

THE BULLETIN

OF THE 60+ CLUB

Volume 38, Number 7
April 2024
Karen Polyniak, Editor

CALIFORNIA STATE UNIVERSITY BAKERSFIELD
19AW, 9001 Stockdale Highway Bakersfield, CA 93311
www.csub.edu/60plus

President's Message

Carla Stanley

(428-1517, searosas53@hotmail.com)

We had a lovely time at our general meeting with John and Ranae Harrer sharing with us their adventures in ballroom dancing. It always surprises me how interesting all of our programs are, even those I didn't think I would care about. One of the great things about the 60+ Club is the variety of activities to try. You never know who you will meet or what you will learn! Speaking of learning, check out our speaker for April.

Elder College is just around the corner. We need your registration by **April 5**. For a low price of \$100, we offer you the following: **Wednesday, April 17**, we will be at Hodel's learning about the Kern Canyon and Kern River Valley; **Thursday, April 18**, we will take a bus ride up the Kern Canyon to Kern River Valley. You can also go to just the seminar or the bus trip for \$50. Details and application starts on page 6.

Thank you for everyone who volunteered to be considered as officers for the coming year. Those I have talked to wonder what they will be getting into. Don't worry, we will help you help the 60+ Club be better with all of your new ideas. We would love new ideas for activities from any of our membership. You don't have to be an officer to help. The Election and Ballot information starts on on page 10.

The next board meeting will be **Thursday, April 4 at 1:30 pm** at the University Advancement conference room. Anyone is welcome to attend, but we have limited space. Any non-board member needs to contact me ahead of time.

Communications Committee

Vice Presidents (Programs)

Carole Guillory

(665-2148, bcguillory@sbcglobal.net)

Assistant to VP (Programs)

Jane Cuellar

(388-7154, jacuellar58@gmail.com)

General Meeting - Thursday, April 11 at 2 pm in the Stockdale Room which is located at the Runner Café. Parking will be in Lots M and K1. Place your parking pass on your dash.

Our speaker will be Christina Lopez of CSUB. She is an Admissions Specialist for various undergraduate majors and has worked at CSUB for 5+ years. She also oversees the Transfer Success Pathway Program and the 60+ waiver program, plus she teaches first-year seminar for freshmen students, serves as a 'Runner Scholars Mentor and sits on various committees. Her talk will be about the special waiver program allowing those of us over 60 in age to take CSUB courses for a nominal fee.



Pantry needs: There is always a demand for instant ready-to-eat foods. They are grateful for any food, hygiene products or baby items; so bring your preference. They really appreciated the baby products last month as they were completely out of these items..

In Memoriam

Charlene Edwards
(July 16, 1938 – March 4, 2024)
Longtime 60+ Member & Board Member
Coordinator of Lunch Bunch



Editor's Note

Karen Polyniak

(246-8763, kpoly@earthlink.net)

The next issue will be for **May -June 2024** and that deadline is **Monday, April 15.**

Splinters from the March Board Meeting

Carla Stanley *(428-1517, searosas53@hotmail.com)*

- Current membership-108
- Current balance: Elder College - \$9252,09, General Fund - \$8408.50
- Scholarship update: The scholarship committee will be meeting the end of April to select a recipient for our scholarship.
- Elder College update: The board voted to allow members to pay \$50 to do either the bus trip or the seminar.
- May Health and Wellness Fair: Planning is ongoing. We are working with Aging and Adult Services and the Commission on Aging on this first fair to get the best representatives to talk to you about all of services available to us, many of them free.
- 60+ Club will continue to meet at CSUB. We will also continue to have off campus activities

Action Network

Sheila Ross

(444-6839, sheiro6@aol.com)

Fine Arts Music

Peggy Bryson

(333-5623)

Donna Bartlett

(833-0721, dshutcherson@yahoo.com)

There are several music events in April listed at the Music website: www.csub.edu/music.

CSUB New Music Concert featuring students and guest composer Ralph Lewis

Thursday, April 4 at 7:30 pm at the Music Building, Room 127

Free Admission and free Parking in Lots B & C

Jazz Coffeehouse – Night of music by small ensembles, including music new and old by students and community members, with featured performers pianist Amanda Fese & saxophonist Migues Melendrez.

