

THE BULLETIN

OF THE 60+ CLUB

Volume 40, Number 4

December 2025 – January 2026

Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD

19AW, 9001 Stockdale Highway Bakersfield, CA 93311

www.csub.edu/60plus

President's Message

Carla Stanley

(428-1517, searosas53@hotmail.com)

Our holiday luncheon is **Friday, December 12**. The registration form in this *Bulletin*. Registration ends **Tuesday, December 2**.

This is our December and January *Bulletin*. I bring this to your attention because the board has a decision to make at the December board meeting that will be announced in the email blasts. This year our general meetings have been held in the Dezember Leadership Development Center because the room rental price was lower. The board will make the decision at our December meeting to keep our general meeting there, or go back to the Stockdale Room where we met last year. If you have strong feelings about where our meeting is being held, please contact me and let me know by **December 3** so I can bring your opinions/concerns to the board members for discussion.

Thank you to all the interest and activity group leaders for making things happen in the 60+ Club. Read through the bulletin and get involved! Share your ideas and your energy!

It is wonderful that many people are bringing friends to 60+ Club activities, but remember we are a club and if they like attending so much they want to come again and again, that person should join as a member. This link will take you to our membership site: www.csub.edu/60plus/membership.

The recent deaths of long-time members Ted Murphy and Billy Burke have made me aware that the 60+ Club is really a community that relies on its members to share information. Please let me know if a 60+ Club member you know has died so we can recognize that person and pass on information to the membership. Thank you so much for caring for each other.

(continued next page)

Communications Committee

Vice President (Programs)

Jane Cuellar

(388-7154, jacuellar58@gmail.com)

General Meeting - Thursday, January 8 at 2 pm on the CSUB Campus – specific location to be determined. You will need your 60+ parking pass.

Our speaker is Berkeley Hanley, the Community Engagement Coordinator at Kern County Animal Services (KCAS) since 2021. Berkeley was born and raised in Bakersfield and have been passionate about working with animals since childhood. She initially interned with KCAS in 2006-7 through the Kern High School District ROC program then returned as volunteer in 2012 and was hired as an Animal Care Worker the same year. She spent much of the time with the medical staff and foster teams. Her main duties are overseeing volunteers and Community outreach. She is also the daughter of member David!



She will be speaking about the animal over-population crisis, the state of animal welfare and what we are doing to improve it.

Food Pantry: We will again be collecting items. Let's help CSUB's food pantry restock with non-perishable food items.

SAVE THE DATE: Fundraiser!!! Bingo at Temblor Brewing Company on **Monday, June 15 at 7 pm**. Come early for dinner.

The next board meeting is **Thursday, December 4 at 1:30 pm** at the CSUB University Advancement Conference Room. There will be no board meeting in January since the first Thursday is New Year's Day. Anyone is welcome to attend, but we have limited space. Any non-board members need to contact me at least a week ahead of time so we can make sure parking is reserved for them.

Editor's Note**Karen Polyniak****(246-8763, kpoly@earthlink.net)**

The next issue will be for the month of February **2026** and the deadline is **Thursday, January 15**. Please note that all deadlines are on the 15th of the month prior to the next *Bulletin*.

60+ Club Scholarship Donation

We have been giving a \$1500 scholarship to a CSUB nursing student or one pursuing a career in Education every year since 2019. Please help us continue this activity by donating to our scholarship fund.

Please make your check out to
"CSUB FOUNDATION"
Write "60+ Club Scholarship
in the memo section of your check

Mail to:
University Advancement
CSU Bakersfield Mail Stop 19AW
9001 Stockdale Hwy
Bakersfield, CA 93311-1022

In Memoriam

Lorna Rogers

Linda McMillan,
Sister of Members
Margaret Dolan & Judy Lawhead

Elder College & Out & About**Jeff Stoltz****(742-9557, jeffstoltz2016@aol.com)**

Thanks for those that signed up for "Elder College" and "Out & About" on Possibilities Day. If you did not get a chance to sign up, you can send me an e-mail or text with your name, phone number and e-mail address and I will add you to the list. For Elder College, we are narrowing in highlighting an Energy based theme, with a possible visit to the West Kern Oil Museum and speakers related to Oil or Wind or Solar generation. This will occur most likely in April 2026. For the Out & About first visit, I was hoping to schedule a factory visit to the Frito-Lay plant off the old Hwy 58 near I-5, but they are having some construction activities and are not allowing tours until sometime in 2026. The committee is working on several other venues and details will be forthcoming.

Action Network	Sheila Ross	(444-6839, sheiro6@aol.com)
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Fine Arts Theater	Judy Harris	(331-2229, ibejudyh@sbcglobal.net)
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The next theater production will be in March 2026.

Fine Arts Music	Toni Smith	(301.7188, rayandtonis65@yahoo.com)
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Thanks to all that volunteered for the November events. There are still events this year but the schedule has not been determined for 2026: Here are upcoming music programs:

New Music Concert at Music Room 127 featuring guest composer & students

Tuesday, December 2 at 7:30 pm, free concert

Holiday Concert at the Doré Theatre

Sunday, December 7 at 3 pm, \$12 general admission, \$7 Seniors, Free for students

Tuba Christmas - A concert featuring CSUB students & community members at the Doré Theatre

Sunday, December 21 at 3 pm, free concert

Walter Stiern Memorial Rose Garden	Carla Stanley	(428-1517, searosas53@hotmail.com)
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I invite anyone interested to come out to the rose garden (by the Dore Theatre and the Madigan Art Gallery) and learn how to deadhead, and prune, and weed. Bring your pruning shears, gloves, and a bucket or bag, and a weeding tool if you would like to help with that part of it. Water is always important - stay hydrated! We will meet on these **Saturdays - December 13 and January 10 at 8:30 am.**

Well Sample Repository	Kim Jones	(619-985-5127, kimithjones@gmail.com)
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Our December “working” meeting will be the **4th Monday of the month (December 22) starting at 9 am.** Besides working that day, we will be able to decide with Rochelle what days — Mondays or Wednesdays — and what dates — we can schedule working meetings for 2026. Hope to see all the volunteers there.

