

THE BULLETIN

Volume 29, Number 2
October 2014
CSUB, 53AW, 9001 Stockdale Highway
Bakersfield, CA 93311

OF THE 60+ CLUB
CALIFORNIA STATE UNIVERSITY
BAKERSFIELD

www.csub.edu/60plus

Karen Polyniak, Editor

President's Message

Ted Murphy

(325-0307, tmurphy@csub.edu)

Talk about a great new beginning. Possibilities Day 2014-2015 was outstanding! Over 140 attended, dozens of new members joined us, 60+ member Provost Coley was given one of our new polo shirts to celebrate her selection as President of Cal Poly Pomona, and Dr. Anne Houtmann, dean of the School of Natural Sciences, Mathematics, and Engineering gave a great presentation on the status of the programs under her direction.

All the activity leaders did a great job promoting their volunteer and interest groups and the responses on the sign-up sheets showed that. Barbara Cleeton won the door prize, a beautiful rose bouquet from the Rose Garden, artfully arranged by Billie Swanson. Special thanks go to Charlene Edwards and the Membership Committee for greeting everyone, selling our polo and t-shirts, and signing up new members. (If she did not have your shirt size, call or email me so I can plan a reorder.)

Special thanks to Evelyn Glines and Denise Nielsen for all the arrangements for Possibilities Day and to the many members who helped with parking, sign-in, setup and other important chores.

Before Possibilities Day, in September, we already had: a board meeting, a Sing-A-Long, work parties in the Stiern Rose Garden and the Well Core Repository, a Knit/Crochet session, an Outreach event and a Lunch Bunch feast

Happy to see that Margaret Southwick has a new interest group "Art for Fun" which meets at Glenwood Gardens; Reading Group I also meets there. Billy Swanson is exploring the possibility of our helping at the Madigan Art Gallery.

Welcome to Gary Ivey, retired CSUB science technician, who just joined 60+ with his wife Elvira, and who assumes the helm at the "Cracker Barrel." Also glad to see that David Rhea and Karen Polyniak will keep "World Religions" going and that "Elder College" is at capacity.

(continued next page)

Next Board Meeting: Thursday, November 6 at 1:30 pm, Student Health Conference Room.

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Communications Committee

Vice President (Programs)

Dorothy Meyer

(808-1284, dotlawyer@gmail.com)

Thursday, October 9, 2 pm, Icardo Room, Icardo Center

Our general meeting will have Chris Romanini who will present a slide show containing information about HECA, what the project is, its purpose and some of the anticipated results (good and bad) to our community. Chris and her husband John Romanini are local farmers and have a large pistachio orchard in the area.

President's Message, *continued*

We're sorry that Sue Wallace cannot continue as Action Network Coordinator - thanks for your record-keeping, Sue. We will have the Club's volunteer hour totals in the next Bulletin. Peggy Bryson will be Sue's replacement as Coordinator. Also regret that Aaron Steenbergen had to give up "World Religions" and "Coffee with the Professor".

Judy Harris is busy with Outreach and Special Projects, including several "booth" events coming up. If Judy calls, please join in and help her efforts.

The Membership Committee will be following up on new members and renewals, hoping to bring our membership back to 250+. You can help by recommending new members for the committee to contact or talking to your friends and neighbors about joining us. Dorothy Meyer has a great program for the October meeting that everyone should enjoy.

Finally, thanks to Gary Ivey for his donation to the club of an engraved gavel - I was tired of ringing that little bell to get order in meetings.

Editor's Note

Karen Polyniak

(246-8763, kpoly@earthlink.net)

The next issue will be for **November** and that deadline will be **Wednesday, October 15**.

Welcome Committee

Vice President (Membership)

Charlene Edwards (397-8850, cedwards8@bak.rr.com)

Our kickoff meeting for the new 2014-2015 year started with Possibilities Day on September 11. We had 140 in attendance and as of now we have 205 members. We ended our 2013-14 year with 251 members so we need to let our friends and neighbors know about 60+ and invite them to attend a General Meeting or one of the Interest Groups. They can attend one event without joining.

