



CALIFORNIA STATE UNIVERSITY
BAKERSFIELD

60+ Club

Summary Report: 2013-2022

Celebrating Thirty-six Years of Service, Learning, and Fellowship

Carla Stanley, Editor

June 2022

60+ Club, Alumni Association
California State University, Bakersfield, 53AW
9001 Stockdale Highway, Bakersfield, CA 93311-3211

661-654-3211; 60plus@csub.edu; www.csub.edu/60plus

Philosophy and Purpose

The CSUB 60+ Club is a partnership between the California State University, Bakersfield, and the community of retired persons which comprises persons from all walks of life who are concerned citizens, active and curious, with time to pursue lifelong learning. The 60+ Club is a member-motivated and member-governed organization.



The purpose of the 60+ Club is personal enrichment through lifelong learning, social activities and volunteerism in the campus environment utilizing the resources of the university and the experience of its members.

60+ Club Officers:

2021-2022

President:

James Mitchell

Vice President (Programs):

Carole Guillory

Vice President (Membership):

Secretary:

Kim Jones

Treasurer:

Carla Stanley

Directors-at-Large:

Lewis Jones, Carol Black, Kathy Wagner

2020-2021

President:

Cheryl Tikanen/James Mitchell interim Pres.

Vice President (Programs):

Carole Guillory, James Mitchell

Vice President (Membership):

Marilyn Perry

Secretary:

Kim Jones

Treasurer:

Carla Stanley

Directors-at-Large:

Lewis Jones, Carol Black, Kathy Wagner

2019-2020

President:

Cheryl Tikanen

Vice President (Programs):

Janis Varner, Carole Guillory

Vice President (Membership):

Marilyn Perry

Secretary:

Kim Jones

Treasurer:

Carla Stanley

Directors-at-Large:

Charlene Edwards, Donna Marquez, Lewis Jones, Carol Black

2018-2019

President:
Vice President (Programs):
Vice President (Membership):
Secretary:
Treasurer:
Directors-at-Large:

Cheryl Tikanen
Janis Varner, David Hanley
Marilyn Perry
Kim Jones
Sharon Mills, Carla Stanley
Carole Guillory, Charleen Scharpenburg,
Charlene Edwards, Donna Marquez

2017-2018

President:
Vice President (Programs):
Vice President (Membership):
Secretary:
Treasurer:
Directors-at-Large:

Cheryl Tikanen
Janis Varner, David Hanley
Mike McCabe
Barbara Fleming
Sharon Mills
Billie Swanson, Carole Guillory, Charleen
Scharpenburg, Pat Bell

2016-2017

President:
Vice President (Programs):
Vice President (Membership):
Secretary:
Treasurer:
Directors-at-Large:

Cheryl Tikanen
Janis Varner, David Hanley
Mike McCabe
Donna Marquez
Mike Polyniak
Kathleen Wagner, Colleen Mathis, Billie
Swanson, Carole Guillory

2015-2016

President:
Vice President (Programs):
Vice President (Membership):
Secretary:
Treasurer:
Directors-at-Large:

David Mathis
Janis Varner, David Hanley
Mike McCabe
Donna Marquez
Mike Polyniak
Eloise Higgins, Marilyn Perry, Kathleen
Wagner, Colleen Mathis

2014-2015

President:
Vice President (Programs)/Communications:
Vice President (Membership):
Secretary:
Treasurer:
Directors-at-Large:

Ted Murphy
Dorothy Meyer
Charlene Edwards
Donna Marquez
Mike Polyniak
Colleen Mathis, Eloise Higgins, Marilyn Perry

2013-2014

President:

Bob Laramée/Ted Murphy

Vice President (Programs):
Vice President (Membership):
Secretary:
Treasurer:
Directors-at-Large:

Ted Murphy/Dorothy Meyer
Craig Pelz/Brenda Haskell
Kaye LeFebvre
Sharon Goldsmith
Mike Polyniak, Billie Swanson, Joe Vincente,
Patricia Borquez



60+ Club Board (2020-2022)

Carla Stanley, Carole Guillory, James Mitchell, Carol Black, Kathy Wagner, Kim Jones

President - James Mitchell 2020-2022

CSUB recently celebrated its fiftieth year. Thirty-seven years ago, Charles Jones, Founding President, and Dr. Roy Dull, Dean of Extended Studies, met to explore ways of forming a campus-based organization of older adults. They visited several campuses where such organizations existed and decided to start an organization based on the 60+ Club at San Francisco State. Information was sent out, interested people gathered, the first board was chosen, and the charter was signed in April 1986.