Saturday, April 6 at 7:30 pm at the Music Building, room 127

Cost: \$10 General Admission, \$5 Seniors (60+), Students with ID: Free

Piano Studio Recital

Thursday, April 11 at 7:30 pm in the Music Building, Room 127

Free Admission

Guest Artist Stephen Drury Piano Recital: Complete Ives Piano Sonatas by New England Conservatory faculty member

Tuesday, April 16 at 7:30pm at the Doré Theatre

Cost: \$12 General Admission, \$7 Seniors (60+) & Students, CSUB Students with ID: Free

44th Annual Jazz Jam featuring Artist Jacám Manricks

Friday, April 19 at 7:30pm at the Doré Theatre

Cost: \$15/general, \$10/seniors (60+), \$5/students (ID required)

CSUB Opera Theatre: Transformations - Music by Conrad Susa, Libretto by Anne Sexton - Mature themes, Audience discretion advised. Music Director: Soo-Yeon Park, Stage Director: Mandy Rees & Conductor: Leo Sakomoto

Friday, April 26 at 7:30pm at the Doré Theatre -

Cost: \$15 General Admission, \$10 Seniors (60+) & Students, Sunday, April 28 at 2:00pm

Chamber Music Concert featuring students perform in a wide variety of small group settings.

Sunday, April 28 at 2:00pm in the Music Building, Room 127

Cost: \$12 General Admission, \$7 Seniors (60+) & Students, CSUB Students with ID: Free

Fine Arts Theater

Billie Swanson

(587-2544, billieswanson@icloud.com)

I want to send a special thank you to all volunteers for last play *The River Bride*.

Next performance is the annual "Theatre of New Voices" written and directed by CSUB students. These are one-act plays that were selected through a competition last spring. It will be held in the the smaller Arena Theatre, so seating is limited. If you have a special day and time to volunteer please call Billie Swanson

Thursday & Friday, April 11 & 12, 7:30 pm

Saturday, April 13 at 2 pm & 7:30 pm

Sunday, April 14 at 2:00 pm

Cost: \$12 General Admission, \$10 Seniors (60+)/CSUB Faculty & Staff, \$7 Students

Walter Stiern Memorial Rose Garden

Carla Stanley

(428-1517, searosas53@hotmail.com)

Walter Stiern Memorial Rose Garden- **Saturday, April 13 from 9-10 am.**

We will meet at the rose garden to do some trimming and dead-heading. The new blooms are just starting. There will also be weeding to tend to for those who like to weed. Bring your pruning shears and gloves, as well as a bucket or bag for your trimmings. Contact me if you have any questions.



Gordon Callison Memorial Garden

The first planting of this garden was done the end of February with annuals adding color to their small corner of campus. The next planting will be **Thursday, June 20 from 10 – 11 am**. Bring gloves and a small spade or garden fork to remove old annuals and plant new ones. Park at the end of the library parking lot and walk by the creek and the koi pond, go pass the library steps and you will find the garden on the left hand.

Well Sample Repository **Kim Jones** *(619-985-5127, kimithjones@gmail.com)*

The first repackaging date at Well Repository was a success. We are continuing to repack samples at the Well Repository. The dates for the next repackaging **Wednesdays** are: **April 24 and May 22 at 9 am**. Please let me know if you want to join us if you have yet not participated as there is limited space & some prior training required.

Interest Groups **Sheila Ross** *(444-6839, sheiro6@aol.com)*

Conversations with the Professor **Ted Murphy** *(325-0307, tmurphy@bak.rr.com)*

On **Monday, April 15 at 2 pm**, we will welcome Dr. Jianyu “Jane” Dong, dean of CSUB School of Natural Sciences, Mathematics and Engineering (NSME) will speak on “NSME - The Future Starts Here”. Dr Dong earned her PhD in Electrical and Computer Engineering at The Ohio State University and came to CSUB in July 2022 from Cal State LA & UCLA. She will describe the NSME programs, and the Professors and students at the school.



Location: Dezember Leadership Center Room 402D, located east of the tennis courts by the CSUB President’s office.

Crafty Paper Arts **Karen Polyniak** *(246-8763, kpoly@earthlink.net)*

We will meet on **Tuesday, April 9 at 1 pm** to create a 7-flower pop-up card. We meet at the Wilson Branch of the Kern County Library, 1901 Wilson Road. Cross street is Fremont St between Hughes Lane & South H Street. Parking is in back & the entrance is on Fremont St but if you want to take a shortcut, you can enter from the parking lot to the staff entrance & ring their doorbell. Bring your scissors and glue sticks, all other materials will be provided. Next month we meet **Tuesday, May 7**.



Dinner Club **Linda Cohen** *(599-0799, linmar@bak.rr.com)*

Dinner Club will meet on **Tuesday, April 16 at 5:30 pm** at Sorella, 7900 McNair Lane. Please make your reservations by Monday, April 15.

