

January: Julia Robinson, Adult Nurse Practitioner and Faculty Member, CSUB Nursing Department discussed "What's Your Cardiac Self-Care I.Q.?"

February: Julia Robinson, Adult Nurse Practitioner and 60+ member reviewed "Body Measurements Awareness—How to Enhance Your life Through Diet and Exercise"

March: Dr. Larry Borgsdorf, Kaiser Ambulatory Care Pharmacist discussed the efficacy of some highly advertised drugs such as Stratera, Plavix, Detrol, and others.

April: Julia Robinson, R.N. discussed "Calculating Your Ten-year Risk for a Heart Attack"

May: Mary Jo Kasselmann, R.N. and Chair of Exploring Health for Life discussed "The Benefits of Exercise—How changing Your Life Style Can Strengthen Your Muscles and Bones, Lose Weight and Improve Balance"

**2005-2006**

October: Julia Robinson A.N.P. and 60+ member discussed "Brain Attack: Preventing and Treating Stroke"



## *Exploring Health for Life (con't)*

- November: Mary Jo Kasselmann, Chair of Exploring Health for Life, discussed the article *Staying Well and Your Age*"
- January: Dr. Larry Borgsdorf led a Q and A about the medications 60+ members and Glenwood Gardens residents are taking.
- February: Audrey Cochran R.N., M.S.N. And 60+ member discussed "How to Avoid Elder Abuse When You Are a Patient in the Emergency Room"
- March: The scheduled speaker was absent. The Chair and those members attending discussed a pot pourri of health-related topics.
- April: Julia Robinson, Adult Nurse Practitioner and 60+ member discussed "Obesity and the Relationship to the Onset of Type 2 Diabetes Mellitus"
- May: Dr. Larry Borgsdorf, Ambulatory Care Pharmacist, reviewed again the "Role of Calcium and Vitamin D" and Hormone Replacement Therapy for the Menopausal Woman

## *Exploring Investments* *Barbara Patterson, Chair, 2004-2005* *Vic King, Chair, 2005-2006*

Barbara Patterson and Tom Albright chaired meetings October-April arranging for discussions led by Capi Sommer (Edward Jones), Brad Barnes (Smith Barney CITI), Scott Garrison (Sierra Capital Management), Tony May (Account Vice President at UBS), Jeffrey Bell (Edward Jones), and John Gaitlin (A.G. Edwards).

In 2005, Vic King named the meetings "Investment 101." Attendees averaged about 12 each month. There were three outside speakers: an oil trader, a local real estate entrepreneur, and a stock market contrarian. Talk was about diversification of our investments, reverse mortgages, some estate planning, and the failures of trying to time the market. Some of our attendees belong to private investment clubs and held strong views about investing. Some enjoyed the meetings; others probably would have preferred more outside speakers.

## *Great Books Discussion*

### *Margaret & Dick Southwick, Leaders*

For the past four years our group has used the Great Books Foundation 50th Anniversary Series. Each book has been an international collection of literature, philosophy and poetry especially selected for book discussion groups. The yearly themes have been “Clashes of Culture,” “Politics, Leadership and Justice,” “Happiness and Discontent,” and this year’s theme was “Identity and Self-Respect.” Each selection had many questions to facilitate discussion, and the various members took turns asking some of the questions. This year we also read two novels, “Emma” by Jane Austen and “Invisible Man” by Ralph Ellison.

The leader gave out the times, dates and selections at Possibilities Day. She also advanced the funds for the books. To make the books less expensive we purchased used books from Amazon, and usually these were about \$10 each year. This year (2005-2006) we had nineteen books purchased. Usually there were about 10-12 people attending each month. Hoping to increase attendance, the leader sometimes gave a reminder about a week before by e-mail, and sometimes a post-card was sent. We had many exciting discussions.

## *Mah Jongg*

### *John Satterlee, Chair*

The Mah Jongg group was organized for the instruction and enjoyment of the game by the participants. The group has continued for four years, meeting most scheduled days and continuing through the summer months. New players are always welcome; however, we usually have our faithful four-six players.



# *Out and About*

## *Ginny Nordahl, Chair, Ann Smith, Ruth Richardson*

2005-2006

In 2005-2006 this group was revived with enthusiasm, as shown by thirty-five (35) or more participants signing up for each event.