Interest Groups	Sheila Ross	(444-6839, sheiro6@aol.com)
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Around the Cracker Barrel	David Hess	(333-2314, dmhess88@yahoo.com)
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We hope to continue this group on a regular basis, but the date, time, location and subject for the next meeting have not yet been determined. If you have any suggestions or comments, please reach out to Dave Hess.

Conversations with the Professor	James Mitchell	(703-6804, jm6495777@gmail.com)
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We will not be meeting in December. Our next meeting will be on **Monday, January 26 at 2 pm**, with a speaker to be determined. The location is the Dezember Leadership Center, Room 402D, the same location as our recent General Meetings. Please remember to put your parking pass on your dashboard and park in the reserved spaces in Parking Lot G adjacent to the building which is located near the President’s Office, east of the Tennis Courts.

Crafty Paper Arts	Karen Polyniak	(246-8763, kpoly@earthlink.net)
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Due to December scheduling changes, we will be meeting on the 1st Tuesday that month. We meet at the Southwest Branch of the Library located at 8301 Ming Avenue. The dates are: **Tuesday December 2 and on 2nd Tuesday, January 13 at 1:30 pm.** In December, we will make paper stars that hold candy and in January, we’ll make paper horses.



Dinner Club	Linda Cohen	(599-0799, lcohen362@gmail.com)
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Happy Holidays! Please note my new email address, lcohen362@gmail.com to RSVP.

Dinner Club will meet on **Tuesday, December 16 at 5:30 pm** at Frugatti's, 8109 Brimhall Road. Please RSVP by Monday, December 15.

In January we will meet on **Tuesday, January 20 at 5:30 pm** at Blue Elephant, 8200 Stockdale Highway. Please RSVP by Monday, January 19.

Fiber Arts	Carla Stanley	(428-1517, searos53@hotmail.com)
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Our meetings are on **Wednesday mornings at 10 am** at Panera Bread at 4108 California Ave. We will be meeting December 24 and December 31. We work on individual projects and items for donation. While we do a lot of knitting and crocheting, we also welcome members who like to cross-stitch, needlepoint, embroider, or do any portable handcrafting. For those who would like to learn to knit and crochet, we can help with the basics. We also welcome anyone just to have a cup of coffee and visit. Please feel free to give me a call (or text or email) if you want to confirm we will be meeting.

Fun & Games	Carole & Bob Guillory	(665-2148, bcguillory@sbcglobal.net)
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Wednesdays, December 3 & January 7 will be our next Fun and Game Days. We will meet at the Round Table Pizza in the small party room. The address is 4200 Gosford Road. Our no-host lunch will be at **noon** with the fun and games beginning at **1 pm**. Don't forget we are always interested in learning new games so, bring your favorite one or join in on our Mexican Train, Mah Jongg and Phase 10 games.

Lunch Bunch	Nancy Hine	(619-7539, smilenhine@hotmail.com)
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On **December 10, the second Wednesday at 11 am**, Lunch Bunch will meet at RUBEN'S MEXICAN RESTAURANT, 2701 Calloway Dr, 93312. in the NW plaza at Rosedale Hwy & Calloway. Ruben's is only three doors north of Rosedale Hwy in the western-most set of buildings. (Between Ryan Chiropractic and Rosedale Dental Studio.) They do set up with salsa and chips, but the best freebie is their home-made bean dip. I could eat that like soup! Reserve your spot with Nancy by December 9.

On **January 14, the second Wednesday at 11 am**, Lunch Bunch will meet at OCHA THAI RESTAURANT, 2501 White Lane, in the SW corner plaza of Hughes & White Lane. From the outside, it looks like a small dive, but it's much nicer inside. The food choices are fantastic. Menu can be seen at www.ochathairestaurantca.com. I am looking forward to their Shrimp Pad Thai. Reserve your spot with Nancy by Tuesday, January 13.

Readers Group	Kathy Wagner	(805-8767, Jonwag49@earthlink.net)
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The Readers' Group will meet on **Wednesday, December 17 at 2 pm** at 9503 Bloomsbury Ct., to discuss *Buckeye* by Patrick Ryan. The phone number is 428-1517. For further information about this Group, please call Kathy Wagner. Beginning in 2026, the Readers' Group will meet on **Wednesday, January 21 at 2 pm** at 8209 Hastings St., to discuss *Slow Horses* by Mick Herron. The phone number is 529-8504.

Share & Care	Jane Decker David Hess	(477-4149, janedecker@att.net) (663-0198, dmhess88@yahoo.com)
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There will be no "Share and Care" for the month of December. The next meeting will be on **Tuesday, January 20 at 1 pm**. Location: Ivy Park at Seven Oaks, 4301 Buena Vista Blvd. As you enter, please check in at the front desk. Take the elevator to the 2nd floor, make 2 right turns to the games room.

