

THE BULLETIN

Volume 29, Number 3
November 2014
CSUB, 53AW, 9001 Stockdale Highway
Bakersfield, CA 93311

OF THE 60+ CLUB
CALIFORNIA STATE UNIVERSITY
BAKERSFIELD

www.csub.edu/60plus

Karen Polyniak, Editor

President's Message

Ted Murphy

(325-0307, tmurphy@csub.edu)

After a record hot summer, a cooling trend suggests fall is near - but I won't believe it until the leaves fall and the grass stops growing and it rains! Early November brings election day, a return to PST, Tuesday Veterans Day (CSUB closed), a late Thanksgiving, then comes Christmas break. The 60+ month will have a lot of fun and informative events: Gary Ivey will moderate (I hope) a discussion of "Student Loan Debt and What To Do To Correct It" at the Cracker Barrel; Wendall Kinney will play for the Sing-a-Long; several CSUB music, theatre and athletic events happen early in the month; at the monthly program meeting CSUB grad Bill Galbreath will tell us about potential community emergencies and disasters, and how to cope with them; then Coffee with the Professor, World Religions, crafts, food, reading-writing, art and more. Tear out or print the calendar below and stick it on the refrigerator door!

Judy Harris continues "booth" outreach events, including Glenwood Gardens, Rosewood Retirement Home, and Kern Commission on Aging, and has gotten a lot of interest (we are working on a presentation for Brighton Park) and maybe some new members. I talked to the Federal Retired Employees about the Kit Fox at the end of the month (of course, I took along a stack of 60+ Bulletins and membership forms). *(continued next page)*

Next Board Meeting: Thursday, November 6 at 1:30 pm, Student Health Conference Room.

Communications Committee

Vice President (Programs)

Dorothy Meyer

(808-1284, dotlawyer@gmail.com)

Thursday, November 13, 2 pm, Icardo Room, Icardo Center

Our general meeting will have Bill Galbreath as our speaker. Lieutenant Colonel Galbreath (retired) served in the California State Army Reserves until his retirement on June 30, 2014. During his military service he had many Military Police Basic, Advanced and Officer training courses as well as Anti-Terrorism officer Training and Operational Security courses. He served as training director and primary instructor for the National Guard Physical Security program and as emergency services liaison officer and evaluator of the California's Golden Guardian disaster exercises.

Bill graduated from CSUB with a BA in Fine Arts in 1975 and has been a sales representative for Multi Business Systems (MBS) since 1977. He has served as board member and president of CSUB Alumni Association and most importantly, is a member of the CSUB Community Concert Band. He will talk about the potential emergencies and disasters that we face as a community and things we can do for ourselves and neighbors to increase the ability to survive and recover from a disaster event.

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President's Message, *continued*

Charlene Edwards is doing a great job with membership - she reports there are 242 members as of October 6, close to our goal of 250. I am sure there are others who have joined in the past two weeks, but the Alumni Office has not informed us of how many and who they are. We will update the number before the new roster is printed. We can exceed our goal before the holidays. Why don't you invite a friend or neighbor to a 60+ activity (offer them a ride - folks are hesitant to try to navigate the campus if they are not familiar with it). If they find something or someone interesting, they just might join.

The Walter Stiern Memorial Rose Garden is a favorite of mine – why else would I get up that early and join Jean Childers and Billie Burke to clip spent flowers and get impaled by giant thorns? The roses are still producing beautiful blooms and require regular trimming. They also need fertilizer, better irrigation, and mulch. We also need more help with the maintenance. Many campus early arrivals walk through or by the garden to class or work: we greet them and offer them a rose – most really appreciate the rose and frequently tell us how much they enjoy the garden.

I really appreciate the job that all of our interest and activity leaders are doing, and those who help make the Program Meetings enjoyable by greeting members as they arrive, passing out name badges and door prize tickets, selling 60+ shirts, mugs and pins. There are always coffee, cookies, and a very interesting program, thanks to Dorothy Meyer. Be sure to join us on November 13.