Fiber Arts **Judy Lawhead** *(364-3525, Judy.Lawhead@sbcglobal.net)*

We meet weekly **Wednesday morning at 10 am** at Panera Bread at 4108 California Ave. We work on individual projects and items for donation. While we do a lot of knitting and crocheting we also welcome members who like to loom, cross stitch, needlepoint, embroider and do tatting. We have teachers and supplies for those who would like to learn to knit and crochet. And we would welcome anyone that would like to just have a cup of coffee and visit.

Fun & Games**Carole & Bob Guillory****(665-2148, bcguillory@sbcglobal.net)**

Wednesday, April 3 will be our next Fun and Game Day. It will be at the usual place, Round Table Pizza at 4200 Gosford Road. Come at **noon** and enjoy a no-host lunch; then at **1 pm** we will start the Mexican Train, Mah Jongg, and Phase 10 games. Don't forget we are always interested in learning new games.

Lunch Bunch**Nancy Hine****(619-7539, smilenhine@hotmail.com)**

Lunch Bunch will dine at MIMOSA on the second **Wednesday, April 10**. Yes, you can order a flight of mimosas - a bottle of champagne with 4 juices to flavor it. Mimosa is another somewhat hidden gem. It faces Lengthwise NW brewery in a plaza on the north side of Flushing Quail and Calloway. If you travel north on Calloway just above Rosedale, the first driveway past Flushing Quail goes directly into their parking lot. A U-turn at the Flushing Quail signal will also accomplish this. If you turn east onto Flushing Quail, then enter the next LEFT driveway, turn left again, pass a few doors, then park across from the patio appearing between Mimosa and Lengthwise. It's hard to see Mimosa's door, as it is actually on a bevel of the building, isometric to that of Lengthwise Brewery. We will gather at **11 am**. and place our orders at **11:30**. This owner and manager Mitesh is much better about being set up in advance for us. He runs another restaurant we enjoyed called Skillets. Mimosa has different American food from Skillets, a great chef, and lots of variety. Their prime rib-cheese-melt w French dip and fries are to die for. Salads are gorgeous. Reserve your spot with Nancy Hine by Tuesday, April 9.

Readers Group**Kathy Wagner****(805-8767, Jonwag49@earthlink.net)**

Due to Elder College, the Reader's Group will meet **Wednesday, April 24 at 2 pm**. We will discuss *Demon Copperhead* by Barbara Kingsolver. Our meeting will be at 6719 Chinook Falls Drive. The phone number is 747-9563. If you have further questions, call Kathy Wagner.

Fred & Beverly Dukes Memorial Concert Series (<https://fccbakersfield-ucc.org/dukes-concert>).

The Dukes were members of the 60+ Club and had endowed these concerts.

First Congregational Church/UCC on **Sundays at 4 pm**. Location is in the sanctuary of the church at 5 Real Rd. (at the corner of Stockdale Hwy. and Real Rd).

April 21 - VINCE GALINDO, KYLE APPLETON & FRIENDS with country songs and jamming guitars.

60+ Club Scholarship Donation

We have been awarding a \$1500 scholarship to a CSUB nursing student or one pursuing a career in Education every year since 2019. Please help us continue this activity by donating to our scholarship fund. If 60 people gave \$25 each, this year's scholarship will be your personal gift to help a deserving student through their last year of classes.

Please make your check out to
"CSUB FOUNDATION"
Write "60+ Club Scholarship"
in the memo section of your check.

Mail to:
University Advancement
CSU Bakersfield
9001 Stockdale Hwy
Mail Stop 19AW
Bakersfield, CA 93311-1022

APRIL 2024						
S	M	T	W	T	F	S
	1	2	3 Fun & Games 1p	4 Board Meeting 1:30p CSUB Music 7:30 p	5 Elder College Registration Deadline	6 CSUB Music 7:30 p
7	8	9 Crafty Paper Arts 1p	10 Fiber Arts 10a Lunch Bunch 11a	11 General Meeting 2p CSUB Music 7:30 p	12 CSUB Theatre 7:30p	13 Rose Garden 9a CSUB Theatre 2 & 7:30p
14 CSUB Theatre 2p	15 Bulletin Deadline Convo w/ Prof 2p	16 Dinner Club 5:30p CSUB Music 7:30 p	17 Fiber Arts 10a <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 5px auto;">Elder College</div>	18	19 CSUB Music 7:30 p	20
21 Duke's Concert 4p	22	23	24 Well Sample 9a Fiber Arts 10a Readers 2p	25	26 CSUB Music 7:30 p	27
28 CSUB Music 2 p	29	30				

Elder College	Carla Stanley	(428-1517, searosas53@hotmail.com)
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Elder College 2024 will be a two-day classroom/field trip event **Wednesday-Thursday, April 17-18**. We hope to prime your mind in the "classroom" as experts speak on the fascinating history of man and nature in the Kern Canyon—Kern's Grand Canyon. The next day we will take a bus trip up the scenic Kern Canyon. Payment is due **Friday, April 5**. Cost is \$100 per person for the entire 2-day event or \$50 per person for each of the one-day events (Seminar or Field Trip). Participants must have completed the Emergency Contact Form when your 60+ membership was paid. Also, the attached "Waiver of Liability" must be submitted for attending the Field Trip.

