**CSUB Resources**

**Counseling Center** 654-3366

Offers free mental health counseling to registered students. Counselors are available Monday through Friday, 8:00 am to 5:00 pm. Common issues that may prompt a referral are sexual identity concerns, depression, anxiety, stress, romantic relationship problems, family relationship problems, sexual assault, physical assault, grief, suicidal thoughts, and feelings of isolation.

**Ombudsperson** 654-2417  Faculty Towers 104D

Dr. Maria Paleologou, a professor in the department of philosophy and religious studies, is the current Ombudsperson for CSUB. The Ombudsperson is available to meet with any student who has a concern or complaint about the University. The Ombudsperson serves to facilitate dialogue between students and the University when help is needed to resolve a disagreement or a misunderstanding. She does not impose solutions but acts as a neutral mediator in problem-solving and conflict resolution.

**Health Center** 654-2394

The Health Center provides basic outpatient medical services for the diagnosis and treatment of acute and sub-acute conditions, illnesses and injuries. The medical staff is available for routine health care, women’s services, minor surgery, and urgent care including basic x-rays, laboratory and pharmacy. The Health Center provides information on contraception, safer sexual practices, STD testing and counseling, and immunizations.

**Health Educator** 654-2394

Lauren Ash-Anderson is currently the Health Educator Assistant on campus, and her office is located in the Health Center. The Health Educator is trained to help students understand the health issues most important to them, ways to prevent health conditions and diseases, and tools to cope with health related issues as they arise. Nutrition, exercise, drug and alcohol abuse prevention, sexual health education, and sexually transmitted disease education are among the topics addressed by the Health Education Dept.

**Campus Police** 654-2111

The University Police Department is a full service law enforcement agency that is open 24 hours a day, 7 days a week. The University Police Department investigates crimes that occur on campus and assists other local law enforcement agencies. If a student has been assaulted, is being harassed, or in general, believes they are in danger, the police should be the first campus agency contacted. The officers can provide information regarding legal issues, serve as liaisons to other law enforcement agencies, can provide emergency restraining orders, and will provide escort services on campus if a student feels unsafe.
Claudia Catota, J.D., is the campus Discrimination, Harassment and Retaliation Administrator and Title IX Coordinator. She investigates complaints of alleged discrimination in regards to disability, gender/sex (including gender identity and gender expression), nationality, race or ethnicity, religion, sexual orientation, genetic information, age, and military/veteran status. She also investigates incidents of sexual violence (sexual assault, rape, domestic/dating violence, and stalking) when they occur on campus or may involve our students, faculty, or staff and coordinates a response on behalf of the University. She is available to meet with students, faculty, or staff who have a complaint regarding alleged discrimination on the campus.

Gay/Lesbian/Straight Student Network (GLSSN) (When Active)

GLSSN is a student organization on campus that is part of the Student Activities Department. GLSSN has a bulletin board in DDH.

Club Gen  
GENatCSUB@gmail.com

Club Gen is a student organization associated with the Women and Gender Studies Program (WGS). Their goal is to bring awareness and educate others about social inequalities that result from sexism, racism, classism, heterosexism, and ethnocentrism; and to promote activism and empowerment to those who have been oppressed. They believe in reproductive health for both women and men. They promote equality for all.

GST 149: Gay/Lesbian Issues

This is a general studies course that provides an introductory exposure to gay, lesbian, bisexual, and transgendered issues through lecture, presentation, activities, and discussion. Each quarter a new topic of importance to GLBT individuals will be presented.

PSYC 342: The Psychology of Sexual Orientation

The purpose of this course is to incorporate information from a variety of different fields (e.g., history, sociology, biology) to address psychological issues relevant to sexual orientation. In this course, students will critically examine attitudes, assumptions, and research regarding straight, lesbian, gay, bisexual, and transgendered people. Topics will include the development of gender and sexual orientation, historical views of sexual orientation, differences between individuals with different orientations, progression and change in orientation throughout the lifespan, social/legal policies regarding sexual orientation, and stereotypes and discrimination of individuals with particular orientations.
Local Resources

Alcoholics Anonymous LGBTQ

Mondays 7:30pm
Alano Club
1001 34th Street, Bakersfield
(661) 361-1547
www.onlinealano.org

Alliance Against Family Violence and Sexual Assault

Provides protection, prevention, education, advocacy and transitional services for thousands of Kern County women, children, and men who are victims of domestic violence or sexual assault.

Outreach Center: 1921 19th Street
LGBTQ Hotline: (661) 322-2869
Phone: (661) 322-0931
24 hour Crisis Line: (661) 327-1091
Toll Free: 1-800-273-7713
www.kernalliance.org

Bakersfield LGBTQ

Bakersfield LGBTQ serves as a resource to the community on issues and concerns relating to life as a person who is lesbian, gay, bisexual, transgendered or questioning. They provide education on other resources. We welcome anyone who is supportive of LGBTQ rights.