We welcome all returning and new members.

Outreach

Judy Harris

(831-7613, ibejudyh@sbcglobal.net)

Thanks to Billie Swanson, Irene Randolph, Cindy Komarini, and new members Judy Lawhead and Fred Hufnagel for braving the heat to help at Senior Day at the Fair.

TWO UPCOMING EVENTS:

Tuesday, October 7, 9 am - 2pm: Kern City Retirement Community Town Hall, 1003 Pebble Beach

Saturday, October 18, 9 am-12 pm: Healthy Harvest Senior Resource Fair,

Department of Aging and Adult Services, 5357 Truxtun Ave.

We need 2 to 3 people at all times. If you are available to work the entire time, or an hour or two, give me a call at 831-7613 or email ibejudyh@sbcglobal.net

Special Events & Fellowship

Evelyn Glines

(399-3658, elglines@att.net)

Thanks to all that worked, planned, and supported our Possibilities Day this past September 11. The event went very well, with 23 new members joining and, and quite a few renewals of memberships from past members. It takes all of us working together to have such a successful event.

Just a reminder that our Holiday Luncheon is scheduled for **Thursday, December 11**. Be sure to save the date!!! It will again be held at Hodel's Restaurant. Much more information will be in the next *Bulletin*.

Athletics - Ticket Takers	Enid Hull	(679-4551, ehoreh@gmail.com)
Athletics - Timers-Swimming	Anne Kelly	(706-6071, anne@10max.com)

It was so nice to see some return volunteers and of course, terrific to meet new ones.

We had a great turnout of old and new members. Following are the numbers for those that signed up for the various events that we volunteer for:

Baseball	12	Soccer	4
Basketball (Men's)	17	Bar-B-Que	13
Basketball (Women's)	22	Clerical	8 (Athletic Dept.)
Golf	5		

If you did not get to sign up and wish to.....please email me at ehoreh@gmail.com.

CSUB Home Game Schedule for October

Swimming
Sat, Oct 25, 1 pm: Pacific, Hillman Aquatics Complex

Mens Soccer:
Sat, Oct 4, 7 pm: San Jose State, Main Soccer Field
Fri, Oct 17, 7 pm: UIW, Main Soccer Field
Sun, Oct 19, 1 pm: Houston Baptist, Main Soccer Field

Womens Soccer:
Fri, Oct 3, 7 pm: Utah Valley, Main Soccer Field
Sun, Oct 5, 12 pm: Seattle U, Main Soccer Field
Fri, Oct 24, 7 pm: Texas-Pan American, Main Soccer Field
Sun, Oct 26, 12 pm: New Mexico State, Main Soccer Field

Womens Volleyball:
Thu, Oct 2, 7 pm: Chicago State, Icardo Center
Sat, Oct 4, 1 pm: Missouri-Kansas City, Icardo Center
Sat, Oct 11, 1 pm: Grand Canyon, Icardo Center
Sat, Oct 25, 1 pm: Texas-Pan American, Icardo Center
Thu, Oct 23, 7:30 pm: New Mexico State, Icardo Center

Calif. Well Sample Repository (CWSR)	William Todd	(871-2530, wetodd1@yahoo.com)
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The Repository contains an historical collection of geological core samples from more than 4,000 gas and oil wells drilled all over California from as far back as 1930. Our volunteers are responsible for carefully organizing and indexing the samples, well reports, and well logs. You can join the fun (detective/crossword type work) on each **Wednesday** of the month (from **9 am to noon**) at CWSR, which is located by the south entrance on Roadrunner Drive, across from the CSUB athletic track and field. Parking is available in front of the building. We note that volunteer work space is limited so if you are new to volunteering, please contact the Curator Charles James at 654-2324. Most of the time, we go to lunch together after work. Hope to see you there.