Seminar at Hodel's Restaurant - Wednesday, April 17

The all-day Seminar will be held at Hodel's Country Dining located at **5917** Knudsen Dr in Bakersfield and includes continental breakfast, buffet lunch and snacks. The doors will open at **8:30 am** for registration. Speakers include:

- Reed Tollefson, Manager of the Kern River Preserve located in Weldon, recognized as a "Globally Important Bird Area" where 339 bird species have been recorded and 200 species nest.
- Geologists Tony Reid & Dr. Gregg Wilkerson (CSUB Geology Department) to speak of the origins of the Kern River and other related topics
- Tübatulabal Elder Robert Gomez will speak about the Indigenous people of the Kern River and bring artifacts

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Field Trip via Bus - Thursday, April 18

The Field Trip will be an all-day excursion as we travel to Kernville. We will be led by docents at both the Nuui Cunni Native American Intertribal Cultural Center and the Kern River Valley Museum, plus have lunch near the river. Starting at **7:30 am** for registration, we will board a bus at the CSUB south Parking Lot I close to the entrance from Camino Media – please display your 60+ parking pass.

Lunch for the Field Trip will be at Ewings on the Kern and includes the following options. Please contact Sheila Ross at (661) 444-6839 to indicate what meal you would like:

- One-half turkey sandwich with a salad (salad dressings include: blue cheese/Italian/Ranch/Balsamic/Oil & Vinegar/Honey Mustard)
- Smash burger tacos
- Mozzarella pizza (sauce and cheese)

ELDER COLLEGE RESERVATION FORM

Fee - please indicate session choice:

- \$100 per person for April 17 Seminar and April 18 Field Trip
- \$50 per person for April 17 Seminar
- \$50 per person for April 18 Field Trip

First Name _____ Last Name _____

Mailing Address _____

City _____ Zip _____

E-mail address _____ Telephone _____

Please make out checks to **“CSUB Foundation”** with the memo line indicating “Elder College”. Mail with this registration form and completed “Waiver of Liability” form for Field Trip to address below:

California State University, Bakersfield
Office of Alumni Engagement/Alumni Association
Mail Stop 19AW/1005
9001 Stockdale Highway
Bakersfield, CA 93311-1023

(write “Elder College” on lower left corner of the envelope)



WAIVER OF LIABILITY, PROMISE NOT TO SUE, ASSUMPTION OF RISK AND AGREEMENT TO PAY CLAIMS

Activity: CSUB 60+ Club Elder College Bus Field Trip

Activity Date(s) and Time(s): April 18, 2024 from 7:30am to 6pm

Activity Location(s): From CSUB to Kernville, California

In consideration for being allowed to participate in the above-referenced Activity, on behalf of myself and my next of kin, heirs, representatives, and assigns, I hereby **release, waive, and discharge from all liability and promise not to sue** the State of California, the Trustees of The California State University, California State University, Bakersfield and their employees, officers, directors, volunteers and agents (collectively the “University”) from any and all liabilities or claims, **including claims of the University’s negligence**, resulting in any physical or psychological injury (including paralysis and death), illness, damages, property loss, or economic or emotional loss I may suffer because of my participation in the Activity, including travel to, from and during the Activity.

I am voluntarily participating in this Activity. I am aware of the risks associated with traveling to/from and participating in this Activity, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other’s actions, inaction, or negligence; conditions related to travel; or the condition of the Activity location(s). **Nonetheless, I assume all related risks, both known or unknown to me, of my participation in the Activity, including any associated use of University facilities or premises and any travel to, from and/or during the Activity.**

I agree to **indemnify and hold** the University **harmless** from any and all claims, actions, suits, costs, expenses, and liabilities, including attorney’s fees or damage to my property, that arise out of my participation in the Activity, including any associated use of University facilities or premises and any travel to, from and/or during the Activity. If the University incurs any of these types of expenses, I agree to reimburse the University. If I need medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I am 18 years or older. **I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) promising not to sue the**

(continued next page)

University, (c) and assuming all risks of participating in the Activity, including travel to, from and during the Activity.