DECEMBER 2025						
S	M	T	W	T	F	S
	1	2 Holiday Lunch Reservations Due Crafty Paper Arts 1:30p CSUB Music 7:30p	3 Fiber Arts 10a Fun & Games 1p	4 Board Meeting 1:30p	5	6
7 CSUB Music 3p	8	9	10 Fiber Arts 10a Lunch Bunch 11a	11	12 Holiday Lunch 11:30a	13 Rose Garden 8:30a
14 Hanukkah Begins Duke's Concert 4p	15	16 Dinner Club 5:30p	17 Fiber Arts 10 Readers 2p	18	19	20
21 CSUB Music 3p	22 Well Repository 9a	23	24 Christmas Eve Fiber Arts 10a	25 Christmas	26 Kwanzaa begins	27
28	29	30	31 New Year's Eve Fiber Arts 10a			
JANUARY 2026						
				1 New Year's Day	2	3
4	5	6	7 Fiber Arts 10a Fun & Games 1p	8 General Meeting 2p	9	10 Rose Garden 8:30a
11	12	13 Crafty Paper Arts 1:30p	14 Fiber Arts 10 Lunch Bunch 11a	15 Bulletin Deadline	16	17
18	19 Martin L. King Jr (campus closed)	20 Share & Care 1p Dinner Club 5:30p	21 Fiber Arts 10a Readers 2p	22	23	24
25 Duke's Concert 4p	26 Convo w/ Prof 2p	27	28 Fiber Arts 10a	29	31	31

Fred & Beverly Dukes Memorial Concert Series at 1st Congregational Church on **Sundays at 4 pm.**
5 Real Rd. (<https://fccbakersfield-ucc.org/dukes-concert>)

- **December 14** – Tony Rinaldi & Joe White -Christmas Favorites & Sing-Along
- **January 25** – Herb Mallory & Friends - Soul – Rhythm & Blues



60+ CLUB
CSU BAKERSFIELD

HOLIDAY LUNCHEON

FRIDAY, DECEMBER 12, 2025
STOCKDALE COUNTRY CLUB, 7001 STOCKDALE HWY
SOCIAL GATHERING: 11:30 AM
LUNCH: 12:00 PM



Join us to share your holiday spirit with friends.
Please bring your **non-perishable food and hygiene items** to stock
the **CSUB Food Pantry**.

MAKE RESERVATIONS WITH JANE DECKER BY TUESDAY, DEC 2nd BY EMAIL, TEXT, OR PHONE
(janedecker@att.net; Phone: 661-477-4149)

- Checks payable to **CSUB Foundation**; in MEMO line: **60+ Holiday Luncheon**.
- Mail your check and food selection within **2 days** of notifying Jane Decker to:

**60+ Club: CSUB University Advancement: Mail Stop 19AW. 9001 Stockdale Hwy, Bakersfield
CA 93311**

There will be no refunds!

+++++

Name(s) _____

Phone _____

Entrées include iced tea – lemonade – coffee – rolls and butter – dessert.
Each entrée is \$40.

Please indicate your entrée, quantity, and payment total.

Chicken Piccata _____

Short Ribs _____

Vegetarian – Mushroom Ravioli Primavera _____

Payment Total _____

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Volume 40, Number 3
November 2025
Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD
19AW, 9001 Stockdale Highway Bakersfield, CA 93311
www.csub.edu/60plus

President's Message

Carla Stanley

(428-1517, searosas53@hotmail.com)

Hello all! I look at my calendar and smile because there are so many 60+ Club activities to engage in, sometimes two activities in one day! Our plots in the CSUB Edible Garden have transitioned to winter crops, and mulch is being spread on the rose garden to prepare it for winter. I hope everyone has participated in at least one activity since they joined. Watch your bulletin and your emails for more information about everything we do.

We had our first General Meeting at the Dezember Leadership Development Center. Mitchell Coleman from the Tejon Conservancy entertained and informed us. We are hoping to see him again! He has so much information about the Tejon Ranch. We always have skilled speakers speaking on diverse subjects. Come join us for our General Meetings!

Our holiday luncheon is **Friday, December 12**. The registration form is at the back of this *Bulletin*. Please register soon. Registration ends December 2.

The next board meeting is **Thursday, November 6, at 1:30 pm** at the CSUB University Advancement Conference Room. Anyone is welcome to attend, but we have limited space. Any non-board members need to contact me at least a week ahead of time so we can make sure parking is reserved for them.

SAVE THE DATE: Fundraiser!!! Bingo at Temblor Brewing Company on **Monday, June 15 at 7pm**. Come early for dinner.

Communications Committee

Vice President (Programs)

Jane Cuellar

(388-7154, jacuellar58@gmail.com)

General Meeting - Thursday, November 13 at 2 pm in the new location of the Dezember Leadership Center Room 402D. On the map you received with your parking pass, the building is numbered “#44d”. Use Parking Lot G where we will have reserved spaces when using your 60+ parking pass. Entrance to campus is best from the south by Camino Media and Southwest Drive taking you to Student Way where you head east toward the President's office.

Our speaker is Jane Couperus, Director of Planned Giving in the CSUB office of University Advancement. Jane was in attendance at Possibilities Day and people were very interested in what she had to say.



Food Pantry: We will again be collecting items coordinated by 60+ member Jewel Benoit. Let's help CSUB's food pantry restock with non perishable food items.