October 1, 8, 15, 22 & 29

FACT	Janet Skibinski	(664-6983, jjskibinski@att.net)
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Exciting things are happening at FACT (Facility for the Care and Treatment of Animals)! We jump start this year of Open House events with our big fundraiser the BBQ for the Birds! A new covered arena area is under construction. There are new items for sale as well as old favorites. On **Saturday, October 4**, the **Open House** will be from **2 - 5 pm** and **Dinner at 5 pm** with food by Jake's Tex Mex and their delicious chocolate cake for dessert. A Silent Auction before dinner and a Live Auction after along with a live band, and dancing if you're so inclined, make the evening complete. Come join the fun and help FACT at the same time! Tickets are: \$20 adults, \$15 seniors (60+) and CSUB students, \$6 kids 5-12. BBQ tickets can be reserved by calling 654-3167.

Future Open House dates are held the **first Saturday** of the month in November, December, February, March, April, and May.

Fine Arts Theater	Billie Swanson	(587-2544, billieswanson@icloud.com)
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Glad to see a great turn out for possibilities day. Our first performance for theatre will be *From Dust Thru Art* based on the lives of Dust Bowl immigrants. It will be held from **Thursday, November 6 to Sunday, November 9**. I will be calling soon. Thanks, Billie.

Fine Arts Music	Peggy Bryson Judy Beggs	(399-7811) (393-3389)
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On **Friday, October 24 at 7:30 pm** in the Music Room 127, the CSUB Guitar Arts Series will present Chris Schlarb who will perform a solo concert in support of his newest record, *Making the Saint*.
Cost: General - \$15, Seniors - \$10 and Students - \$5.

Jazz Events	Adele Davis	(834-0115, adldavis@lightspeed.net)
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There will be no jazz events in October. Dr. Doug Davis is not teaching during the Fall Quarter so there is no Jazz Coffeehouse scheduled. The Jazz Ensemble will have a concert in November, led by Jim Scully. I will call about one week before for volunteers. More information in the next *Bulletin*.

Short Term Projects	Judy Harris	(831-7613, ibejudyh@sbcglobal.net)
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Thanks to Billie Swanson, Irene Randolph, Cindy Komarini, and new members Judy Lawhead and Fred Hufnagel for braving the heat to help at Senior Day at the Fair.

TWO UPCOMING EVENTS:

- **Tuesday, October 7, 9 am – 2 pm:** Kern City Retirement Community Town Hall, 1003 Pebble Beach
- **Saturday, October 18, 9 am – 12pm:** Healthy Harvest Senior Resource Fair, Department of Aging and Adult Services, 5357 Truxtun Ave.

We need 2 to 3 people at all times. If you are available to work the entire time, or an hour or two, give me a call. Thanks, Judy

Walter Stiern Memorial Rose Garden	Jean Childers	(323-1793)
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We continue to do grooming! We will meet on the **1st & 3rd Thursdays** this month – so we'll meet at **8 am on October 2 and 14**.

Interest Groups**Lewis Jones & Cheryl Martin****(665-2668)****Around the Cracker Barrel****Gary Ivey****(477-0429, jgary.ivey@gmail.com)**

"How to Solve a 200 year-old Religious War?" is the discussion topic. Join us in the Health Center Conference Room at new time: **10 am, Tuesday, October 7**, and be prepared to debate. You may want to read the morning paper to be current on this subject.

Art for Fun**Margaret Southwick****(327--1267, southwic@lightspeed.net)**

Our first effort of Decoupage was fun with 6 participants and two instructors, Leslie Mathie and Mary Kovach. Our next meetings & project include:

- **Friday, October 10, 9:30 am** – Pressed Flowers
- **Friday, October 24, 9:30 am** – Creating Bay Wreaths

Since we have to purchase some supplies it would be helpful if you let me know that you plan to participate. We meet with Glenwood Gardens residents and so meetings are held in the craft room, first building, 350 Calloway Drive, 93312. Try something new!