Our membership continues to include retired professionals from many fields finding common interests that tap into CSUB activities. Times have changed. The campus and student body have grown. Computers now negate the need for many tasks that required an extra pair of hands. Student workers now do jobs 60+ Club members were asked to assist with. But the need for our help continues.

In September 2017, as food insecurity became a topic of concern, CSUB opened their food pantry. By September 2018, the 60+ Club members were donating to the food pantry on a monthly basis.

The Walter Stiern Memorial Rose Garden will always need hands-on care, for such is the nature of roses. The 60+ Plus Club has been taking care of the rose garden since 1992, and will continue to work with CSUB to maintain the garden as envisioned by Walter Stiern's sons, who donated the original roses to the university in the 1970's.

As many university functions change, the 60+ members will always have a passion to share their skills, a passion to help others, a passion for being involved.

Alumni Engagement: Director of Alumni Engagement - Sarah Hendrick 2015-2022

It is amazing how far we have all come in the last two years and how the club has continued to operate almost completely virtually due to a global pandemic. When the move to virtual happened in March 2020, it was uncertain how the club would carry on in a virtual environment. However, you pivoted well with board and general meetings held over Zoom, rose garden maintenance when allowed, and continuing to recruit new members. CSUB is grateful for your service to the university, our athletics program, and the many senior citizens you serve in our community.



Late 2021 also saw the bittersweet departure of Administrative Assistant Erika Milam, who went on maternity leave. She assisted the 60 Plus Club with all things administrative and we have appreciated the club's flexibility as we've learned how best to service the club in her absence. Laila Agbalog, our student assistant, has done a nice job helping schedule meetings and working with me to help the club operate efficiently. Christine Bedell, senior alumni engagement specialist, also stepped in to help the club process checks and administer other items. Thank you, Christine! We are also grateful for the help of CSUB Accounting Director Jassica Gauna, who has pulled accounting reports to help treasurer Carla Stanley manage the 60 Plus Club budget.

This semester, we saw students come to campus for the first time in nearly two years as we slowly transition to a new normal. The university made great strides in keeping our campus and community safe by adhering to CDC and local public health guidelines. Currently, all faculty, staff and students are required to upload proof of vaccination or submit negative COVID testing if coming to campus. Events are starting to open a bit and we anticipate this will continue as we are less affected by the COVID-19 virus.

Thank you to the CSUB 60 Plus Club for your continued support of California State University, Bakersfield. We appreciate you and your members.

Vice President (Programs) - Carole Guillory 2019-2022

The Vice President (Programs) is in charge of securing speakers for the monthly general meetings which are held on the 2nd Thursdays of the month at 2:00pm.

At Possibilities Day for the 2019-2020 year, we gave out a list of topics for our members to choose their top interests for the upcoming year. We have systematically tried to find speakers for these chosen topics.

In April 2020, we were forced to cancel all speakers due to the pandemic. February 2021, we resumed our general speaker's meetings using virtual/zoom meetings. This presented a new interesting twist to our "in person" meetings. Some of our members were not interested in using an unfamiliar technology or in the lack of socializing with friends; others took to using Zoom to continue our meetings. The Zoom meetings, as with so many of life's issues, has its pros-and-cons. The pros: (1) We are able to "see" the sites that were being talked about, and (2) utilizing speakers from out of town. The cons: (1) trying to get familiar with new technology, and (2) the unforeseen glitches that arise from that technology.



But, all in all, we have persevered and hopefully, in the near future, we will be returning to our monthly general meetings on campus.