Editor's Note

Karen Polyniak

(246-8763, kpoly@earthlink.net)

The next issue will be for the months of **December 2025 and January 2026** and the deadline is **Saturday, November 15**. Please note that all deadlines are on the 15th of the month prior to the next *Bulletin*.

60+ Club Scholarship Donation

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Please make your check out to
“CSUB FOUNDATION”
Write “60+ Club Scholarship
in the memo section of your check

Mail to:
University Advancement
CSU Bakersfield Mail Stop 19AW
9001 Stockdale Hwy
Bakersfield, CA 93311-1022

In Memoriam

Billy Burke
(November 13, 1924 –
October 18, 2025)



Billy
at Possibilities Day
September 11

Elder College & Out & About

Jeff Stoltz

(742-9557, jeffstoltz2016@aol.com)

Thanks for those that signed up for “Elder College” and “Out & About” on Possibilities Day. If you did not get a chance to sign up, you can send me an e-mail or text with your name, phone number and e-mail address and I will add you to the list. For Elder College, we are narrowing in highlighting an Energy based theme, with a possible visit to the West Kern Oil Museum and speakers related to Oil or Wind or Solar generation. This will occur most likely in April 2026. For the Out & About first visit, I was hoping to schedule a factory visit to the Frito-Lay plant off the old Hwy 58 near I-5, but they are having some construction activities and are not allowing tours until sometime in 2026. The committee is working on several other venues and details will be forthcoming.

Action Network

Sheila Ross

(444-6839, sheiro6@aol.com)

Fine Arts Theater

Judy Harris

(331-2229, ibejudyh@sbcglobal.net)

Thank you to all of the volunteers who volunteered for theatre production of *9 to 5* in October.

Fine Arts Music

Toni Smith

(301.7188, rayandtonis65@yahoo.com)

There are some music events in November:

Choir Concert at the Doré Theatre

Thursday, November 6 at 7:30pm

Jazz Collective Fall Concert at the Doré Theatre

Friday, Nov 14 at 7:30 pm

Concert Band & Symphonic Band at the Doré Theatre

Saturday, Nov 22 at 7 pm

Chamber Music Concert at the Doré Theatre

Sunday, Nov 23 at 2 pm

Walter Stiern Memorial Rose Garden	Carla Stanley	(428-1517, searosas53@hotmail.com)
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I invite anyone interested to come out to the rose garden (by the Dore Theatre and the Madigan Art Gallery) and learn how to deadhead, and prune, and weed. Bring your pruning shears, gloves, and a bucket or bag, and a weeding tool if you would like to help with that part of it. Water is always important—stay hydrated! We will meet on **Saturday, November 8 at 8:30 am.**

Well Sample Repository	Kim Jones	(619-985-5127, kimithjones@gmail.com)
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Our first meeting this academic year at the Well Core Repository was Wednesday, October 15. Curator Rochelle Howard, explained some of the areas where 60+ club members will be able to help and we got busy remarking boxes and file cabinets. The Warehouse is as dusty as ever, however masks and gloves are available. Our meetings in November and December will be on the 4th Monday of the month - **November 24 and December 22 starting at 9 am until noon.** In December we will decide if meetings in 2026 will be on Mondays or Wednesdays, or a combination. If you would like to add your name to the volunteer list, please contact Kim Jones.

Interest Groups	Sheila Ross	(444-6839, sheiro6@aol.com)
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Dorothy Vokolek is looking to start a Party Bridge Group. See her contact information if you want to join in.

Around the Cracker Barrel	David Hess	(333-2314, dmhess88@yahoo.com)
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The first meeting of the revived Around the Cracker Barrel discussion was held in the Humanities Center Room 1108 on Friday, October 17. Attending were eight 60+ Club members, four students, and two faculty members. Coffee, water and doughnuts were provided by Dr. Nate Olsen, of the Kegley Institute of Ethics at CSUB. After an initial presentation about the Kegley Institute and its participation in the national Intercollegiate Civil Disagreement Partnership, a discussion concerning the current status of freedom of speech was actively enjoyed by all attendees.

We hope to continue this group on a monthly basis, but the date, time, location and subject for the next meeting have not yet been determined. If you have any suggestions or comments, please reach out to Dave Hess.

Conversations with the Professor	James Mitchell	(703-6804, jm6495777@gmail.com)
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This month we will meet on **Monday, November 24 at 2 pm.** The location is the Dezember Leadership Center, Room 402D, the same location as our General Meetings. Please remember to put your parking pass on your dashboard and park in the reserved spaces in Parking Lot G adjacent to the building which is located near the President's Office, east of the Tennis Courts. The speaker will be Dr. Jeremiah Sataraka, Chair & Assistant Professor of CSUB Ethnic Studies Department. He will present information along the lines of political correctness.

Crafty Paper Arts	Karen Polyniak	(246-8763, kpoly@earthlink.net)
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Due to the normal 2nd Tuesday being Veteran's Day and the Library & CSUB are closed, we plan to meet at the Southwest Branch of the Library located at 8301 Ming Avenue on the **1st Tuesday November 4 at 1:30 pm.** Crafter & Member Donna Baker will bring materials for us to make our own card.

Dinner Club**Linda Cohen****(599-0799, linmar@bak.rr.com)**

Dinner Club will meet on **Tuesday, November 18 at 5:30 pm** at Valle Flavors of Mexico, 12716 Stockdale Highway Suite 100. This is the former location of La Cave on the eastern end of the shopping center at Stockdale & Allen Road. Please reserve your spot by Monday, November 17.