Classics Revisited**Jean Nilssen****(599-3341, nilss15@aol.com)**

The Classic Book Club usually meets the **4th Monday of the month at 1 pm** in the Student Health Center Conference Room. Our next meeting is on **October 20** (the 3rd Monday) where we will discuss Franz Kafka's *Report to an Academy* and Albert Camus' *The Stranger*. New members are more than welcome! Future dates and titles are: November 24 (Dylan Thomas' *A Child's Christmas in Wales* and O. Henry's *Gift of the Magi*), January 26 (H.G. Wells' *The Time Machine*), February 23 (Evelyn Waugh's *Scoop*), March 23 (E.M. Forster's *A Passage to India*), April (Members' choices of poetry) and May (George Orwell's *Animal Farm*).

Coffee With The Professor**Ted Murphy****(325-0307, tmurphy@csub.edu)**

On **Monday, October 20 at 2 pm** in the Dezember Leadership Center, Room 402, Dr. Mark Novak, new Dean of Extended University, will speak on "Women and Aging," based on his extensive research and recent book *Women and Aging: A Life Course Approach*. Dr. Novak indicates "Look at how social inequality and societal expectations throughout life create challenges for older women...the media, the workplace, and pension plans all disadvantage women in American society...ways to improve life for older women today and in the future." Dr. Novak has donated a copy of his book for a door prize at the October 9 General Meeting.

Creative Writing**Nancy Edwards****(831-1067, jmitchell3@bak.rr.com)**

Creative Writing is held on the **2nd Friday of the month at 10 am** at the Student Health Center Conference Room. Nancy Edwards is the facilitator and she is a published writer and a retired Bakersfield College English Department faculty member. The next meeting will be on **October 10**. Future dates are: November 7, December 12, January 9, February 13, March 13, April 10 and May 8.

Dinner Club	Judy Harris Karen Carey	<i>(831-7613, ibejudyh@sbcglobal.net)</i> <i>(588-5602, kcarey3742@sbcglobal.net)</i>
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The Dinner Club will meet on **Wednesday, October 22, at 5:30 pm** at the Steak and Grape Restaurant 4420 Coffee Rd. RSVP by Monday, October 20, to Judy Harris or Karen Carey.

Knit One, Crochet Too	Lena Flippen Judy Lawhead	<i>(399-3406)</i> <i>(364-3525, Judy.Lawhead@sbcglobal.net)</i>
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Knit One/Crochet Too meets most **Thursdays at 1:30 pm** at the Carriage House Estate Retirement Community, 8200 Westwold Drive in the activity room on the first floor. All skill levels are welcome including beginners or those who would like to learn to knit or crochet. Bring a project to work on or come and work on some charity projects we have in progress. Come whenever you can. Please call or email Judy Lawhead if you need any additional information.

Meeting dates are: **October 2, 16, 23 & 30**

The Lunch Bunch	Charlene Edwards Beth Curtis	<i>(397-8850, cedwards8@bak.rr.com)</i> <i>(323-5230)</i>
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In keeping with the theme of "Aerospace" for the Elder College this month, we will be having lunch at the Rocket Shop Café, 2000 South Union (Wilson Road and South Union). The lunch will be on **Monday, October 13 at 11:30 am**. Please let Charlene or Beth know if you plan to attend by October 9.

Out & About	Micki Burcher	<i>(871-5436, micki2800@yahoo.com)</i>
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EXCLUSIVELY for the CSUB 60+ group....an outing to the Getty Museum **Wednesday, October 15**. The Bus will depart from the Orange Belt Adventures yard, 3640 N. Sillect Ave., Bakersfield at **9 am** and return at 6 pm. If you need a wheelchair they are available at Museum entrance. There is an excellent cafeteria and café as well as several coffee carts providing snacks and drinks available. Pick up a sandwich and take it out to the formal gardens and picnic, if you would like. The cost for this adventure is \$50. Call: 661-327-1144 for reservation. Bring your friends. They do not have to belong to 60+ to take the trip.

On **Thursday, October 16 at 7:30 pm** at the Fox Theater you can relieve old memories by attending a Beatles Musical. The guys that perform look and sound like the originals. Call 888-825-5484 for cost and reservations.