Sept. Bakersfield: Melodrama, Lively comedy

Oct. Brentwood: Getty Museum, Art, Gardens & more

Nov. Laughlin, Nev. Riverside Hotel, Gambling, Roy Clark, Touring

Dec. Bakersfield: Stars Dinner Theatre, Dinner, Christmas Show

Jan. Bakersfield: Noriega Hotel Lunch: Slides/Talk Basques in Kern

March: Palm Springs Follies, JoAnn Castle: variety show

Out and About opened its 05-06 season with a visit to the lively hilarious comedy acts at the MELODRAMA presentation of "The Road to Oildale." We laughed, ate popcorn, and applauded until we were nearly exhausted! GETTY MUSEUM was our destination in October. We examined all the exhibits and viewed the lovely gardens and sometimes rested, only to go forth and find yet another display we had missed. LAUGHLIN, NEVADA beckoned us in November. We enjoyed a performance by Roy Clark. While some gambled, others climbed on the bus, braved the extremely windy day and drove to the desert old-time village of Oatman where the burros come into own and amble down "main" street enticing tourists and townsfolk to feed them carrots. We learned that the baby burros must not eat carrots since their teeth are not completely formed, and they are subject to choking. The bus continued to Havasu City. We were disappointed and a little sad to find 'civilization' in the form of new housing developments had pretty much surrounded the London Bridge and Village. STARS THEATER dinner/Christmas Show was our enchanting fare for December. We remained in Bakersfield for our January outing at NORIEGA'S HOTEL. More than 40 people enjoyed a typical Basque lunch followed by an interesting, informative talk and slide presentation about the Basque Culture and history in Kern county by Cal State's Pierre Ogoa, a gifted young man who was born in France, but has lived much of his life in Bakersfield. An overnight jaunt to

## *Out and About (con't)*

PALM SPRINGS to See the FOLLIES“ was planned for March/ We were amazed by the beautiful costumes and performances of men and women, all who were 55 years or older, even into their 80's. Joan Castle, who was born and reared in Bakersfield, was the 'Headliner.' Some also enjoyed checking out the Indian Casino after the show. A short stop to a desert arboretum was included on our way out of town.

This outlines the activities enjoyed by Out and About, but it would not be complete without mentioning the camaraderie experienced by the participants: snacks and fun and laughs on the bus; the newly formed friendships and re-newing of old ones. I had a wonderful year and I certainly hope everyone else was pleased, also. Ann Smith, Ruth Richardson and I are grateful to all who participated...and thank you for your enthusiastic support.

## *Readers Group*

*Opal E. Hargis & Florence Schuetze, Co-Leaders*

2004-2005

Operational procedures for this group are presented in comments for the 2005-2006 year, which follows this list. According to the *The Bulletins*, the following books were selected for reading in this 2004-05 year:

September: *Naked in Bagdad* by An Jerrold

October: *Ahab's Wife* by Sena Jeter Nashlund

November: *Undaunted Courage* by Stephen Ambrose

January: *Hills at Home* by Nancy Clark

February: *Brave New World* by Aldous Huxley

March: *Still Life with Rice* by Heile Lee

April: *The Number-one Ladies Detective Agency* by Alexander McCall Smith

## *Reader's Group* (con't)

### 2005-2006

Membership in the Readers' Group changed in 2005 with several members dropping out due to illness, moves, etc. We were averaging 12-13 members in attendance. In late 2005-06 we have added several members and are now at 18, which is too large a group for meetings and discussions. (The Co-Leaders will gather names for a new group at the September Possibilities Day and encourage the beginning of a new group at the September Possibilities Day and encourage the beginning of a new Readers Group). Books to read are chosen by the group, two or three months ahead so everyone has an opportunity to read the selected book and take active part in the spirited discussions. The person who initially suggested the book leads discussions. Meetings including refreshments are generally held in members' homes. Meetings are held January through May and June through November. During the summer, members are encouraged to read varied types of books, and make suggestions for the whole group to read in future months.

A fascinating list of books was read in 2005-06: *Riding the Bus with My Sister* by Rachel Simon, *Flame Trees of Thika* by Elsbeth Huxley. *Kite Runner* by Khaled Hosseini, *Epitaph for a Peach* by David Matsomoto, *In a Sunburned Country*, by Bill Bryson, *Leap of Faith* by Queen Noor, *Angry Housewives Eating Bonbons* by Lorna Landvik.

As you can see, we select and read many types of books by all kinds of authors. Several of the books eventually made national 'Best Seller' lists. Several books involved human relationships, some were quite humorous, some depicted life in other cultures. *Epitaph for a Peach* by David Matsomoto was eventually selected for the 'one book of Bakersfield' event. Mr. Matsomoto is a resident of Central California, and the book's story takes place there.

Our meetings are held the third Tuesday of each month from 1:30-3:30 p.m. Watch each *The Bulletin* for each month's book selection.