Vice President (Membership) - Marilyn Perry (2018-2020)

According to the 2018-19 Membership Roster, we had 176 members. The pandemic and our inability to meet caused a drop in membership. Current numbers are approximately 80 members.

No membership dues were charged for 2020-2021 because we did not know if we would be able to meet on campus. 2021-2022, we renewed off-campus activities and awarded a scholarship. The decision was made to reduce the membership dues by half to \$20.00. Membership fees will return to \$40.00 per year when the club resumes meeting in person.

As we look forward to holding in-person meetings, we will need someone to fill this position to make sure we meet every member and help them find their place in this organization.

Treasurer - Carla Stanley (2019-2022)

As of January 2022, Elder College has a balance of \$9612.98, the 60+ Club has a balance of \$12,596.67, for a grand total of \$22,209.65.

Because campus was closed from March 2020 to September 2021 and has had restricted access in 2022, the club has not had meetings on campus. Most of the monies used by the club pay the university for services such as parking passes, room rentals, catering, and equipment needed for meetings and we have not had these expenses since March 2020.

The 60+ Club started a scholarship for \$1500 in 2019. We awarded the scholarship for the 2019-2020 and 2020-2021 school year. The Bulletin continued to be printed and mailed.

2021-2022 will see the 60+ Club awarding the scholarship (\$1500) and planting new roses in the Walter Stiern Memorial Rose Garden (approximately \$500) as well as the expenses of printing and mailing the bulletin.

COMMITTEES:

Historian - Gladys Stilwell (2013-2014), Phillip Scott (2016-2021),
Carla Stanley (2022)

60+ Club lost Historian Phillip Scott in July 2021. Irene Randolph has continued to contribute pictures of the club's meetings and special gatherings. Social media has allowed instant sharing of photos after events, but it often hampers passing on photos and information in an organized manner. I have researched Biennial Reports from 1988 to 2012, to find background for this Summary Report, which is a bridge, acknowledging the past and creating a base for the future. Irene Randolph and Karen Polyniak are actively posting pictures of events to the CSUB60PLUS Facebook page.

Publicity - Camille Gavin (2013-2014), Phillip Scott (2016-2021)

The publicist wrote articles for the newspaper and submitted information for the weekly Calendar of Events. Public Service announcements were submitted to KVPR (Valley Public Radio). They also posted pictures and information on

Facebook. There are many inquiring creative minds that could contribute to the 60+ Club if we were able to reach them and we need a person dedicated to this job to help us reach into the future.

Outreach - Judy Harris (2013-2017), Mitch Mitchell (2016-2017), Dolores Brooks (2017-2018)

For many years, the 60+ Club participated in Senior Day at the Fair, as well as the Department of Aging and the Retired Kern County Employees health fairs. By participating, we were letting the senior public know who we are and what we do. The best way to recruit new members is by personal contact and letting friends know how much fun we have. It would be great to renew this Committee to encourage more people to discover new friends and activities in this club.



Special Events/Fellowship - Evelyn Glines (1999-2022)

This Committee has always organized Possibilities Day, the Christmas Luncheon, and the Installation Luncheon at the end of the year. Organization and publication have always been the key to successful gatherings enjoyed by all.



2019 Christmas Luncheon at Stockdale Country Club with the Goldenaires providing entertainment.

The Bulletin Editor - Karen Polyniak (2013-2022)

The 60+ Club has published *The Bulletin* under my editorship since 2011 since I took over from the late Jacqueline Hultquist who had been the editor for

(I believe) over 20 years. Jacqueline was in her mid 80's when she retired as editor, hopefully, someone else will be Editor before I am that age.

I have had President Messages from 6 presidents over the course of these 10+ years (Sharon Goldsmith, Bob Laramie, Ted Murphy, David Mathis, Cheryl Tikanen, James Mitchell). Normally, there are 8 *Bulletins* per 60+ year. Between 2011-2021, there have been 78 editions.

I was told to keep the publication down to 8 pages so that postage would just cost one 1st class stamp. We also sent it without an envelope. Now, we are sending with an envelope to ensure that the US Post Office sorting equipment doesn't damage our news.