Editor's Note

Karen Polyniak

(246-8763, kpoly@earthlink.net)

The next issue will be for **December & January** and that deadline will be **Saturday, November 15.**

Welcome Committee

Vice President (Membership)

Charlene Edwards *(397-8850, cedwards8@bak.rr.com)*

We have had many new and returning members sign up since Possibilities Day. We welcome them and hope they enjoy and participate in the 60+ activities. We now have a total of 242 members, but let's shoot for 250 by next month. Invite your friends and neighbors to attend a general meeting. Talk to seniors who may be interested in forming new friendships. The monthly *Bulletin* has a membership application in it, or you can pick some up at the Alumni Office.

Fifty-six people attended the October General Meeting; three were visitors and one joined on that day.

Outreach

Judy Harris

(831-7613, ibejudyh@sbcglobal.net)

October was an exceptionally busy month with Outreach events. We were at the Kern County Fair, Rosewood Retirement Center, Kern City Health Fair and the Department of Aging Harvest Days. We did a lot of informing and promoting of 60+. Thanks to those who were willing to bear the heat to accomplish this: Billie Swanson, Irene Randolph, Dee McCullah, Judy Harris, Judy Lawhead, and Bob Laramie. A special thank you to Billie Swanson, who was a "gofer" to get supplies we ran out of, as well as putting together raffle prizes for the Rosewood and Kern City events. A special thank you to new member, Judy Lawhead, who donated two afghans, made by the Thursday Knitting Group, for the raffles. I would also like to give special "thanks" to Varner Bros, who donated the space to 60+ at Rosewood Retirement Center.

Other 60+ Committees & Officers

Secretary/Legacy Committee Chair Pro Tem: Donna Marquez *donnasfo@yahoo.com* (for Kay LeFebvre)

Historian: Gladys Stilwill (589-2348, *gstilwill@bak.rr.com*)

Sunshine Chair: Donna Cazacus (664-8835, *dcazacus@bak.rr.com*)

Treasurer: Mike Polyniak (246-8761, *jm1polyn@earthlink.net*)

Directors-At-Large:

2013-2015 Colleen Mathis (664-8803) Joe Vicente (832-2426)

2012-2014: Eloise Higgins (832-6834) Marilyn Perry (589-8584)

Special Events & Fellowship

Evelyn Glines

(399-3658, *elglines@att.net*)



Christmas/Holiday Luncheon

Thursday, December 11

11:30 am - 1:30 pm

Hodel's Restaurant

Kern Room

5917 Knudsen Avenue

Bakersfield



Save the date and mark your calendars for Thursday, December 11. You do not want to miss this wonderful Holiday Celebration. We will enjoy turkey, ham, dressing, potatoes, gravy, vegetables, 5 salads and two delicious desserts, plus all the extras that create a delicious holiday feast. Come join in as we celebrate this festive holiday. We will gather at 11:30 am and dine at 12:00 noon. Our Program Chairman will have a special program for our enjoyment so you will not want to miss it. The deadline for reservations is **Friday December 5**. Make your reservations using the form below. Your reservations will be confirmed with payment of \$22.00 per person. The Kern Room is the room that faces east, and is part of the main building. Enclose your check made out to CSUB 60+ Club marking the envelope as LUNCHEON TICKET and mail to: CSUB 60+ Club, 53 AW, Denise Nielsen Alumni Office, 9001 Stockdale Highway, Bakersfield, CA 93311-1022 Any questions, please call Evelyn Glines at 399-3658.

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Thursday, December 11, 2014 Christmas Luncheon

Yes!! Sign me (us) up!!

Name (s) (Please Print) _____

Address _____

Phone _____ FAX _____ E-mail _____

(Remember the price is \$22.00 per person and make

Amount enclosed _____ check out to "CSUB 60+ Club")

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Athletics - Ticket Takers

Enid Hull

(679-4551, ehoreh@gmail.com)

Athletics - Timers-Swimming

Anne Kelly

(706-6071, anne@10max.com)

Soccer is in full swing. What a terrific match the Runners played against San Jose. And a big “thank you” to Joe and Julie for volunteering for the match.

