February 11th 2006

CSUB PEAK Club

Valentine’s Run

For Your Heart

10k & 5k run/walk

♥ Custom awards in these run divisions:
  5k: Under 10, 11-14, 15-19 and in 10-year age groups above.
  10k: Under19 and in 10-year age groups above.
♥ Enter with a friend or loved one in the 5k walk Partner division (non-competitive)
♥ Great Raffle Prizes

♥ Start Time 9:00 a.m. rain or shine
♥ Race Day Registration 7:00 a.m.– 8:30 a.m.
♥ Entry Fee $16.00 pre registered – all events
♥ Entry must be postmarked by Feb. 8 for early fee
♥ $20.00 on race day – all events
♥ Starts at CSUB Icardo Center (directions on back)
♥ Run entirely on beautiful CSUB campus
♥ Children’s Activity Program
(see reverse)

Entry Form
Make check payable to CSUB
Mail to: Valentine’s Run
9306 Cannondale Dr.
Bakersfield, CA 93312

For Information
Go To www.csub.edu/peakclub

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□ Individual Age Group Category: Age on race day: ______  □ 10k run  □ 5k run  □ 5k walk (non-competitive)
or
□ 5k Walk Partner Category: Combined Ages □ Under 70 yrs. □ Over 70 yrs. Partnered with _____________

Name: ________________________________________________________  □ Male / □ Female

Address: ___________________________________________________________________________________________

City: _____________________________  Zip ______________________

Phone: ___________________________  e-mail __________________________

Shirt Size  □ S  □ M  □ L  □ XL  □ XXL

Waiver: All entrants must sign. If entrant is under 18 years of age, a parent/guardian must sign. In consideration of your acceptance of this entry, I hereby for myself, my executors and administrators waive any and all rights and claims for damages I may have against the sponsors, coordinating groups, CSUB, and any individuals associated with the event. Also none of the above is responsible for the loss of personal items or any other form or aggravation in connection with said event. I have been warned I must be in good health to participate in this event. In filling out this form, I acknowledge I have read and fully understand my own ability and do accept the restrictions.

Signature  __________________________  Signature of parent/guardian  __________________________  Date  __________________________
CSUB PEAK Club
Valentine’s Run
Kids’ Activity Program

Participants:
♥ Bring the kids.
♥ While you run or walk let them enjoy a unique experience of age and skill appropriate activities led by PEAK Faculty and Students!
♥ Located in the CSUB Physical Education Gym.
♥ Open for ages 5 – 10.
♥ Sign up 8:00-8:30 a.m. (Fill out info below)
♥ Pick up by 10:00 a.m.

Directions to CSUB:
♥ Hwy 99 to Ming Ave – west (5 miles)
♥ North on Gosford (1/8 mile)
♥ West on Camino Media (1/2 mile)
♥ North on Roadrunner Drive to Icardo Center Parking Lot (Lot I)

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<th>Name</th>
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<th>Boy</th>
<th>Girl</th>
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Note: Children must have parents participating in the Valentine’s Run. Check-in and check-out policy requires parent to have identification. A brief medical questionnaire and release of liability form must be signed for children to take part.