<table>
<thead>
<tr>
<th>First Year Seminar</th>
<th>Area C: Arts and Humanities</th>
<th>SELF: Student Enrichment &amp; Lifelong Fulfillment</th>
<th>Th.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Take two courses.</td>
<td>Take one course from each sub-area.</td>
<td>Take a course that can double count in another area or a stand-alone course.</td>
<td>Th.</td>
</tr>
</tbody>
</table>

**Area A: Foundational Skills**

**Take course from each sub-area. Must be completed with a grade of C- or higher**

**A1. Oral Communication (OC)**

- COMM 1008: Strat. for Public Speaking
- THTR 1009: The Art of Presentation

**A2. Written Communication (WC)**

- THTR 1019: Dynamic Leadership through Improv

**A3. Critical Thinking (CT)**

- Student must have completed Area A2
  - COMM/ENGL 2518: Intro to Film Studies

**Area B: Natural Sciences**

**Take one course from each sub-area.**

**B1. Physical Sciences**

- CHEM 1009: CSI Chemistry
- CHEM 1019: Chem of Beer & Wine
- CHEM 1029: The Chemistry of Cooking
- CHEM 1039: Nutr. & Food Toxicology (QR-co)

**B2. Life Sciences**

- PHYS 1609: Intro to Astronomy
- BIOL 1009: Perspectives in Biology
- BIOL 1039: Principles of Ecology

**American Institutions**

**Take one course in AI-Government and one course in AI-History.**

**AI-Government**

- ECON 1009: The Econ. Way of Thinking
- PLSI 1018: Am Govt & Politics (CT)
- PPA 2008: Am Govt & Pub. Admn (CT, WC)

**AI-History**

- HIST 1218: US Hist to 1877 (WC)
- HIST 1228: US Hist since 1865 (WC)

**Area D: Social and Behavioral Sciences**

**Take two courses in different disciplines. Must have completed Area A2 or concurrently in Area A2**

**Key**

- **OC**: Oral Communication (A1)
- **WC**: Written Communication (A2)
- **CT**: Critical Thinking (A3)
- **QR**: Quantitative Reasoning (A4)
- **C2**: Critical Thinking (also C1)
- **C1**: Arts (also C2

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Revised August 27, 2018
### Upper Division Thematic courses

Take two courses (one course from each of the Areas outside of the area represented by the student’s major). Students must have completed at least 60 units and completed or currently in JYDR before taking UDB, UDC, and UDD.

<table>
<thead>
<tr>
<th>Upper Division Area A</th>
<th>Th.</th>
<th>Upper Division Area D</th>
<th>Th.</th>
<th>Capstone</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANTH 3308: Anth Through Film (CT, WC)</td>
<td>Q</td>
<td>ANTH 3318: Ppl of Mexico (CT, WC)</td>
<td>S</td>
<td>BA 3108: Bus., Govt. &amp; Soc. (CT, OC)</td>
</tr>
<tr>
<td>CRUJ 3313: Wmn &amp; CJ System (CT, WC)</td>
<td>S</td>
<td>CRUJ 3608: Gangs in America (CT, WC)</td>
<td>Q</td>
<td>ART 4058: Senior Seminar (OC)</td>
</tr>
<tr>
<td>ECON 3118: Econ of Health (CT, QR)</td>
<td>Q</td>
<td>ECON 4038: Eng Econ &amp; Policy (CT, OC)</td>
<td>R</td>
<td>CHEM 4098: Senior Seminar for CHEM (OC)</td>
</tr>
<tr>
<td>ECON 3418: Energy Econ &amp; Policy (CT, OC)</td>
<td>S</td>
<td>ECON 3508: Env Econ. (CT, QR)</td>
<td>S</td>
<td>COMM 4098: Senior Seminar (OC)</td>
</tr>
<tr>
<td>SCI 3109: Cali Natural Hist (QR, WC)</td>
<td>Q</td>
<td>SCI 3108: Intro to Modern Cosmos (QR, WC)</td>
<td>R</td>
<td>SCI 4018: Int. Econ. Dvlpmnt (CT, WC)</td>
</tr>
<tr>
<td>SCI 3119: Cali Geol &amp; Society (QR, WC)</td>
<td>R</td>
<td>SCI 3139: Water and the West (QR, WC)</td>
<td>S</td>
<td>ECON 4588: HR Economics (CT, QR)</td>
</tr>
<tr>
<td>SCI 3609: Intro to Weather Dynamics (CT, QR)</td>
<td>S</td>
<td>SCI 3639: Intro to Weather Dynamics (CT, QR)</td>
<td>Q</td>
<td>CSUB 4919 (OC)</td>
</tr>
</tbody>
</table>

### Upper Division Area B

| SCI 3009: Call Natural Hist (QR, WC) | Q | PPA 4038: Public Policy Process (WC, CT) |
| SCI 3019: Rev Ideas in Human Bio (QR, OC) | R | PHIL 3008: Tech & Rpt Writing (WC) |
| SCI 3109: The Science of Food (QR, WC) | Q | ENGL 3109: Modes of Writing (WC) |
| SCI 3119: Rev Ideas in Chem (QR, WC) | R | PHIL 3118: Adv Writing (WC) [also JYDR] |
| SCI 3129: Envrmt Chem & Sust. (QR, OC) | S | ENGL 3128: Writing Lit Analysis (WC) |
| SCI 3319: Cali Geol & Society (QR, WC) | R | HIST 3008: Hist Writing (WC) |
| SCI 3329: Water and the West (QR, WC) | S | SCI 3108: The Science of Food (QR, WC) |
| SCI 3609: Intro to Modern Cosmos (QR, WC) | R | SCI 3118: Restoration to Experimentation (CT, OC) |