The first Men’s Basketball game is **Saturday, November 8** and the first Women’s is **Friday, November 14**. If you signed up to volunteer and have not yet sent me the dates that you are available, please do so. Go Runners! – Enid Hull

Anne Kelly notes that there is one swim meet at 12 pm on **Saturday, November 1** – Timers, please come at **11:30 am**.

A Wrestling note from Janis Varner: Mark your calendars for **Sunday November 2** as the Roadrunners wrestle Pac 12 opponent Stanford beginning at **2:00 pm** in the Icardo Center. Wrestling will also be recognizing ALL veterans at this duel and admission for veterans is FREE! Hope you can join us and cheer on the Runners! Please feel free to contact Janis Varner at 587-8157 with any questions.

CSUB Home Game Schedule for November

Swimming

Sat, Nov 1, 12 pm: Fresno Pacific, Hillman Aquatics Complex

Mens Basketball:

Sat, Nov 8, 7 pm: Whittier (Exhibition), Icardo Center

Sun, Nov 23, 4 pm: Delaware, Icardo Center

Sun, Nov 30, 4 pm: South Dakota, Icardo Center

Womens Basketball:

Fri, Nov 14, 7 pm: Air Force, Icardo Center

Wed, Nov 26, 7 pm: Fresno Pacific, Icardo Center

Sun, Nov 30, 12 pm: Fresno State, Icardo Center

Mens Soccer:

Fri, Nov 7, 7 pm: Utah Valley, Main Soccer Field

Sun, Nov 9, 1 pm: Seattle U, Main Soccer Field

Womens Soccer:

Sat, Nov 1, 7 pm: Grand Canyon, Main Soccer Field

Womens Volleyball:

Thu, Nov 13, 7 pm: Utah Valley, Icardo Center

Sat, Nov 15, 1 pm: Seattle U, Icardo Center

Thu – Sat, Nov 20-22, all day: WAC Tournament, Bakersfield Hosting

Sat, Oct 25, 1 pm: Texas-Pan American, Icardo Center

Thu, Oct 23, 7:30 pm: New Mexico State, Icardo Center

Mens Wrestling:

Sun, Nov 2, 2 pm: Stanford, Icardo Center

Sun, Nov 16, all day: Roadrunner Open, Fresno Selland Arena

Sat, Nov 22, 5 pm: Northern Colorado, Bakersfield High School

Calif. Well Sample Repository (CWSR) William Todd (871-2530, wetodd1@yahoo.com)

The Repository contains an historical collection of geological core samples from more than 4,000 gas and oil wells drilled all over California from as far back as 1930. Our volunteers are responsible for carefully organizing and indexing the samples, well reports, and well logs. You can join the fun (detective/crossword type work) on each **Wednesday** of the month (from **9 am to noon**) at CWSR, which is located by the south entrance on Roadrunner Drive, across from the CSUB athletic track and field. Parking is available in front of the building. We note that volunteer work space is limited so if you are new to volunteering, please contact the Curator Charles James at 654-2324. Most of the time, we go to lunch together after work. Hope to see you there.

November 5, 12, 19 & 26

FACT Janet Skibinski (664-6983, jjskibinski@att.net)

As you all know by now, the October Barbeque for the Birds was the last F.A.C.T. event open to the public. I want to sincerely thank Marlene Benson, the CSUB students, and all the wonderful 60+ volunteers for their dedication to a place where the fruits of their efforts were enjoyed by many people over the years. It will be sadly missed.

Fine Arts Theater Billie Swanson (587-2544, billieswanson@icloud.com)

Our first play is *From Dust Thou Art*, by Peter Grego at the Doré Theatre. It is adapted from the oral histories and tells of those who left the devastation of the Dust Bowl. It is an incredible journey filled with struggle and heartbreak, but ultimately it is a celebration of the human spirit.

Thursday, Friday and Saturday November 6, 7 and 8 at 8 pm & Sunday, November 8 at 2pm

Cost: \$10 General, \$8 Seniors (60+)/CSUB Faculty & Staff, \$5 Students with Identification

I will need four volunteers for each performance. I will be calling next week for volunteers.

