ELIGIBILITY RULES:
1. You must have a Runner ID to participate. NO ID, NO PLAY…NO EXCEPTIONS!!
2. No Person shall play on more than one single sex and co-rec. team per sport. If caught doing so by supervisor or official, Player shall be suspended for remainder of season and that game shall be forfeited. Opposing team does not have to protest if caught by supervisor or official.
3. No person shall use false identification in order to participate. If caught, person will be suspended from Intramural Sports and possibly Campus Recreation activities for a period of time determined by the Coordinator of Intramural Sports and Sport Clubs.

THE GAME:
The Field: The playing field consists of 65ft. base paths and a 46ft. distance from the pitching rubber to home plate.
Game: The game shall consist of seven (7) innings or 50 minutes, whichever occurs first. No new inning will be allowed to start after the 45th minute of play. No overtime in league, playoffs may consist of extra inning overtime.
Team: Teams will consist of 10 players, but a team may begin with as few as 8 players. One extra hitter is allowed, two in co-rec.
Time-Outs: Time-out cannot be “called” by any player. Players may “request” a time-out from the umpire that may or may not be granted based on the umpire’s discretion and game situation.
Substitutions: Substitutions may occur either while batting or in the field. Substitutes must assume the batting position of the player he/she was substituted for. Starters may re-enter the game in their original batting position, in which case the sub is ineligible to return to play.
Equipment: Shirts and shoes must be worn at all times. All other uniform requirements are waived, unless noted by the Director.
Mercy Rule: (Games will be called when the following situations occur):
A 15 run lead after 3 innings, a 10 run lead after 5 innings, or a 25 run lead at any point in the game.

PLAYING REGULATIONS:
Batting Rules:
- Bats must be ASA approved softball bats. No baseball bats will be allowed.
- http://www.asasoftball.com/about/certified_equipment.asp you may use this website to check your bat.
- Any batter who steps out of the batter’s box or on home plate and makes contact with a ball will be called out. These are dead ball outs with no base advancement.
- Batters slinging the bat following a previous warning for the same action will be called out and ejected from the game.

Pitching Rules:
- Each team will pitch to their own team.
- Each player will get only three (3) pitches. Every pitch is considered a strike.
- Pitcher’s must begin their motion with 1 foot on the rubber.
- No quick pitching, pitchers’ must pause for 1 second before releasing a pitch.
- The trajectory of the pitch will be an arc of 6 to 12 feet from the ground.
- Any pitch failing to meet trajectory requirements will be called “illegal” and recorded as a “ball”.
  The batter is allowed to make an attempt to hit an illegal pitch. However, once swung at, the illegal pitch becomes legal and all playing ruled apply.
• Pitchers may not pause during their motion on the back swing.
• The pitch must be released on the first pass of the hip
• Pitches may be delivered with either a palm-up or palm-down release.
• Teams are allowed only 2 intentional walks per game. Pitchers must notify the umpire of their intention to walk a batter prior to throwing the first pitch. Pitches do not need to be thrown to walk a batter intentionally.

**Base Running Rules:**
• There will be NO STEALING OR LEADING OFF
• A runner receiving aid in making his turns, recovering from a fall, etc. from a base coach or teammate will be declared out.
• Base runners must maintain contact with their base and may leave it ONLY when the ball is batted.
• Runners over-running bases will be subject to being tagged out. Only 1st base can be over-run without penalty.
• Any batter who steps out of the batter’s box or on home plate and makes contact with a ball will be called out. These are dead ball outs with no base advancement.

**Strike Zone:**
• The strike zone will be from the batter’s front knee to their back shoulder, any ball crossing this area and landing beyond home plate will be a strike.

**Home Runs:** All homeruns are in field homeruns. There is no fence

**Ball in Play:** Any ball inside the grass line of the field is considered in play.

**Sliding:** No sliding is allowed.

**Overthrows:** An overthrown ball that remains inside the out of play line is live and runners may advance at their own risk. Balls that are overthrown over the out of play line or out of play are considered dead balls and base runners will be awarded the base they are headed to plus one additional base.

**Infield Fly Rule:** With runners on 1st and 2nd base or the bases loaded with less than 2 outs, any pop-fly reasonably playable by an infielder will result in the batter being called out. Runners may advance at their own risk.

**Conduct**
Please refer to the IM manual section 3: Code of Conduct