Looking at past issues, there have been many changes in membership and in various activities, but overall, the members really make the Club. I still recall charter member Wendall calling me to give his contributions to Sing-A-Long. Initially, when I took over, he wanted me to read back his copy so that I would "get it right". President Ted Murphy wanted me to give him everyone's copy before he would write his President's Message. A particular new Interest Group Leader would always give me the current month info for next month's newsletter. It took a few times before he realized he needed to give me future information. Overall, everyone remembers that their copy is due on the prior 15th of the month as a rule, but that date is somewhat flexible.

Sunshine - Inge Kaplan, Janis Varner (2011-2014), Rosalie Brown (2015-2022)

2001 was the year the Sunshine Committee was formed. In early 2015, I was asked by Ted Murphy, who was Club President at the time I joined 60+, to take over the Sunshine Chair. Many cards are sent out for deaths of members, though a great many of Sunshine cards have been sent out for falls, medical procedures, ER visits, etc. Unfortunately, if I am not notified of an event or if I do not have a current address, I cannot send a card. Sometimes getting a card acknowledging what you and your family are going through makes us feel just a little better that day. Between 2015 and 2022, I have sent out almost 100 Sunshine cards.

IN MEMORIUM

Phyllis Algra - 2018

Myrtle Mumford Bestvater 1924-2017

Lois Chaney -2015

Otto Cook -2019

Nancy Edwards. -2017

Mary Goldman 1922-2015

Margaret Arakelian -2016

Harvey Brockmeyer 1916-2018

Geneva "Jean" Childers 1931-2022

Adele Davis 1938-2015

Lena Flippen 1936-2018

Eloise Higgins 1931-2020

Patricia "Pat" Bell 1939-2018

Bertha Bruschi 1921-2016

Barbara Cleeton -2019

Fred Dorer 1936-2020

Sue Glenn 1947-2020

Betty Keckley -2015

Harriet Kellenberger 1936-2015
 Cynthia Komaromi -2018
 Lucy McKee 1932-2016
 William "Bill" Michaelis 1934-2020
 Betty Padgett 1916-2017
 Jeanne Rice 1930-2017
 Joan Schoar 1931-2015
 Charles Switzer 1935-2015
 Frances Williams -2015

Betsy Kinney 1923-2021
 Robert "Bob" Laramie 1939-2021
 Myrna Melling -2018
 Sharon Mills -2019
 Margaret Pelz - 2016
 Marjorie "Marge" Samilson -2017
 Phillip Scott -2021
 Cheryl Tikanen 1945-2020

Wendall Kinney 1918-2021
 Don Lindsay 1925-2017
 Richard Mervau 1928-2018
 Susan Newberg 1934-2015
 Theodore "Ted" Rabey 1921-2016
 Sunshine "Sunny" Schofield 1916-2019
 Dick Southwick 1925-2014
 Susan Wood Wallace 1946-2021

*Apologies for missing anyone.



ACTION NETWORK - Sue Wallace, Virginia Dallas-Dull (2013- 2014), Peggy Bryan (2014-2015), Cheryl Tikanen (2015-2016), Barbara Hein (2016-2019)

The Coordinator for the Action Network traditionally keeps track of all the volunteer hours for Athletics, the Rose Garden, Fine Arts-Music & Jazz, Fine Arts-Theater, and the Well Repository.



[CAMPUS CLOSED March 2020 due to pandemic. All in-person activities canceled through August 2021. COVID restrictions have affected audience attendance through Spring of 2022.]

Athletics - Enid Hall (2013-2018), Anne Kelly (2013-2016)

60+ Club members have been helping with Athletics since 1988. We have been timers for swim meets, handled programs and souvenirs for Volleyball, Wrestling, and Basketball; we are there to do whatever they need an extra hand for.

FACT - Janet Skibinski (2013-2014)

In 1988, 60+ volunteers helped Biology professor Ted Murphy, faculty, and students at the Facility for Animal Care and Treatment open house the first Saturday of each month. As faculty and students instructed the public, we helped sell educational gifts and souvenirs. We also helped the FACT team with their

annual Memorial Day Barbeque which financed FACT activities. The Bulletin, November 2014, announced the last event for FACT opened to the public.