On **Sunday, November 2 at 9:30 am**, a Bus will depart for the Los Angeles Ahmanson Theater. *THE TRIP TO BOUNTIFUL* is the performance and journey of Carrie Watts who sets out to escape the big city and return to her small hometown of Bountiful, Texas. Call 661-327-1144 for reservations. Cost is \$125. Let the person making the reservation know you are from 60+. You will be home by 8:30 pm.

At Rabobank on **Monday, November 17 at 7:30 pm**, back by popular demand is *BEAUTY AND THE BEAST*. Call 800-745-3000 for cost and reservation.

Readers Group 1	Sydney Perry	<i>(589-6315, Ssperry@aol.com)</i>
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On **Tuesday, October 21 at 1:30 pm** we'll discuss *The Girls of Atomic City*: The untold story of the women who helped win WWII by Denise Kiernanon. We meet at Glenwood Gardens, located at 350 Calloway Drive, Bakersfield 93312.

Readers Group 2**Jody Miller**
Bertie Warren*(831-0387, altaymar@gmail.com)*
(832-9242, nanab5@bak.rr.com)

We will meet on **Wednesday October 15 at 2 pm** at 11012 Mohican Drive. We will be discussing *The Distant Hours* by Kate Morton. Please call 213-4391 if you are unable to come.

In November and December we will be reading and discussing *Edge of Eternity* by Ken Follett. We also would like to welcome anyone who would like to join us as new members. Come see how our group works. Call us.

Sing-A-Long**Wendall Kinney***(833-9447)*

Sing-A-Long is getting so popular that there's hardly any room for anyone except you. Come early and stay as long as you can stand it. Always the **1st Wednesday**, always the 1st of the month, always at **1 pm**, always at Rosewood which is always just west of West High School. The next Sing-A-Long will be on **October 1** and the address is 1301 New Stine Road, Bakersfield 93309 in the Activities Building.

World Religions**David Rhea**
Karen Polyniak*(872-1151, drhea37@yahoo.com)*
(246-8763, kpoly@earthlink.net)

David Rhea has agreed to be the facilitator for this Interest Group and Karen Polyniak will help obtain speakers. Suggestions for speakers are welcome. We will be meeting on the 4th Tuesday of the month at a new time, 2 pm, at the Student Health Center Conference Room.

The next meeting will be on **Tuesday, October 28 at 2pm** and the speaker will be Dr. Kamil Erfanian, a local surgeon and an advocate and very knowledgeable follower of the Baha'i religion.

Elder College**Cheryl Tikanen***(397-1138, cheritik@yahoo.com)*

Elder College looks forward to another wonderful week in October. Thank you to those who signed up on the waiting list on Possibilities Day. If they are unable to go, we'll be calling them when planning next years' event. Anyone signed up who is unable to attend, **Wednesday, October 1** is the deadline for a refund. Thank you to all on the committee for all their hard work.

Special Notice - Faded 60+ Mugs

We have several reports of defective 60+ mugs. Apparently the printing comes off in the dishwasher. If you have such a mug, return it to the Alumni Office or a 60+ general meeting and we will replace it. Right now we are trying to determine the extent of the problem and looking for an acceptable replacement.

OCTOBER 2014

S	M	T	W	T	F	S
			1 SingALong 1p WellSample 9a	2 Rose Garden 8a Knit1Crochet Too 1:30p	3	4 FACT Open House 2p FACT BBQ 5p
5	6	7 Kern City Town Hall 9a Cracker Barrel 10a	8 WellSample 9a	9 General Meeting 2p Knit1Crochet Too 1:30p	10 Art for Fun 9:30a Creative Writing 10a	11
12	13 Lunch Bunch 11:30a	14	15 Bulletin Deadline WellSample 9a Readers2 2p Out & About Getty Mus 9a	16 Rose Garden 8a Knit1Crochet Too 1:30p Out & About Fox Theatre 7:30p	17	18 Healthy Harvest Sr. Fair 9a
19 Duke's Concert 4p	20 Classics 1:30p Coffee w/ Professor 2p	21 Readers1 1:30p	22 WellSample 9a DinnerClub 5:30p	23 Knit1Crochet Too 1:30p	24 Art for Fun 9:30a CSUB Music 7:30p	25 CSUB Swim 12:30 p
26	27	28 World Religions 2p	29 WellSample 9a	30 Knit1Crochet Too 1:30p	31 Hallowe'en	
ELDER COLLEGE						