PO Box 78056
Bakersfield, CA 93383
(661) 302-4266
info@bakersfieldpride.org
www.facebook.com/bakolgbtq
www.localendar.com/public/BakersfieldPride

Casablanca

21 and over club
1825 N Street (Downtown, between 18th & 19th)

Evangelicals Concerned (EC)

“Evangelicals Concerned is not a church, but a network of friends who encourage and affirm gay, lesbian, bisexual and transgendered Christians in their faith.”

PO Box 20493
Bakersfield, CA 93309
Phone: (661) 364-1862
Email: ecbakersfield@aol.com
First Congregational Church

5 Real Road
Bakersfield, CA 93309

Gay and Lesbian Center of Bakersfield

The Gay & Lesbian Center of Bakersfield is a non-profit organization serving the Gay, Lesbian, Bisexual, and Transgender community of Greater Bakersfield. The Center strives to provide a safe, comfortable and inviting place for the LGBT community to meet, socialize and network. The Center seeks to improve the wellbeing of LGBT people in the Bakersfield area by providing social, cultural, and educational programs and activities, plus an extensive referral network.

Transgender* Peer Group - 1st Sunday of the month.
Transgender* Support Group – Last Sunday of the month.
Runs from 1:00-3:00 pm.
If you want to attend the support group please email or call before attending.

902 18th St,
Bakersfield, CA 93301

Mailing:
PO Box 2712
Bakersfield CA 93303

Contact Information
(661) 843-7995
www.glcenterbak.org
info@glcenterbak.org

Mary Valenti, Ph.D

Offers individual therapy, weekly group support (transgender* people only), monthly group support (for transgender* people, family, and friends), allies support group (for cis allies only). The monthly group is free and is on the second Thursday of every month.

5301 Office Park Drive
Suite 210
661-374-4926
mev@bak.rr.com

Metropolitan Community Church of the Harvest (Bakersfield)

(Spiritual Organization)
PO Box 30357
Bakersfield, CA 93385-1357
Phone: (661) 873-8891
The Mint

Downtown Bar
1207 19th St
Bakersfield, CA 93301

PFLAG Bakersfield (Parents, Families, and Friends of Lesbians and Gays) (PFLAG)

PO Box 42135
Bakersfield, CA 93384
Phone: (661) 632-2510
Email: pflagbfl@yahoo.net
Web: http://www.pflag.org

PFLAG Ridgecrest

P.O. Box 1077
Ridgecrest, CA 93556-1077

Unitarian Universalist Fellowship of Kern

98 Sterling Street
Bakersfield, CA 93307
(661) 363-5421
Open and affirming church, Welcomes all GLBTQ persons
www.uufkc.org

Unity Church of Bakersfield

1619 E St. (off of Truxtun Ave)

St. Paul's Episcopal Church

St. Paul’s is a welcoming and inclusive community with numerous LGBT members. Sunday service is at 10 a.m.

2213 17th St.
Bakersfield, CA 93301
(661) 869-1630
Email: stpauls@stpaulseiscopalbakersfield.org
Website: www.stpaulseiscopalbakersfield.org
Accord Alliance -- www.accordalliance.org

Accord Alliance promotes comprehensive and integrated approaches to care that enhance the health and well-being of people and families affected by disorders of sex development (DSD). They have developed a new paradigm of care for people diagnosed with “intersex” conditions.

ACLU, Lesbian Gay Bisexual Transgender & AIDS Project –
www.aclu.org/lgbt-rights

Founded in 1986, the Lesbian Gay Bisexual Transgender & AIDS Projects are a combined division in the national headquarters of the American Civil Liberties Union. The Project Staff are experts in constitutional law and civil rights, specializing in sexual orientation, gender identity, and HIV.

The Advocate -- www.advocate.com

Gay news - commentary, arts & entertainment, health, parenting, and politics. The Advocate is the leading source for up-to-date and extensive LGBT news.

Advocates for Informed Choice -- www.aiclegal.org

AIC is an organization which advocates on behalf of children with intersex conditions and differences of sex development (DSDs).

American Institute of Bisexuality -- www.americaninstituteofbisexuality.org

The American Institute of Bisexuality encourages, supports and assists research and education about bisexuality, through programs likely to make a material difference and enhance public knowledge, awareness and understanding about bisexuality.

Asexuality Archive -- www.asexualityarchive.com

The Asexuality Archive is a collection of all things Ace. It provides a comprehensive and uncensored look into what asexuality is, what it means to us, and how it shapes our lives. The intention is to provide information that is approachable and informative, whether or not you’re asexual.

Asexuality Visibility & Education Network -- www.asexuality.org

AVEN hosts the world's largest online asexual community as well as a large archive of resources on asexuality. AVEN strives to create open, honest discussion about asexuality among sexual and asexual people alike.

Asians and Pacific Islanders for LGBT Equality-Los Angeles -- www.apiequalityla.org
API Equality-LA advocates in the Greater Los Angeles Asian and Pacific Islander (API) Community for the fair treatment of Lesbian, Gay, Bisexual and Transgender (LGBT) people and marriage equality. The site has a variety of good resources.