Fine Arts - Music & Jazz - Peggy Bryson (2012-2019), Donna Bartlett (2014-2019), Doug Davis (2018-2019)

Since 1988, we have provided assistance at the voice, instrumental music, and jazz performances, taking tickets and passing out programs, and have the option to watch the programs once the doors close.



Fine Arts-Theater - Billie Swanson (2013-2022)

As Chairman of the 60+ Fine Arts - Theatre Committee at CSUB, my duty is to provide volunteers for each performance. I usually get a call or email from Mandy Rees (chair of the Theater Department) or she sends a program for each semester with dates and times for shows. The number of days the shows run vary, and we try to provide two to four volunteers to take tickets and pass out programs for each performance. I call volunteers from the list of people who have volunteered on Possibilities Day. They can volunteer for any day or Sunday matinee only (no nights). I try to follow their requests. I do a lot of calling to find 8-12 volunteers for each show. Once called, they are to arrive 15 minutes before the doors open to check in with the theater staff. Volunteers work about 30 minutes taking tickets and passing out programs. When the doors close and the performance starts, we can go in and watch. I also put the play dates in *The Bulletin* to get more volunteers. This is usually a popular activity.

Walter Stiern Memorial Rose Garden - Jean Childers (2006-2018), Carla Stanley (2019-2022)



In 1992, Fred and Mary Krauter, with 14 volunteer gardeners, took charge of the Walter Stiern Memorial Rose Garden. Seventy roses were donated that year by Jackson & Perkins in Wasco for a total of 250 roses to be tended.

In 1995, the University installed a new irrigation system and Sam Trivitt, a local rosarian, designed new plots and pathways for the All American Rose Selection (AARS) roses displayed in the garden.

In 1996, the bench and shade structure was completed with plaques honoring CSUB for 25 years of excellence, and the 60+ Club founding committee. Sixteen new roses were added this year.



By 1998, 400 rose bushes were blooming, with Jackson & Perkins and Weeks, both in Wasco, continuing to donate new plants. The Krauters retired as team leaders in 2003. Because of some irrigation and gopher problems, there had been some die-off and there was an estimated 300 roses in the garden.

In 2005, a sundial was placed in the garden with a plaque honoring Fred and Mary Krauter for their years of service.

In 2019, the 60+ Club board voted to give \$500 to plant new roses in the Walter Stiern Memorial Rose Garden. New roses were planted in 2020, with some losses as we figured out sprinklers and watering in the various beds. An additional \$500 was allocated in 2021, but roses could not be planted due to COVID restrictions. Repairs were done on the sprinklers in 2019, and adjustments were made in 2022. The university provided mulch in Spring of 2022, and we applied it to the beds. With this year's planting of 24 new roses, we now have 185 bushes in the garden.



There is room for more and I am hoping to do more planting every year, removing some older bushes that are no longer doing well. Some bushes are sending out shoots, and this year I am potting these volunteer roses and will put them back into the garden in the next year or two. I am experimenting with growing roses from cuttings, hoping to duplicate some of the older roses that are no longer for sale. In an effort to preserve water, the university will mulch the garden this year.

Many club members have helped over the last few years, but Anne Holden, Linda Cohen, Gary Knerr, and Trish and Mike Mills have been the most steadfast members of the Rose team. We are averaging about 80-90 volunteer hours spent in the garden every year.

Short Term Projects - Judy Harris (2013-2016)

This committee has been part of the Action Network since the beginning of the club in 1986, responding to calls for temporary help on campus. In the past, its volunteers have provided clerical assistance (for example, staffing the phone prior to the opera, or helping with mailing the bulletin) and academic related endeavors (e.g., sorting maps for the Geology Department). By 2000, we were wrapping utensils for barbeques on campus, tying diplomas, handing out programs at commencement ceremonies, and helping with special mailings. The university has changed tremendously since 1986 and uses students for many of the tasks we were asked to do. Reviving this committee could help us find new ways to help on campus, and being seen helps recruit new members.