NOVEMBER 2014

						1 FACT Open House 2p
2 Out&About Bountiful 9:30a Duke's Concert 4p	3	4 Cracker Barrel 10a	5 SingALong 1p WellSample 9a	6 Board Meeting 1:30p Knit1Crochet Too 1:30p CSUB Theatre 8p	7 CSUB Theatre 8p	8 CSUB Theatre 8p
9 CSUB Theatre 2p	10 Lunch Bunch 11:30a	11 Veteran's Day (campus closed)	12 WellSample 9a	13 General Meeting 2p Knit1Crochet Too 1:30p	14 CSUB Music 7:30p	15 Bulletin Deadline CSUB Music 7p

Master Calendar			
November 6	Board Meeting (1:30pm, Health Center Conf. Room)	February 15	Bulletin deadline
November 13	General Meeting (2pm, Icardo Room)	March 12	General Meeting (2pm, Icardo Room)
November 15	Bulletin deadline (DEC/JAN)	March 15	Bulletin deadline
December 11	Holiday Luncheon (11 am, Hodel's)	April 2	Board Meeting (1:30pm, Health Center Conf. Room)
January 8	General Meeting (2pm, Icardo Room)	April 9	General Meeting (2pm, Icardo Room)
January 15	Bulletin deadline	April 15	Bulletin deadline (MAY/JUNE)
February 5	Board Meeting (1:30pm, Health Center Conf. Room)	May 7	General Meeting (2pm, Icardo Room)
February 12	General Meeting (2pm, Icardo Room)	June 11	Installation Luncheon TBD

DUKES MEMORIAL CONCERT SERIES

All concerts are on **Sundays at 4:00pm** in the church sanctuary at First Congregational Church, 5 Real Road, Bakersfield 93309. There is no fee to attend.

October 19 - Ensemble Melodica (with Elizabeth Cervantes)

November 2 - Emerald Duo (with Dieter Wulfhorst and Susan Doering)

March 22 - The Figarden Trio (with Laura Porter, harpist)

April 19 - The Centennial High School Choirs (conducted by Patrick Burzlaff)

Other 60+ Committees & Officers

Secretary/Legacy Committee Chair: Kay LeFebvre (703-7791, kleftraveler@gmail.com)

Historian: Gladys Stilwill (589-2348, gstilwill@bak.rr.com)

Sunshine Chair: Donna Cazacus (664-8835, dcazacus@bak.rr.com)

Treasurer: Mike Polyniak (246-8761, jm1polyn@earthlink.net)

Directors-At-Large:

2013-2015 Colleen Mathis (664-8803)

Joe Vicente (832-2426)

2012-2014: Eloise Higgins (832-6834)

Marilynn Perry (589-8584)

60+ Club MEMBERSHIP FORM

Complete and send with check, payable to **CSUB 60+ Club**, to:

Alumni Relations, CSU Bakersfield 53 AW, 9001 Stockdale Highway, Bakersfield, CA 93311-1022

Name(s) _____ Preferred Name(s)(or nickname) _____ Last _____

Address _____ Zip _____

Telephone Number _____ eMail Address _____

Memberships are from July 1 to June 30. Check if you want to receive *The Bulletin* by US Mail or Email

Members agree to permit their photos to appear in 60+ publications, *The Bulletin*, reports, the website.

Dues Single Member \$40
 Couple \$80

Amount Paid
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Enclosed is my additional contribution in support of 60+ Club \$ _____ **THANK YOU!**

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