Fiber Arts**Carla Stanley****(428-1517, searosas53@hotmail.com)**

Our meetings are on **Wednesday mornings at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting, we also welcome members who like to cross-stitch, needlepoint, embroider, or do any portable handcrafting. For those who would like to learn to knit and crochet, we can help with the basics. We also welcome anyone just to have a cup of coffee and visit. Please feel free to give me a call (or text or email) if you want to confirm we will be meeting.

Fun & Games**Carole & Bob Guillory****(665-2148, bcbguillory@sbcglobal.net)**

Wednesday, November 5 will be our next Fun and Game Day. We will meet at the Round Table Pizza in the small party room. The address is 4200 Gosford Road. Our no-host lunch will be at **noon** with the fun and games beginning at **1 pm**. Don't forget we are always interested in learning new games so, bring your favorite one or join in on our Mexican Train, Mah Jongg and Phase 10 games.

Lunch Bunch**Nancy Hine****(619-7539, smilenhine@hotmail.com)**

On **Wednesday, November 12 at 11 am**, Lunch Bunch will meet at The VAULT RESTAURANT, 3901 Ming Ave, SE corner of Akers & Ming in a dark brown box building. You can get pasta for \$18 with an extra charge for selection of protein added. Park directly in front of the door. Reserve your place with Nancy by Tuesday, November 11.

Party Bridge Group**Dorothy Vokolek****(203-0581, dvokolek@msn.com)**

A party bridge group is being proposed. Time and dates to be determined later. If interested, please call or text Dorothy Vokolek.

Readers Group**Kathy Wagner****(805-8767, Jonwag49@earthlink.net)**

The Readers' group will meet on **Thursday, November 20 at 2 pm** at 2605 Brookside Drive, 93311, unit #186, to discuss "*James*" by Percival Everett. Note: this is a change of date for the meeting just for November. The phone number of the host is 302-9750. If any further information is needed, please call Kathy Wagner.

Share & Care**Jane Decker****(477-4149, janedecker@att.net)****David Hess****(663-0198, dmhess88@yahoo.com)**

The Share and Care group was an idea developed after the Commission on Aging presentation to 60+, asking for input for the Area Aging Agency Master Plan. Some of us realized that we, as a group, could address some of the issues through our members. We are hoping to build on what we learned from our June event, "Getting Your Life in Order". Our hope for this year will be to develop another similar event. Our November meeting will be at Ivy Park at Seven Oaks, 4301 Buena Vista Blvd at **1 pm on Tuesday, November 18**. When you arrive just check in at the front desk then take the elevator to the second floor, turn right, then right again to the games room.

NOVEMBER 2025						
S	M	T	W	T	F	S
						1
2 Duke's Concert 4p	3	4 Crafty Paper Arts 1:30p	5 Fiber Arts 10a Fun & Games 1p	6 Board Meeting 1:30p	7	8 Rose Garden 8:30a
9	10	11 Veteran's Day (campus closed)	12 Fiber Arts 10a	13 General Meeting 2p	14	15 Bulletin Deadline
16	17	18 Share & Care 1p Dinner Club 5:30p	19 Fiber Arts 10a Readers 2p	20	21	22
23	24 Well Repository 9a Convo w/ Prof 2p	25	26 Fiber Arts 10a	27 Thanksgiving (campus closed)	28 (campus closed)	29
30						

Fred & Beverly Dukes Memorial Concert Series (<https://fccbakersfield-ucc.org/dukes-concert>).

The Dukes were members of the 60+ Club and had endowed these concerts.

First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd).

- Nov 2 – Ted Spanke and the Tex Pistols -Traditional Country
Boot-stomping country classics for all ages.
- Dec 14 – Tony Rinaldi & Joe White -Christmas Favorites & Sing-Along
Beloved holiday songs and joyful caroling.
- Jan 25 – Herb Mallory & Friends - Soul – Rhythm & Blues
Smooth vocals and deep grooves to stir the soul.
- Feb 22 – Bakersfield Winds - Classical & Variety
A vibrant program from Bakersfield's best wind ensemble.
- Mar 15 – Kern Burdick - Broadway Show Tunes & Opera
Show-stopping vocals from stage and screen.
- May 3 – Tracy Harris - Classical – Flute
A dazzling flute performance by the world-renowned Tracy Harris.



HOLIDAY LUNCHEON

FRIDAY, DECEMBER 12, 2025

STOCKDALE COUNTRY CLUB, 7001 STOCKDALE HWY

SOCIAL GATHERING: 11:30 AM

LUNCH: 12:00 PM



Join us to share your holiday spirit with friends.
Please bring your **non-perishable food and hygiene items** to stock
the **CSUB Food Pantry**.

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CA 93311**

There will be no refunds!

+++++

Name(s) _____

Phone _____

Entrées include iced tea – lemonade – coffee – rolls and butter – dessert.
Each entrée is \$40.

Please indicate your entrée, quantity, and payment total.

Chicken Piccata _____

Short Ribs _____

Vegetarian – Mushroom Ravioli Primavera _____

Payment Total _____

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Volume 40, Number 2
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Karen Polyniak, Editor

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www.csub.edu/60plus

President's Message

Carla Stanley

(428-1517, searosas53@hotmail.com)

Welcome! I was glad to see so many people at Possibilities Day. We posted pictures on Facebook (www.facebook.com/CSUB60Plus) as we always try to do to keep everyone informed of our activities. If you could not pick up your membership packet, it will be mailed to you. Plastic sleeves to put your parking pass in will be available at the general meetings.