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

[In the event that any foreign language translation of this document has been attached hereto by the University, the English language version of this document shall be the authoritative version. The English language version shall be controlling in all respects and shall prevail in case of any inconsistency with the translated version].

I have read this document in its entirety, fully understand its terms, and acknowledge that I am signing it freely and voluntarily. **No other representations concerning the legal effect of this document have been made to me.**

Participant Signature: _____

Participant Name (print): _____ Date: _____

If the Participant is under 18 years old:

I, the parent/legal guardian of the Participant identified above hereby agree to all of the above on behalf of the Participant

Parent/Guardian Name (print): _____

Parent/Guardian Signature: _____ Date: _____

Thank you to all that volunteered to be members of your 60+ Board. The Ballot is on the next page and is due before our May General Meeting.

Here are some brief biographies submitted by nominees so that you can get to know them better:

Jane Cuellar – Candidate for Co-Vice President (Programs)

I joined the 60+ club this last year and have been retired for two years. Most recently I was a self-employed CPA and was teaching part time at Bakersfield College. Currently I fill my time learning to speak Spanish, playing pickleball, quilting, engaging in dog sports, traveling, and watching plays, as well as other activities.

Carole Guillory– Candidate for Co-Vice President (Programs)

My husband, Bob, and I joined CSUB 60+ Club about 15 years ago. We volunteered our time with CSUB events. Several years ago, I became a Director-at-Large; then moved to Vice President-Programs. This year I am pleased to have a Co-Vice President, Jane Cuellar, working with me. We arrange for speakers that will be of interest to our members.

Jeff Stoltz – Candidate for Treasurer

I worked for multiple Oil Companies and Engineering Design firms over 40+ years. I am a Mechanical Engineer by degree. I held multiple positions, but the key skill set was as a Project Engineer. I believe this background and attention to cost details would be a good fit for the CSUB 60+ treasurer position.

Jewel Benoit – Candidate for Director

I received my Bachelor of Arts from CSUB in Arts and Sciences with a minor in Business Management. I enjoyed a career as an Evaluator in the School of Education at the University. After serving a 15-year career at CSUB, I am now a volunteer with CSUB's 60+ Club. One of my greatest achievements include raising my son Keith. I serve as church usher, greeter, and positions of hospitality in both the public and private sector. I am active, curious, and interested in lifelong learning. I love to travel and have a zest for life.

Jane Decker – Candidate for Director

I graduated from CSUN in 1971. I traveled the country and arrived in Bakersfield in 1980. I enrolled in the CSUB Nursing program in 1980, graduating in 1984. I became a School Nurse. I worked for Bakersfield City Schools and Delano Union Elementary District retiring in 2011. I have raised four children here ages 45 down to 19. I joined the 60+ group in September 2023. I have enjoyed participating in many of the activities that are available and pass the word around to others. I hope to contribute whatever I can.

*****Ballot for 60+ Club Officers and Board of Directors*****

The Nominations and Election Committee presents the following nominees for 2024-2025.

Should you prefer another candidate, provision is made to vote for a write-in candidate.

Please mark your preference for each position with an "X".

If there are two 60+ members in your household, one may also mark an X in the square provided for a possible write-in candidate and also write that nominee's name on the blank line provided below.

		Write-in Candidate
President	<input type="checkbox"/> Carla Stanley	<input type="checkbox"/> _____
Co-Vice Presidents (Programs) Note: Vote for 2	<input type="checkbox"/> Jane Cuellar	<input type="checkbox"/> _____
	<input type="checkbox"/> Carole Guillory	<input type="checkbox"/> _____
Vice President (Membership)	<input type="checkbox"/> Lois Hess	<input type="checkbox"/> _____
Secretary	<input type="checkbox"/> Antoinette (Toni) Smith	<input type="checkbox"/> _____
Treasurer	<input type="checkbox"/> Jeff Stoltz	<input type="checkbox"/> _____

Director Candidates for two-year term, 2024-2026. Vote for 2 Candidates.

		Write-in Candidate
<input type="checkbox"/> Jewel Benoit	<input type="checkbox"/>	_____
<input type="checkbox"/> Jane Decker	<input type="checkbox"/>	_____

Please return this Ballot by **May 8** to:

**Write "BALLOT" on
Outside of Envelope**

60+ Club, University Advancement, 19 AW
California State University, Bakersfield
9001 Stockdale Highway
Bakersfield, CA 93311-1022

OR

Email to Kathy Wagner at Jonwag49@earthlink.net