**Fine Arts Music Peggy Bryson (399-7811)
Donna Bartlett (833-0721 dshutcherson@yahoo.com)**

Wednesday, November 5 at 1 pm in the Music Bldg., Room 128

Guitar Arts Series presents: James/Rucco Duo in a Lecture/Demonstration

Cost: Free

Friday, November 14 at 7:30 pm at the Doré Theatre

Concert Band/Symphonic Band Fall Concert

Cost: General - \$15, Students/Seniors - \$5, CSUB Students w/ID – Free

Saturday, November 15 at 9:00 am to 3:00 pm in the Music Bldg., Room 127

CSUB Choir Day

Cost: Free

Saturday, November 15 at 7:00 pm at the Doré Theatre

CSUB Singers Fall Concert

Cost: General \$10, - Students/Seniors \$5, - CSUB Students w/ID Free

Sunday, November 16 at 4:00 pm at the Doré Theatre

Chamber Orchestra Fall Concert

Cost: General \$10, - Students/Seniors \$5, - CSUB Students w/ID Free

Saturday, November 22 at 7:30 pm in the Music Bldg., Room 127

Chamber Music Fall Concert

Cost: General \$10, - Students/Seniors \$5, - CSUB Students w/ID Free

Jazz Events	Adele Davis	(834-0115, adldavis@lightspeed.net)
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Jazz Events: The only November Jazz event is the Fall CSUB Jazz Ensemble Concert (big band) and CD Release Party. This year Jim Scully has two smaller big bands and has written some original new tunes that will be part of the program. He will also have the new CSUB Jazz CD there for purchase

Friday, November 21, 8 pm at the Dore Theatre
Cost: General:\$10; Student/Seniors:\$5; CSUB Students with ID: Free
Parking is free

I will call about one week in front of the date for 60+ volunteers. If you would like to be a volunteer, please email or call me before the beginning of the week and I will schedule you first. Thank you for your willingness to support CSUB Jazz. Thank you, Adele Davis

DUKES MEMORIAL CONCERT SERIES

All concerts are on **Sundays at 4:00pm** in the church sanctuary at First Congregational Church, 5 Real Road, Bakersfield 93309. There is no fee to attend.

November 2 - Emerald Duo (with Dieter Wulfhorst and Susan Doering)

March 22 - The Figarden Trio (with Laura Porter, harpist)

April 19 - The Centennial High School Choirs (conducted by Patrick Burzlaff)

Interest Groups	Lewis Jones & Cheryl Martin	(665-2668)
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Around the Cracker Barrel	Gary Ivey	(477-0429, jgary.ivey@gmail.com)
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" Student Loan Debt and What To Do To Correct It " is the discussion topic. Join us in the Health Center Conference Room at new time: **10 am, Tuesday, November 4**, and be prepared to debate.

Art for Fun	Margaret Southwick	(327--1267, southwic@lightspeed.net)
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Our new interest group, Art for Fun continues on **November 7 & 21, 9:30 am - 11:30 am**. We are having a blast but we need more participation. This month we will be decorating clay pots and then decorating canvas tote bags. Let me know if you want us to buy your canvas tote bag. Tote bags are going to be needed if plastic bags are phased out.

Glenwood Gardens is sharing its facility at 350 Calloway Drive, 93312 in the first building and providing materials and a fine teacher so try your luck! The interest group will be meeting twice a month and in December on **December 12 & 9**.

Classics Revisited**Jean Nilssen****(599-3341, nilss15@aol.com)**

The Classic Book Club usually meets the **4th Monday of the month at 1 pm** in the Student Health Center Conference Room. Our next meeting is on **November 24** where we will discuss Dylan Thomas' *A Child's Christmas in Wales* and O. Henry's *Gift of the Magi*. New members are more than welcome! Future dates and titles are: January 26 (H.G. Wells' *The Time Machine*), February 23 (Evelyn Waugh's *Scoop*), March 23 (E.M. Forster's *A Passage to India*), April (Members' choices of poetry) and May (George Orwell's *Animal Farm*).