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Please save the date of **Friday, December 12** for the Holiday luncheon at Stockdale Country Club.

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Communications Committee

Vice President (Programs)

Jane Cuellar

(388-7154, jacuellar58@gmail.com)

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Karen Polyniak

(246-8763, kpoly@earthlink.net)

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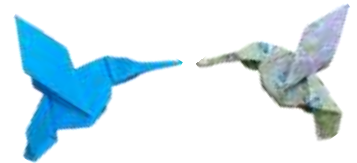
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We meet at the Southwest Branch of the Library located at 8301 Ming Avenue. The date is the **2nd Tuesday October 14 at 1:30 pm**. We will be folding a hummingbird designed by Michael LaFosse. Paper will be provided.

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Lunch Bunch	Nancy Hine	(619-7539, smilenhine@hotmail.com)
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Readers Group	Kathy Wagner	(805-8767, Jonwag49@earthlink.net)
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THE BULLETIN

OF THE 60+ CLUB

Volume 40, Number 2
September 2025
Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD
19AW, 9001 Stockdale Highway Bakersfield, CA 93311
www.csub.edu/60plus

President's Message

Carla Stanley

(428-1517, searosas53@hotmail.com)

Welcome! I was glad to see so many people at Possibilities Day. We posted pictures on Facebook (www.facebook.com/CSUB60Plus) as we always try to do to keep everyone informed of our activities. If you could not pick up your membership packet, it will be mailed to you. Plastic sleeves to put your parking pass in will be available at the general meetings.

Starting in October, we will have our monthly General Meetings in the Dezember Leadership Development Center where we have historically held "Conversations with a Professor". Hope to see you there! We always have skilled speakers who educate or entertain us, sometimes both.

Please save the date of **Friday, December 12** for the Holiday luncheon at Stockdale Country Club.

The next board meeting is **Thursday, October 2, at 1:30 pm** at the CSUB University Advancement Conference Room. Anyone is welcome to attend, but we have limited space. Any non-board members need to contact me at least a week ahead of time so we can make sure parking is reserved for them.

Communications Committee

Vice President (Programs)

Jane Cuellar

(388-7154, jacuellar58@gmail.com)

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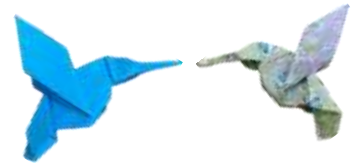
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Volume 40, Number 1
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Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD
19AW, 9001 Stockdale Highway Bakersfield, CA 93311
www.csub.edu/60plus

President's Message

Carla Stanley

(428-1517, searosas53@hotmail.com)

Welcome! I was glad to see so many people participate in our summer activities. We had a well-received and profitable bingo fundraiser at Temblor and a full house at our "Getting Your Life in Order" discussion panel. The Installation luncheon held at Stockdale Country Club was well attended, with classic 60+ mugs given away to some lucky guests! CSUB Interest Groups of Fun & Games, Fiber Arts, Lunch, Dinner and working at the CSUB Edible Garden continued through the summer months. Nine members worked the garden and contributed tomatoes and squash to the CSUB Food Pantry and we're planning a winter garden. We tried to get pictures up on Facebook (www.facebook.com/CSUB60Plus) to keep everyone informed of our activities.

On the next page is a list of Board members. I want to thank all of them for volunteering their time to serve.

Possibilities Day is coming up **September 11** starting at 9 am (flyer attached or link to www.csub.edu/60plus/files/2025_Possibilities_Day_Event_Flyer.pdf). This is a fantastic time to check out what we do, talk to the people who run different activities, met new people and renew acquaintances with old friends. Come join us and bring a friend. Membership form is also attached.

We are trying something new this year. Starting in October we will have our monthly meetings in the Dezember Leadership Development Center (just past the tennis courts, use parking lot G). Hope to see you there! We always have great speakers who educate or entertain us, sometimes both.

You might know that *The Bulletin* and other 60+ items may be found on the internet with contact information. So I want to alert you that there are spam emails that appear to come from "Carla Stanley, CSUB 60+ Club" asking the recipient to buy gift cards for a cause. IGNORE IT. BLOCK IT. No one associated with the CSUB 60+ Club will send you an email and ask you to buy gift cards for anything!

The next board meeting is **Thursday, September 4 at 1:30 pm** at the CSUB University Advancement Conference Room. Anyone is welcome to attend, but we have limited space. Any non-board member needs to contact me at least a week ahead of time so we can make sure parking is reserved for you.

Possibilities Day - Thursday, September 11 at 9 am at the CSUB Student Union

We will meet at the CSUB Student Union's Multipurpose Room to welcome you all to Possibilities Day. Shown to the right is our guest speaker Sarah Hendrick, the Director of Alumni Engagement. She will provide an update about their activities. More details are included in the attached flyer.



Food Pantry: We will again be collecting items. Thanks to 60+ members Jewel Benoit & Thurston Conger who are coordinating this activity. Let's help CSUB's food pantry restock with non perishable food items.

The next issue will be for **October** and that deadline is **Monday, September 15**. Please note that all deadlines are on the 15th of the month prior to the next *Bulletin*.