AVERT -- www.avert.org

AVERT is an international HIV and AIDS charity based in the UK, with the aim of AVERTing HIV and AIDS worldwide.

Bisexual Resource Center -- www.biresource.net

The BRC is committed to providing support to the bisexual community and raising public awareness about bisexuality and bisexual people.

Campus Pride -- www.campuspride.org

Campus Pride represents the only national nonprofit 501(c)(3) organization for student leaders and campus groups working to create a safer college environment for LGBT students. The organization is a volunteer-driven network "for" and "by" student leaders. The primary objective of Campus Pride is to develop necessary resources, programs and services to support LGBT and ally students on college campuses across the United States.

Centers for Disease Control (CDC) LGBT Health -- www.cdc.gov/lgbthealth

These pages provide information and resources on some of the health issues and inequities affecting LGBT communities. Links to other information sources and resources are also provided. Some of this information is designed for members of the general public. Other information has been developed for health care providers, public health professionals, and public health students.

Change.org: Gay Rights -- www.change.org

Additional information and resources online


The combined vision and mission of the Consortium is to achieve higher education environments in which lesbian, gay, bisexual, and transgender students, faculty, staff, administrators, and alumni have equity in every respect. Their goals are to support colleagues and develop curriculum to professionally enhance this work; to seek climate improvement on campuses; and to advocate for policy change, program development, and establishment of LGBT Office/Centers.

Equality California -- www.eqca.org

EQCA works to achieve equality and secure legal protections for LGBT people. To improve the lives of LGBT Californians, EQCA sponsors legislation and coordinates efforts to ensure its passage, lobbies legislators and other policy makers, builds coalitions, develops community strength and empowers individuals and other organizations to engage in the political process.
Gay and Lesbian Alliance Against Defamation -- www.glaad.org

GLAAD promotes fair, accurate and inclusive media representation of LGBT people and events (323) 933-2240

Gay Church -- www.gaychurch.org

Gay Church is a web site dedicated to ministering to the gay and lesbian Christian community (GLBT) and friends of our community. They feature one of the largest gay and lesbian affirming Christian church directories and bulletin boards in the world. Network with other gay Christians.

GLBT National Hotline -- www.glhn.org 1-888-843-4564

The Gay, Lesbian, Bisexual and Transgender National Hotline provides telephone and email peer-counseling, as well as factual information and local resources for cities and towns across the United States.

Human Rights Campaign -- www.hrc.org

HRC is a national organization that works to advance equality based on sexual orientation and gender expression and identity, to ensure that lesbian, gay, bisexual and transgender Americans can be open, honest and safe at home, at work and in the community.

It Gets Better Project -- www.itgetsbetter.org

The It Gets Better Project's mission is to communicate to lesbian, gay, bisexual and transgender youth around the world that they are not alone and it gets better, and to create and inspire the changes needed to make it better for them.

Lambda Legal Defense and Education Fund -- www.lambdalega.org

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work.

National Center for Lesbian Rights -- www.nclrights.org

NCLR is a non-profit, public interest law firm that litigates precedent-setting cases at the trial and appellate court levels, advocates for equitable public policies affecting the LGBT community, provides free legal assistance to LGBT clients and their legal advocates, and conducts community education on LGBT legal issues.

National Center for Transgender Equality -- transequality.org  (202) 903-0112

NCTE is a social justice organization dedicated to advocating for the equality of transgender people.

National Gay and Lesbian Task Force -- www.ngltf.org  (202) 639-6308
The Task Force is a national progressive organization working for the civil rights of gay, lesbian, bisexual and transgender people.

Parents, Families, and Friends of Lesbians and Gays (PFlag) -- www.pflag.org

Parents, Families & Friends of Lesbians & Gays (PFLAG) is a national non-profit organization. PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights.

Transcending Boundaries -- www.transcendingboundaries.org

The organization serves our ever-evolving communities, including bisexual, pansexual, asexual, fluid, queer, transgender, transsexual, genderqueer, intersex, polyamorous, and kinky persons, as well as allies and those who prefer not to use labels.

TransGender Care – www.transgendercare.com

TransGenderCare contains a large archive of health information written and compiled from years of directly providing medical, psychological, electrology, and general health services to generations of transgender folk.

Transgender Law Center -- www.transgenderlawcenter.org

The Transgender Law Center provides legal services, as well as advocacy, for the transgender community.

Trans Health -- www.trans-health.com

A resource for transgender people, particularly those who want to make changes to their bodies. Includes frank articles about the process of transitioning.

Trans Lifeline -- www.translifeline.org 1-877-565-8860

This line is primarily for transgender people experiencing a crisis. We run a hotline staffed by transgender people for transgender people.

The Trevor Helpline -- www.thetrevorhelpline.org 1-866-488-7386

The Trevor Helpline is the only national toll-free 24 hour, 365 day-a-year confidential suicide hotline for gay & questioning youth. The Trevor Helpline’s website has important information on identifying suicidal signs, how to assist someone with suicidal tendencies, additional resources and also houses “Dear Trevor” a confidential Q&A resource.