### Upper Division Area C

| ART 3618: Revolutionary Art of the 19th Century (CT, WC) | R | KINE 3118: Epidemiology & Wellness (CT, OC) |
| ART 3648: Hist of Photography (CT, WC) | R | *PHIL/PSYC 3528: Personhood: Rights & Respon. (WC, CT) | Q |
| COMM 3048: Art of Film (CT, WC) | R | PLSI 3248: Personhood: Rights & Respon. (WC, CT) |
| COMM 3058: Intercult. Comm (CT, WC) | S | PLSI 3648: Food Pcy & Politics (CT, WC) |
| COMM 3068: Film & Society (CT, WC) | Q | PPA 3408: Policy Networks (CT, WC, OC) |
| COMM 3078: Mass Media & Society (CT, WC) | R | PSYC 3248: Observ. in Studying the Brain & Thinking (CT, WC) |
| COMM 3098: Innovations in Film (CT, WC) | R | PSYC 3658: Psych of Good & Evil (CT, WC) |
| ENGL 3248: Ethnic Lit (CT, WC) | S | PSYC 3678: Ppl, Ethics & other anml (CT, WC) |
| ENGL 3268: Writing Nature (CT, WC) | S | PSYC 3688: Ppl & Anml Companions (CT, QC) |
| ENGL 3518: Film Studies (CT, WC) | Q | PSYC 4358: Positive Psych (CT, OC) [also SELF] |
| ENGL 4708: Studies in Genre (CT, WC) | R | PSYC 4588: Psych of Positive Psych (CT, OC) |
| HIST 3258: The American Environment (CT, WC) | S | SCI 3409: Stats of Inequality (CT, QR) |
| HIST 4638: Building an Empire (CT, WC) | R | SOC 3008: Social Psych (CT, WC) |
| MUS 3019: Musical Drama (CT, WC) | Q | SOC 3048: Gender & Soc. (CT, WC) |
| MUS 3039: Am Musical Life (CT, WC) | Q | SOC 3658: Violence & Society (CT, WC) |
| PHIL 3118: Phil in Lit and Film (CT, WC) | Q | SOC 4038: Tech & Society (CT, WC) |
| PHIL 3128: Existentialism (CT, WC) | Q | SOC 4068: Civil Rights Mmnt (CT, WC) |
| PHIL 3268: Marxism (CT, OC) | R | SOC 4908: Senior Seminar (OC) |
| PHIL 3318: Prof Ethics (CT, WC) | Q | SOC 4958: Senior Seminar (OC) |
| PHIL 3338: Business Ethics (CT, WC) | S | SCI 4098: Senior Seminar (OC) |
| PHIL 3358: Phil, Tech, & Our Future (CT, WC) | R | SCI 4908: Senior Seminar (OC) |
| PHIL 3368: Envrmt Ethics (CT, WC) | S | SCI 4998: Senior Seminar (OC) |
| PHIL/PSYC 3418: Philosophy of Democracy (CT, WC) | Q | CHEM 4098: Senior Seminar for CHEM (OC) |
| *PHIL/PSYC 3528: Personhood: Rights & Respon. (WC, CT) | S | ECON 4098: Senior Project (OC) [also SELF] |
| RS 3208: Explorations in Scripture (CT, WC) | R | KINE 4686: Internship in Kinesiology (OC) |
| RS 3518: American Dream (CT, WC) | R | SCI 4908: Senior Seminar (OC) |
| RS 3528: Holocaust & Impl. (CT, WC) | S | CSUB 4919 (OC) |
| RS 3538: Religion & Human Rights (CT, WC) | R | ECON 4908: Senior Project (OC) [also SELF] |
| RS 3548: Spiritual Quest (CT, WC) | Q | SCI 4908: Senior Seminar (OC) |
| RS 4518: The Meaning of Death (CT, WC) | Q | SCI 4908: Senior Seminar (OC) |
| RS 4528: Comp. Religious Ethics (CT, WC) | S | SCI 4908: Senior Seminar (OC) |
| THTR 3108: Antiquity to Rebirth (CT, OC) | Q | SCI 4908: Senior Seminar (OC) |
| THTR 3118: Restoration to Experimentation (CT, OC) | Q | SCI 4908: Senior Seminar (OC) |

**Wrar: Graduate Writing Assessment Requirement**

Junior or higher and completion of A2. Requirement may be satisfied by exam or one of the following courses.

- THTR 4908: Senior Seminar (OC)
- PPA 4908: Senior Seminar (OC)
- SOC 4988: Senior Seminar (OC)

*Student must complete at least 90 units and 2 of the following areas (UDB, UDC, UDD). The departments below offer Capstone as part of their senior seminar. Students whose department is not listed may choose any of the following 1-unit courses below.*

**Revised August 27, 2018**