Elected Officers and Directors:

President Carla Stanley

VP Programs Jane Cuellar

VP Membership Lois Hess

Treasurer Jeff Stoltz

Secretary Antoinette "Toni" Smith

Directors-at-Large (2024-2026)

Jewel Benoit & Jane Decker

Directors-at Large (2025-2027)

Susan Spear, Ann Lovett & Karen Conger

Elder College**Jeff Stoltz****(742-9557, jeffstoltz2016@aol.com)**

The purpose of Elder College is to provide informal educational learning opportunities for the CSUB 60+ members, usually involving travel. For the past several years, the Elder College has had a 2-day classroom/field trip. We will continue that again with a 2-day April 2026 classroom/field trip event. The committee will be evaluating location options. In addition, the committee will be reviving an "Out and About" format where several half-day or full day visits to local businesses, venues or historical/cultural sites will be planned. Details will be distributed when they become available.

Action Network**Sheila Ross****(444-6839, sheiro6@aol.com)**

We thank Karen Conger and Toni Smith for assuming the coordinator duties for Fine Arts Music.

Fine Arts Theater**Judy Harris****(331-2229, ibejudyh@sbcglobal.net)**

According to the CSUB Theatre website (www.csub.edu/theatre) the next performance will be a musical entitled *The Danube* by Maria Irene Fornes. Information is not yet available for this production but if you would like to volunteer, please sign up at Possibilities Day!

Fine Arts Music**Karen Conger****(619.5203, kconger2018@gmail.com)****Toni Smith****(301.7188, rayandtonis65@yahoo.com)**

Purposeful participation. Inspiring! Fun! Talk to us at Possibilities Day to get more information and sign up to help us at upcoming multiple events starting after September 2025. The CSUB Fine Arts Music Program includes concert band, symphonic band, chamber orchestra, pep band, jazz collective, guitar ensembles, chamber music (small ensemble performances) and more. Updated event information can be found at www.csub.edu/music.

Walter Stiern Memorial Rose Garden**Carla Stanley****(428-1517, searosas53@hotmail.com)**

Thanks to everyone who helped maintain the rose garden this last year, especially those who braved the morning heat this summer. I invite anyone interested to come out to the rose garden (by the Dore Theatre and the Madigan Art Gallery) and learn how to deadhead, and prune, and weed. Bring your pruning shears, gloves, and a bucket or bag, and a weeding tool if you would like to help with that part of it. Water is always important—stay hydrated! We will meet **Saturday, September 13 at 8 am**.

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We thank James Mitchell for assuming the coordinator duties for Conversations with the Professor.

Conversations with the Professor**James Mitchell****(703-6804, jm6495777@gmail.com)**

We usually meet the **4th Monday of the month at 2 pm**, but that can change based upon Holidays and speaker schedule. The location is the Dezember Leadership Center, Room 402D. Please remember to put your parking pass on your dash board and park in the reserved spaces in Parking Lot G adjacent to the building which is located near the President's Office, east of the Tennis Courts. The speaker for the **5th Monday September 29** will be Matt Herman, CSUB Assistant Professor of Geological Science. He will be talking about earthquakes past and present.

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In August, we donated eight 13-gallon bags full of yarn projects (hats, scarves, shawls, blankets) to multiple organizations for distribution to those in need. This represents a year's worth of work for our little group. We are currently working on patriotic blankets for honor flight participants.

We meet weekly on **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting. We also welcome members who like to cross stitch, needlepoint, embroider, or do any portable hand crafting. We have teachers and supplies for those who would like to learn to knit and crochet. We also welcome anyone just to have a cup of coffee and visit. Please note that I will inform the regulars if we are not going to meet a particular Wednesday (so become a regular).

Fun & Games**Carole & Bob Guillory****(665-2148, bcguillory@sbcglobal.net)**

Wednesday, September 3 will be our next Fun and Game Day. We will meet at the Round Table Pizza in the small party room. The address is 4200 Gosford Road. Our no-host lunch will be at **noon** with the fun and games beginning at **1 pm**. Don't forget we are always interested in learning new games so, bring your favorite one or join in on our Mexican Train, Mah Jongg and Phase 10 games.

Lunch Bunch**Nancy Hine****(619-7539, smilenhine@hotmail.com)**

The **2nd Wednesday, September 10**, Lunch Bunch will meet at **11 am** at Camino Real. Their chile verde is especially tasty. They are located at 4501 Stine Rd, 93313 in a shopping plaza which is on the west side of the Stine Road, between Pacheco Rd. and District Blvd. You cannot see the restaurant from the street while driving down Stine, so please look for these on a map before trying to just drive to it. Remember: New Stine becomes simply Stine Rd south of White Lane. RSVP to Nancy before 11 am that same day, so she can tell them for how many so set up. (They won't take reservations. They'll only set up when we start showing up)

Readers Group	Kathy Wagner	(805-8767, Jonwag49@earthlink.net)
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To begin our 2025-2026 year, Readers' Group will meet on **Wednesday, September 17 at 2 pm** to discuss our summer read *The Echo of Old Books* by Barbara Davis. We will meet at 13803 Meritage Court, Bakersfield, 93314, with the hostess's phone number is 205-7802.

Share & Care	Jane Decker David Hess	(477-4149, janedecker@att.net) (663-0198, dmhess88@yahoo.com)
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This Interest Group was formed to help 60+ Members with various aging issues. We plan to resume our meetings in October. Stay tuned!

60+ Club Scholarship Donation

We have been awarding a \$1500 scholarship to a CSUB nursing student or one pursuing a career in Education every year since 2019. Please help us continue this activity by donating to our scholarship fund. If 60 people gave \$25 each, this year's scholarship will be your personal gift to help a deserving student through their last year of classes.

Please make your check out to
"CSUB FOUNDATION"
Write "60+ Club Scholarship"
in the memo section of your check.