Coffee With The Professor**Ted Murphy****(325-0307, tmurphy@csub.edu)**

On **Monday, November 17 at 2 pm** in the Dezember Leadership Center, Room 402, Dr. Rebecca Larson, Chair of the Department of Mathematics, will talk about math in the new world on this campus. You will have to come to find out what that means. Becky's dad, Bill Michaelis, recently moved to Bakersfield and just joined 60+. I think he will enjoy seeing his daughter in action. So will you.

Creative Writing**Nancy Edwards****(831-1067, jmitchell3@bak.rr.com)**

Creative Writing is held on the **2nd Friday of the month at 10 am** at the Student Health Center Conference Room. Nancy Edwards is the facilitator and she is a published writer and a retired Bakersfield College English Department faculty member. The next meeting will be on **November 7**. Future dates are: December 12, January 9, February 13, March 13, April 10 and May 8.

Dinner Club**Judy Harris****(831-7613, ibejudyh@sbcglobal.net)****Karen Carey****(588-5602, kcarey3742@sbcglobal.net)**

The Dinner Club will meet **Wednesday, November 3, at 5:30 pm** at Mama Tosca Italian Restaurant, 9000 Ming Ave. at the west end of the Marketplace. RSVP by Monday, November 1, to Judy Harris, or Karen Carey.

Knit One, Crochet Too**Lena Flippen****(399-3406)****Judy Lawhead****(364-3525, Judy.Lawhead@sbcglobal.net)**

Knit One/Crochet Too meets most **Thursdays at 1:30 pm** at the Carriage House Estate Retirement Community, 8200 Westwold Drive in the activity room on the first floor. All skill levels are welcome including beginners or those who would like to learn to knit or crochet. Bring a project to work on or come and work on some charity projects we have in progress. Come whenever you can. Please call or email Judy Lawhead if you need any additional information.

Meeting dates are: **November 6 & 20**

The Lunch Bunch**Charlene Edwards****(397-8850, cedwards8@bak.rr.com)****Beth Curtis****(323-5230)**

On **Monday, November 10 at 11:30 pm** we will be having lunch at Chat 'N' Chew B.B.Q. and Seafood. It is southern style cuisine. (Similar to "J's", in fact it is located in the old "J's".) The address is 5141 Ming Avenue, (southeast corner of Ming and New Stine), in Colonial Square. They are normally closed on Monday but are opening for us. Please let Charlene or Beth know if you plan to attend by November 6.

Readers Group 1	Sydney Perry	<i>(589-6315, Ssperry@aol.com)</i>
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On **Tuesday, November 18 at 1:30 pm** we will be discussing the “One Book, One Bakersfield” book *Enriques Journey* by Sonia Nazario. We meet the 3rd Tuesday of the month at Glenwood Gardens’ Library on 350 Calloway. Future book titles are: January 20-Fall of Giants by Ken Follett (First in his trilogy-the 3rd one just came out) and February 17-The Goldfinch by Donna Tartt. No meeting in December.

Readers Group 2	Bertie Warren Carol Black	<i>(832-9242, nanab5@bak.rr.com) (213-4391)</i>
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We will meet on **Wednesday, November 19 at 2 pm**. The address is 7105 School House Lane and the phone # is 832-9242. Please call if you cannot attend. We will be discussing the first half of *Edge of Eternity* by Ken Follett. The second half will be discussed in December.

Sing-A-Long	Wendall Kinney	<i>(833-9447)</i>
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Surprise! It’s nearly November, that’s the one that rhymes with September and December, remember? Come to sing or just nostalge, I plan to be there myself says Wendell.

The next Sing-A-Long will be on **Wednesday, November 5 at 1 pm** at Rosewood, 1301 New Stine Road, Bakersfield 93309 in the Activities Building.

World Religions	David Rhea Karen Polyniak	<i>(872-1151, drhea37@yahoo.com) (246-8763, kpoly@earthlink.net)</i>
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The next meeting will be on **Tuesday, November 25 at 2pm**. At the time of publication, a speaker had not been confirmed but as time gets near, you can contact either David Rhea or Karen Polyniak. Suggestions for speakers are welcome.