California Well Sample Repository - Willam Todd (2013-2019)

The Repository contains a historical collection of geological core samples from more than 4,000 gas and oil wells drilled all over California from as far back as 1930. Our volunteers have been helping since the organization of the club in 1988. We are responsible for carefully organizing and indexing the samples, well reports, and well logs. The CWSR Curator Charles James runs the repository and helps the volunteers.



From 2012-2020, 60+ Club members volunteered a total of 3,339 hours at the California Well Sample Repository. Some years there were 10-12 volunteers. In more recent years, as people retired, there have been only 5-6 volunteers.

The work remains the same, that of repackaging oil well core samples from their original paper bags, to heavy duty

plastic bags that are more durable. Information on the well name and depth of the sample is transferred to the new bags. Geology students log the information into the computer, put the samples in the new boxes, and return them to shelves in the warehouse. These samples are from all over California, but primarily from the San Joaquin Valley and Los Angeles areas. Many are from the years 1930-1950.

Over the years, the Repository building has been upgraded with new tables and chairs. Most importantly, it now has a cooler for those 90+ degree days, and heaters over work tables for those winter days when it is colder inside than it is outside.



Volunteers from the 60+ Club, in alphabetical order, are: Eleanor Bowles, Gary Cobell, Sandy Dralle, Kim Jones, Stan Jones, Kaye LeFebvre, Irene Randolph, Bette Stinson, Fran Sullivan, William Todd, Jane Tsuda, Kay Wilson.

INTEREST GROUPS - Lew Jones, Cheryl Martin (2013-2015), Sandy Dralle (2015-2017), Pat Lindsey (2017-2018), **Charlene Edwards (2018-2021)**

Interest groups are developed and run by the members for the members. As interests and membership change, so do our Interest Groups.

Art for Fun (2014-2017), Creative Writing (2013-2015), Out and About (2013-2016), Classics Revisited (2012-2019), Mystery Book Club (2018-2020) and Readers Group 1 (2013-2019) were discontinued. Wendall Kinney was the long-time leader of the Music Sing-A-Long, which was suspended at his death.

Since the pandemic was declared March 2020, we could no longer meet on campus for Around the Cracker Barrel or Coffee with the Professor. They will hopefully return when we are able to return to campus.

In the meantime, we have Fun & Games, a big hit, which meets monthly in the game room of a local pizza restaurant. The Readers Group (formerly Readers Group 2) has been able to continue as a Zoom monthly meeting, with in-person

meetings starting in April 2022. Knit One Crochet Too, the Lunch Bunch, and the Dinner Club have all revived as pandemic restrictions have eased.

We encourage the members to share what fascinates and stimulates them by starting new interest groups.

Around the Cracker Barrel - Milt Clift (2013-2014), Gary Ivey (2014-2015), Lewis Jones (2018-2019)

This interest group started in 2005. The statement of purpose is as follows: The Cracker Barrel will invite open dialogue concerning a variety of local, national, and international issues. In so doing, we hope to activate the symbiotic relationship between discourse and reasoning, both being fundamental to the reinforcement or modification of previously held views.

Coffee with the Professor - Barbara Fleming, Sue Glenn (2013-2014), Ted Murphy (2014-2015), Sandy Dralle (2015-2017), Ted Murphy & Kaye LeFebvre (2018-2019)

This interest group has been active since 1996, meeting once a month during the academic year (except December) for a lecture of about 45 minutes by a CSUB professor, followed by a question-and-answer period.

This activity was also disrupted by the pandemic, and we hope to revive once our activities move back on campus.

Dinner Club - Judy Harris (2013-2017), Karen Carey (2013-2018), Charlene Edwards (2017-2018), **Linda Cohen & Marilyn Stewart (2018-2022)**



The Dinner Club meets monthly (currently the third Tuesday of the month) at 5:30 pm. Each month a different restaurant is chosen and we try to visit mostly locally owned/operated restaurants. We have anywhere from six to 20+ attendees each month. All members are welcome to join our group, either on a regular basis or occasionally.

We have dined at Italian, Asian, Indian, American, and continental restaurants and welcome suggestions from any of the group as to where to go each month. We have had a lot of fun at dinners and it's a great way to

get to know more 60+ members and to patronize local restaurants.