## *Scrapbooking*

*Patricia Cox, Chair*

At our summer planning meeting in 2004, I offered to start a Scrapbooking Interest Group in the fall. Since there was no objection to the idea, Scrapbooking was listed in the September 60+ *Bulletin* with information about signing up for the group on Possibilities Day. At the September Possibilities meeting, 16 people signed up for Scrapbooking.

We held our first meeting on Wednesday, October 6, 2004, in the CSUB Student Health Conference Room at 2:00 p.m. with six people attending. Subsequent meetings were held at the same time and place on the first and third Wednesdays of November. In December we only met on the 1st Wednesday due to the holidays. In 2005 we resumed our first and third meetings in January, February, and March. Due to the small number of people attending our meetings, we decided to only meet once a month in April and May.

Scrapbooking was not offered in 2005-2006 due to lack of interest.



# *The Senior Philosophers' Circle*

## *Phyllis Simms, Chair*

2005-2006

In 2003 this group was originated by Phyllis, but faded in attendance by fall 2005 and was not continued as she retired from the leadership.

The following observations were presented in 2003 to attract those who might be interested:

As persons of a certain age, we have much to offer from our background of experience. By mistakes we have learned and by learning, we have developed ideas and philosophies about the world round us. These we should share with any who wish to listen. And so the Senior Philosophers' Circle will meet. Consider for our meeting:

At nineteen I was a stranger to myself.

At forty, I asked who am I?

At fifty I concluded I would never know.

What about 69?????????



*Readers' Group - caught outdoors.*

## *Sing-A-Long*

*Wendall Kinney, Chair; Bob Waite, Co-Chair*

Well, it gets better and better. And that's not easy when you're perfect to start with. Although Sing-A-Long does nothing materially/tangibly for the welfare of CSUB, it is our hope that, in tandem with the 60+ Fight Song, we raise the spirits of those who do.

### **2004-2006**

We meet in the Rosewood Activity Building each month to raise our voices in song relative to the time of year and the whims of the singers. Some of the group just gather to listen to the singers. Many thanks to Rosewood for providing the set-up: space, seating, projector, and screen. Something like 30 singers and nostalgia buffs gather at one o'clock on the first Wednesday of every month to belt out the songs—some old, some older. We were sorry to lose our co-chair and setter-upper Bob Waite as the end of the 05-06 season due to health problems. But we hope and pray for his return.

Our plan is to wind up the season with patriotic songs in July and vacation in August. But come join us in September. We think it's greedy to keep all of this to ourselves.





## *Writing for Pleasure* *Adele Ryland, Chair, 2004-2005*

We finished a second year. Guess we qualify as true survivalists. We've put out reams of work, accomplished with some sweat and much love. All of it was shared, and some even was published. Ours has been a relaxed and easy group that takes pleasure in everyone's accomplishments.

## *Virginia Bush, Chair, 2005-2006*

Ten Sixty-Plus members enrolled in the 2005-2006 Writing for Pleasure group. Most were unpublished writers, but all had in common an interest in writing. Some had been writing poetry or stories or keeping journals for years. Some had an interest in writing, but had been waiting for retirement to provide the time.

In response to a request from some members of the group, part of each session was devoted to actual writing instruction. Instructional materials included films that explained the literary components of stories, such as characters, plot, foreshadowing, and conflict. The group also studied the writing techniques of outstanding authors such as Ray Bradbury. Poetry published in current literary journals as well as the poetry in *The Rubaiyat* of Omar Khayyam were used to illustrate how poetry has changed forms throughout the years.

In keeping with the original concept of Writing for Pleasure, all members were encouraged to respond to instruction in any way that expressed their own ideas and styles. Part of each meeting was used to write and share original paragraphs, stories or poems. The remainder of the time was devoted to reading aloud stories, poems, and journal entries created at home. All subjects, styles, and genre of writing were encouraged. As a result, many outstanding stories and poems were produced during the year.

## *60+ Club Officers 2006-2007*

President..... Margaret Southwick  
Vice President, Programs.....Ted Murphy  
Vice President, Membership....Wayne Chapman  
Secretary.....Irene Heath  
Treasurer.....Marilyn Bell

Board of Directors:  
Jean Childers; Mary Goldman (2 years)  
Doris Dermody; Jeanne Van Holten (1 year)

Ex Officio:  
Coordinator, Action Network:.....  
Coordinator, Interest Groups:.....Perri Stinson  
Policy:.....Claire Ackerman  
Special Events/Fellowship: Evelyn Glines  
Parliamentarian: AN Chamberlin  
Director, Alumni Relations: Shannon Hill



# 60+ Club 60+ Club