Elder College	Cheryl Tikanen	<i>(397-1138, cheritik@yahoo.com)</i>
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Thank you to my wonderful Elder College committee: I couldn't do this without the help of my co-chair, Eloise Higgins. Sandra Dralle has done a wonderful job with The Race for Space in Kern County. She has invited our speakers and prepared them and arranged our field trip also. The whole committee has given lots of time and effort. Thank you, Peggy Bryson, Charlene Edwards, Billie Swanson, Bob Edwards, Kathleen Wagner, Kaye Cook, David and Colleen Mathis, Nancy Clark and Phyllis Algra. We also couldn't operate without Denise Nielsen at the Alumni Office.

Master Calendar			
December 11	Holiday Luncheon - 1:30 am, Hodel’s	March 12	General Meeting -2pm, Icardo Rm
January 8	General Meeting -2pm, Icardo Rm	March 15	<i>Bulletin deadline</i>
January 15	<i>Bulletin deadline</i>	April 2	<u>Board Meeting</u> 1:30pm, Health Center Conf. Room
February 5	<u>Board Meeting</u> - 1:30pm, Health Center Conf. Room	April 9	General Meeting (2pm, Icardo Room)
February 12	General Meeting -2pm, Icardo Rm	April 15	<i>Bulletin deadline (MAY/JUNE)</i>
February 15	<i>Bulletin deadline</i>	May 7	General Meeting -2pm, Icardo Rm
		June 11	Installation Luncheon TBD

NOVEMBER 2014						
S	M	T	W	T	F	S
						1 CSUB Swim 11:30a
2 CSUB Wrestling– Veterans 2p Duke’s Concert 4p	3	4 Cracker Barrel 10a	5 SingALong 1p WellSample 9a DinnerClub 5:30p CSUB Music 7p	6 Board Meeting 1:30p Knit1Crochet Too 1:30p CSUB Theatre 8p	7 Art for Fun 9:30a Creative Writing 10a CSUB Theatre 8p	8 CSUB Theatre 8p
9 CSUB Theatre 2p	10 Lunch Bunch 11:30a	11 Veteran’s Day (campus closed)	12 WellSample 9a	13 General Meeting 2p Knit1Crochet Too 1:30p	14 CSUB Music 7:30p	15 Bulletin Deadline CSUB Music 9a & 7p
16 CSUB Music 4p	17 Coffee w/ Professor 2p	18 Readers1 1:30p	19 WellSample 9a Readers 2 2p	20 Knit1Crochet Too 1:30p	21 Art for Fun 9:30a CSUB Music 7:30p	22
23	24 Classics 1:30p	25 World Religions 2p	26 WellSample 9a	27 Thanksgiving	27	29
30						
DECEMBER 2014						
	1	2 Cracker Barrel 10a	3 SingALong 1p WellSample 9a	4	5	6
7	8 Lunch Bunch 11:30a	9	10 WellSample 9a	11 Holiday Lunch 11:30a Knit1Crochet Too 1:30p	12 Art for Fun 9:30a Creative Writing 10a	13
14	15 Coffee w/ Professor 2p	16	17 WellSample 9a Readers 2 2p	18 Knit1Crochet Too 1:30p	19	20

60+ Club MEMBERSHIP FORM

Complete and send with check, payable to **CSUB 60+ Club**, to:

Alumni Relations, CSU Bakersfield 53 AW, 9001 Stockdale Highway, Bakersfield, CA 93311-1022

Name(s) _____
Preferred Name(s)(or nickname) _____ Last _____

Address _____ Zip _____

Telephone Number _____ eMail Address _____

Memberships are from July 1 to June 30. Check if you want to receive *The Bulletin* by US Mail or Email

Members agree to permit their photos to appear in 60+ publications, *The Bulletin*, reports, the website.

Dues Single Member \$40
 Couple \$80

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\$ _____

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 Member Since _____

Enclosed is my additional contribution in support of 60+ Club \$ _____ **THANK YOU!**

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