From March of 2020 through August 2021 we did not meet due to COVID-19, but are hopeful that we can now continue to meet on a regular basis.

I joined Marilyn Stewart as co-chair in November 2018 and we have really enjoyed this group.

Fun & Games - Bob and Carole Guillory (2019-2022)

Fun and Games group meets the 1st Wednesday of the month at Round Table Pizza on Gosford Road. Round Table graciously allows us to use the private party room in the back at no charge. We enjoy a no-host lunch; then around 1:00 we start playing games.



We always have a game of Mexican Train going and have recently added Mahjong. We have also enjoyed a few different card games. Everyone is invited to bring a game of their choice to play as the group is always up for learning something new.

As with all of CSUB activities, we had to suspend our game days for several months in 2020 due to Covid.

Knit One/Crochet Too - Charlene Edwards & Adele Davis (2013-2014), Lena Flippen (2014-2016), Judy Lawhead (2014-2022)



Knit One/Crochet Too has found interested participants since 2013. We did have a pandemic pause, but started meeting again in September 2021 at Panera Bread. We stay busy with individual projects and also items for donations. We also have members who are gifted teachers and would be happy to teach any newcomers. We will provide supplies for beginners. If you just want fellowship, grab a coffee and join us.

Lunch Bunch - Charlene Edwards & Beth Curtis (2013-2016), Michael McCabe, Laurel Hayes (2016-2017), **Karen Carey (2017-2022), Charlene Edwards (2017-2022)**

60+ Lunch Bunch (formerly known as 60+ Diners Club Lunch Group) meets once a month to socialize while trying both new and “tried and true” restaurants for lunch. With the many different cuisines available in Bakersfield, we have enjoyed trying most of them. The pandemic, with the accompanying restaurant regulations that changed almost daily, did present a challenge, so we did not always have a chance to try our first choice. Overall, the 60+ Lunch Bunch is an excellent group for members to get together and new members to get acquainted.



Readers Group - Jody Miller (2013-2015), Bertie Warren (2013-2018), **Kathy Wagner & Carol Black (2018-2022)**



In September 2018, the leadership of the Readers' Group passed from Bertie Warren to Kathleen Wagner, with the continuing assistance of Carol Black. Prior to March 2019, there had been three Readers' Groups. The other two groups dissolved. The former Readers' Group II became the Readers' Group.

We meet the third Wednesday of each month from September to May at 2 p.m. Historically, we have met in members' homes. For the last two years, due to Covid-19, we have met via Zoom. At each meeting, we discuss a book which has been selected by the group. Each member is encouraged to offer suggested titles for reading and discussion. Discussion questions can often be found online or in

the back of the book. We also have generic questions. Often during the summer, we try to read a longer book or a series of titles to be discussed in September. The titles discussed from 2012 to 2022 can be found at the following link:

https://docs.google.com/document/d/11nIZNJUYKXZnfFJ0aSAeV_RMAnrp8-R/edit?usp=sharing&ouid=113561186098523998567&rtpof=true&sd=true

World Religions - David Rhea (2014-2015), David Hanley (2015-2018), Karen Polyniak (2014-2018) **Science and Religion** - David Hanley & Karen Polyniak (2018-2019)

Started in January of 2014, it was first chaired by Aaron Steenbergen, followed by David Rhea and David Hanley with Karen Polyniak as co-chair later.

The group met at the Student Health Center Conference Room and strived to bring in various leaders/scholars of different religions in an open, supportive, informative manner. Oftentimes, it was difficult to get speakers or they would have to cancel unexpectedly as they are working people. In the last year, we changed the name of the group to “Science and Religion” so that we could possibly get more speakers. When they did arrive, they were all very interesting and opened the group to new ideas. Topics and guests can be found at the following link:

https://docs.google.com/document/d/1v2Js2x-aKyffPLtB83Q5HzQcGDH_gF1Y/edit?usp=sharing&ouid=113561186098523998567&rtpof=true&sd=true

SPECIAL PROJECTS

Elder College - Cheryl Tikanen (2013-2020)

In 1990, the 60+ Club formed an Elderhostel Committee coordinated by Harvey and Laura Brockmeyer. Thirty-two people came and lived in the dorms for a week in August, going on field trips, taking classes, and being wined-and-dined. In 1992, the committee made the decision to use a hotel for more flexible timing and greater comfort for the participants.