Mail to:
University Advancement
CSU Bakersfield
9001 Stockdale Hwy
Mail Stop 19AW
Bakersfield, CA 93311-1022

SEPTEMBER 2025						
S	M	T	W	T	F	S
	1 Labor Day (campus closed)	2	3 Fiber Arts 10a Fun & Games 1p	4 Board Meeting 1:30p	5	6
7	8	9 Crafty Paper Arts 1:30p	10 Fiber Arts 10a Lunch Bunch 11a	11 Possibilities Day 9a	12	13 Rose Garden 8a
14	15 Bulletin Deadline	16 Dinner Club 5:30p	17 Fiber Arts 10a Readers 2p	18	19	20
21 Duke's Concert 4p	22	23	24 Fiber Arts 10a	25	26	27
28	29 Convo w/ Prof 2p	30				

Fred & Beverly Dukes Memorial Concert Series (<https://fccbakersfield-ucc.org/dukes-concert>).

The Dukes were members of the 60+ Club and had endowed these concerts.

First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd).

September 21 – Latti Patterson & Olen Taylor, Original Singer/Songwriters – Americana - Fresh folk harmonies and soulful storytelling.



60+ CLUB
CSU BAKERSFIELD

ANNUAL MEMBERSHIP FORM

July 1, 2025 - June 30, 2026

1. Complete **both** sides of this form with check payable to: CSUB Foundation 60+ Club
2. Complete one form per member
3. **Membership dues are non-refundable**
4. **Parking passes are required to park on Campus; please purchase one with your membership; Daily parking passes are available for purchase at parking kiosks on campus**
5. Mail form and dues to: University Advancement, CSU Bakersfield, 9001 Stockdale Highway, Mail Stop 19 AW, Bakersfield, CA 93311-1022

First and Last Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

How would you like to receive your monthly Bulletin?

☐ US Mail or ☐ Email (please provide email address above)

Dues: ☐ Full Single Member, including one parking pass **\$50**

☐ Full Single Membership, without a parking pass **\$40**

Donation: ☐ In support of the 60+ Club General Fund \$: _____

☐ In support of the 60+ Scholarship Fund \$: _____

As a CSUB 60 Plus Club member, information provided is for the exclusive use of the CSUB 60 Plus Club and CSUB 60 Plus Club activities and cannot be used for any other purpose. Members of the CSUB 60 Plus Club agree to share their name, phone number, email address, and mailing address with general members of the CSUB 60 Plus Club. Membership rosters are not distributed electronically but printed annually and made available at CSUB 60 Plus Club general meetings.



60+ CLUB
CSU BAKERSFIELD™

2025-2026 Member Emergency Contact

- Member Name
- Member Phone Number
- Emergency Contact Name
- Emergency Contact Phone Number
- Relationship to 60+ Club Member

Member Signature

Date

As a CSUB 60 Plus Club member, information provided is for the exclusive use of the CSUB 60 Plus Club and CSUB 60 Plus Club activities and cannot be used for any other purpose. Members of the CSUB 60 Plus Club agree to share their name, phone number, email address, and mailing address with general members of the CSUB 60 Plus Club. Membership rosters are not distributed electronically but printed annually and made available at CSUB 60 Plus Club general meetings.



60+ CLUB
CSU BAKERSFIELD

Possibilities Day for Retirees and Seniors

Thursday, September 11, 2025, 9:00 a.m.
CSUB Student Union Multipurpose Room
9001 Stockdale Highway

Special Guest Speaker
Sarah Hendrick
Director of Alumni Engagement

Free admission
(Complimentary parking in Lot M only)
See back for directions.

The 60+ Club is celebrating three decades as a partnership that creates a bond between the university and the community of retired persons. The club's purpose is to provide personal and educational enrichment, volunteer opportunities, and social activities.

Membership is open to anyone retired or over the age of 60. College attendance or graduation is not required.

Annual memberships are \$50 which include a parking pass, and \$40 without a parking pass. Checks and cash with exact change will be accepted at this event. Membership information will be emailed.

For questions, call the
Office of Alumni Engagement (661) 654-3211

Arriving at CSU Bakersfield from NORTH of Bakersfield:

- Take Interstate 99 SOUTH toward Bakersfield
- Exit 99 at California Avenue
- At the traffic light, turn right onto California Avenue
- Continue on California Avenue for about 1.5 miles
- Turn right at Stockdale Highway
- Continue on Stockdale Highway for about 2.6 miles
- Turn left into campus on Don Hart Drive West

Arriving at CSU Bakersfield from SOUTH of Bakersfield:

- Take Interstate 99 NORTH toward Bakersfield
- Exit 99 at Stockdale Highway
- Bear to the LEFT on the transition road when you exit the freeway
- At the traffic light, turn left onto Wible Road
- Immediately turn left at Stockdale Highway
- Continue on Stockdale Highway for about 3.9 miles
- Turn left into campus on Don Hart Drive West

Arriving at CSU Bakersfield from WEST via Interstate 5

- Take the Stockdale Highway exit east toward Bakersfield for about 13 miles
- Turn right onto campus on Don Hart Drive West

Arriving at CSU Bakersfield from EAST of Bakersfield:

- Take State Route 58 WEST toward Bakersfield
- Turn right onto S. Real Road - prepare to make a quick left turn
- Turn left onto Stockdale Highway
- Continue on Stockdale Highway for about 3.5 miles
- Turn left into campus on Don Hart Drive West