In 1995, the name was changed to Elder College. With this change, the instruction and field trips stayed the same, but the participants stayed at home and came to campus. The price per enrollee dropped from \$345 to \$95 which included five days of instruction, five lunches, one all-day field trip, and one final dinner.

In 2000, another change was made. Elder College became a three-day course of one-and-a-half hour daily sessions, lunch in the dining commons, and an all day field trip and a special last night dinner. This was a successful formula as can be seen in the “History of the Elder College” link below, which contains all of the Elder College classes from 1990-2016”

<https://drive.google.com/file/d/1Q2dMS2PHcEDJXxLsOngiUjcaw-8cBefa/view?usp=sharing>

Elder College Courses 2017-2019

2017

TOPIC: Senior Health Concerns

AM SESSION: CSUB Political Science Students & Health Services

PM SESSION: Alzheimers Assoc. Of KC, Greater Bakersfield Assistance Inc., CSUB Kinesiology

FIELD TRIP: Adventist Health Hospital

2018

TOPIC: First Responder Services

AM SESSIONS: CSUB Political Science students, First Responders

PM SESSIONS: Writing and other activities

FIELD TRIP: Museum of Tolerance in LA

2019

TOPIC: Total Tech Support

AM SESSIONS: CSUB Political Science students, Best Buys' Geek Squad focusing on different types of technology (iPad, iPhone, computer, smart TV)

PM SESSIONS: writing and other types of activities

FIELD TRIP: La Brea Tar Pits

Scholarship (2019-2022)

January 2019, Cheryl Tikanen suggested we consider providing a student scholarship. The Scholarship committee was set up in April consisting of Cheryl, Kim Jones, Kay LaFebvre, Sharon Mills, and Carla Stanley (Three board members and two members at large). With input and direction from Heath Niemeyer, Director of Development, a scholarship agreement was drafted with information required by the university. Specifically:

Scholarship will be renewed annually by a board vote

Scholarship will be \$1500

Only upper division students from the school of Nursing or Education will be eligible

Grade point requirement is 3.0 and above

A 300-500 word essay on "Contributions to our community" must be completed.

By October of 2019, Cheryl reported the scholarship was in place and funds would be available for the next Fall and the committee met in August 2020.

Scholarship awarded to Clairice Poblete, Nursing, for the 2020-2021 school year.

Scholarship committee 2020-2021: James Mitchell, Kim Jones, Carla Stanley, Carol Black, Lark Bowyer. **Scholarship awarded to Anthony Almarez, Nursing, for 2021-2022 school year.**

Scholarship committee 2021-2022: James Mitchell, Carla Stanley, Carol Black, Lois Hess, Linda Cohen. **Scholarship awarded to Yadira Ayala, Education, for 2022-2023 school year.**

Food Pantry (2018-2020)

In 2017, CSUB opened a Food Pantry on campus to help address food insufficiency amount the student body. Janis Varner took charge and got the 60+ Club involved.

Using our most efficient means of communication, she announced a needed food item (for example, peanut butter and jelly or breakfast cereals) in *The Bulletin*.

Members would bring the items to the meeting and we would cart the items over to the nearby Food Pantry for them to put the items on their shelves. When campus closed because of the pandemic, our assistance stopped, thought we were able to gather items for the Food Pantry at the 2021 Christmas Gathering.

It would be nice to start helping once more.

Any volunteers to chair this committee?



Summary Report (2022)

Carla Stanley volunteered to comb through the files of minutes, bulletins, and biennial reports to glean information from the last ten years needed for the report. Members of the board and chairs of interest groups and actions committees helped gather other information and memories to complete the report. Let's not wait 10 years to do the next report.



Life is like riding a bicycle. To stay balanced you must keep moving.
[sign in front of CSUB Health Center]